



Step therapy drugs



UnitedHealthcare Community Plan of Nebraska encourages health care professionals to manage members' medications by using the most cost-effective and clinically appropriate drug (first-line drug) before using a riskier, less well known or more costly drug (step therapy drug).



When to request prior authorization

Request prior authorization to use a step therapy drug if any of the following apply:¹

- Member is currently taking a drug that requires step therapy, is stable on the drug and discontinuing use will harm the member's health
 - Pharmaceutical samples do not meet this requirement
- The first-line drug was not effective or caused adverse reactions
- The first-line drug is contraindicated
- Member had a trial of the first-line drug and there is data to support use of the step therapy drug



Submit a pharmacy prior authorization request

Submit your request at [covermy meds](#) or call the Pharmacy Prior Authorization department at **800-310-6826** from 7 a.m.–7 p.m. CT, Monday–Friday.

Questions?

Review [pharmacy benefits](#) for more information.

¹Nebraska Step-Therapy Reform Act.