



# UnitedHealthcare West Medical Management Guideline Update Bulletin: May 2024

Access a policy listed below for complete details on the latest updates. A comprehensive summary of changes is provided at the bottom of every policy document for your reference. To view a detailed version of this bulletin, click [here](#).

## Medical Management Guideline Updates

Policy Title	Status	Effective Date
Breast Reduction Surgery	Updated	Jun. 1, 2024
Cardiac Event Monitoring	Revised	Jun. 1, 2024
Category III Codes	Updated	May 1, 2024
Clinical Practice Guidelines	Retired	May 1, 2024
Electrical Bioimpedance for Cardiac Output Measurement	Retired	May 1, 2024
Gastrointestinal Motility Disorders, Diagnosis and Treatment	Revised	Jul. 1, 2024
Laser Interstitial Thermal Therapy	Retired	May 1, 2024
Magnetic Resonance Spectroscopy	Retired	May 1, 2024
Oncology Medication Clinical Coverage	Revised	Jun. 1, 2024
Orthognathic (Jaw) Surgery	Revised	Jun. 1, 2024
Preimplantation Genetic Testing and Related Services	Revised	Jun. 1, 2024

## General Information

The inclusion of a health service (e.g., test, drug, device, or procedure) in this bulletin indicates only that UnitedHealthcare is adopting a new policy and/or updated, revised, replaced, or retired an existing policy; it does not imply that UnitedHealthcare provides coverage for the health service. Note that most benefit plan documents exclude from benefit coverage health services identified as investigational or unproven/not medically necessary. Physicians and other health care professionals may not seek or collect payment from a member for services not covered by the applicable benefit plan unless first obtaining the member's written consent, acknowledging that the service is not covered by the benefit plan and that they will be billed directly for the service.

**Note:** The absence of a policy does not automatically indicate or imply coverage. As always, coverage for a health service must be determined in accordance with the member's benefit plan and any applicable federal or state regulatory requirements. Additionally, UnitedHealthcare reserves the right to review the clinical evidence supporting the safety and effectiveness of a medical technology prior to rendering a coverage determination.

UnitedHealthcare respects the expertise of the physicians, health care professionals, and their staff who participate in our network. Our goal is to support you and your patients in making the most informed decisions regarding the choice of quality and cost-effective care, and to support practice staff with a simple and predictable administrative experience. The Medical Management Guideline Update Bulletin was developed to share important information regarding changes to our UnitedHealthcare West Medical Management Guidelines. When information in this bulletin conflicts with applicable state and/or federal law, UnitedHealthcare follows such applicable federal and/or state law.

## Policy Update Classifications

### *New*

New clinical coverage criteria have been adopted for a health service (e.g., test, drug, device, or procedure)

### *Updated*

An existing policy has been reviewed and changes have not been made to the clinical coverage criteria; however, items such as the clinical evidence, FDA information, and/or list(s) of applicable codes may have been updated

### *Revised*

An existing policy has been reviewed and revisions have been made to the clinical coverage criteria

### *Replaced*

An existing policy has been replaced with a new or different policy

### *Retired*

The health service(s) addressed in the policy are no longer being managed or are considered to be proven/medically necessary and are therefore not excluded as unproven/not medically necessary services, unless coverage guidelines or criteria are otherwise documented in another policy



The complete library of UnitedHealthcare West Medical Management Guidelines is available at [UHCprovider.com](https://www.uhcprovider.com) > Policies and Protocols > Commercial Policies > [UnitedHealthcare West Medical Management Guidelines](#).