

Help improve the nutritional health of patients with serious illnesses

Your patients who are UnitedHealthcare Community Plan members diagnosed with certain serious illnesses can receive free food and nutritional counseling through MANNA. This food delivery program is focused on serving meals on a temporary basis to patients in the Greater Philadelphia area who meet diagnosis criteria. Patients receive 3 meals a day based on their individual health concerns, plus guidance by phone from a licensed dietician 2 times during the program's duration.

Who can refer patients?

Any health care professional who works directly or indirectly with UnitedHealthcare Community Plan members can refer patients for MANNA services. That could be the patient's primary care provider, specialist, physician's assistant, nurse practitioner, case manager or dentist.

Who is eligible?

UnitedHealthcare Community Plan members in Greater Philadelphia who are diagnosed with the illnesses in the following table and are at acute nutritional risk are eligible for services. The length of the program is based on the diagnosis. Note: Members cannot have had MANNA services through UnitedHealthcare in the past 2 years.

Diagnosis	Length of program
Chronic heart failure	6 weeks
Diabetes, with A1C > 8 mg/dL	16 weeks
End-stage renal disease	12 weeks
HIV/AIDS	12 weeks

How to set up meals

Complete the following steps for each member you refer:

1. Fill out the [referral form](#).
2. Securely email the completed form to lavinia.nabors@uhc.com or fax it to 855-423-8029.
3. Wait for an email confirmation from MANNA that your patient has successfully set up their first meal delivery.

Questions?

For information on patient eligibility or the status of a referral, call MANNA at 215-496-2662, option 5.

