

# Social drivers of health Z-code provider guide

Social drivers of health affect how people live, learn, work, play and age. Using Z-codes when submitting claims to UnitedHealthcare will:

- Help us understand what your patients really need
- Help us enhance benefits that meet your patients' needs
- Help improve outcomes for your patients

Using these codes helps improve outcomes for your patients:

Category	Code	Description
Housing	Z59.0	Homelessness
	Z59.00	Homelessness, unspecified
	Z59.01	Sheltered homelessness
	Z59.02	Unsheltered homelessness
	Z59.1	Inadequate housing
	Z59.10	Inadequate housing, unspecified
	Z59.11	Inadequate housing environmental temperature
	Z59.19	Other inadequate housing
	Z59.2	Discord with neighbors, lodgers and landlord
	Z59.3	Problems related to living in residential institution
	Z59.8	Other problems related to housing and economic circumstances
	Z59.81	Housing instability, housed
	Z59.811	Housing instability, housed, with risk of homelessness
	Z59.812	Housing instability, housed, homelessness in past 12 months
	Z59.819	Housing instability, housed unspecified
	Z59.89	Other problems related to housing and economic circumstances
	Z59.9	Problem related to housing and economic circumstances, unspecified

Category	Code	Description
Education literacy	Z55.0	Illiteracy and low-level literacy
	Z55.1	Schooling unavailable and unattainable
	Z55.2	Failed school examinations
	Z55.3	Underachievement in school
	Z55.4	Educational maladjustment & discord w teachers & classmates
	Z55.5	Less than a high school diploma
	Z55.6	Problems related to health literacy
	Z55.8	Other problems related to education and literacy
	Z55.9	Problems related to education and literacy, unspecified
Employment	Z56.0	Unemployment, unspecified
	Z56.1	Change of job
	Z56.2	Threat of job loss
	Z56.3	Stressful work schedule
	Z56.4	Discord with boss and workmates
	Z56.5	Uncongenial work environment
	Z56.6	Other physical and mental strain related to work
	Z56.8	Other problems related to employment
	Z56.81	Sexual harassment on the job
	Z56.89	Other problems related to employment
	Z56.9	Unspecified problems related to employment
	Z58.81	Basic services unavailable in physical environment
Economic instability	Z59.5	Extreme poverty
	Z59.6	Low income
	Z59.7	Insufficient social insurance and welfare support
	Z59.86	Financial insecurity
Food insecurity	Z59.4	Lack of adequate food
	Z59.41	Food insecurity
	Z59.48	Other specified lack of adequate food

Category	Code	Description
<b>Social supports</b>	Z60.0	Problems of adjustment to life-cycle transitions
	Z60.2	Problems related to living alone
	Z60.3	Acculturation difficulty
	Z60.5	Target of (perceived) adverse discrimination and persecution
	Z60.8	Other problems related to social environment
	Z62.9	Problem related to social environment, unspecified
	Z64.1	Problems related to multi-parity
	Z64.4	Discord with counselors
	Z65.8	Other specified problems related to psychosocial circumstances
	Z65.9	Problem related to unspecified psychosocial circumstances
	Z60.2	Problems related to living alone
	Z60.4	Social exclusion and rejection
	Z71.3	Dietary counseling and surveillance
	Z71.41	Alcohol abuse counseling and surveillance of alcoholic
	Z71.42	Counseling for family member of alcoholic
	Z71.51	Drug abuse counseling and surveillance of drug abuser
	Z71.52	Counseling for family member of drug abuser
	Z71.6	Tobacco abuse counseling
	Z71.82	Exercise counseling
	Z71.89	Other specified counseling
Z71.9	Counseling, unspecified	
<b>Stress</b>	Z56.3	Stressful work schedule
	Z56.6	Other physical and mental strain related to work
	Z60.0	Problems of adjustment to life-cycle transitions
	Z64	Problems related to certain psychosocial circumstances
	Z73.0	Problems related to life management difficulty
	Z73.0	Burnout
	Z73.1	Type A behavior pattern
	Z73.2	Lack of relaxation and leisure
	Z73.3	Stress, not elsewhere classified
<b>Justice system involvement</b>	Z65.0	Conviction in civil and criminal proceedings without imprisonment
	Z65.1	Imprisonment and other incarceration
	Z65.2	Problems related to release from prison
	Z65.3	Problems related to other legal circumstances

Category	Code	Description
Adult safety	Z63.0	Problems in relationship with spouse or partner
	Z63.1	Problems in relationship with in-laws
	Z63.3	Absence of family member
	Z63.31	Absence of family member due to military deployment
	Z63.32	Other absence of family member
	Z63.4	Disappearance and death of family member
	Z63.5	Disruption of family by separation and divorce
	Z63.6	Dependent relative needing care at home
	Z63.7	Other stressful life events affecting family and household
	Z63.71	Stress on fam due to return of family member from military deploy
	Z63.72	Alcoholism and/or drug addiction in family
	Z63.79	Other stressful life events affecting family and household
	Z63.8	Other specified problems related to primary support group
	Z63.9	Problem related to primary support group, unspecified
Child welfare	Z62.0	Inadequate parental supervision and control
	Z62.1	Parental overprotection
	Z62.2	Upbringing away from parents
	Z62.21	Child in welfare custody
	Z62.22	Institutional upbringing
	Z62.29	Other upbringing away from parents
	Z59.3	Hostility toward and scapegoating of child
	Z62.6	Inappropriate (excessive) parental pressure
	Z62.8	Other specified problems related to upbringing
	Z62.81	Personal history of abuse in childhood
	Z62.810	Personal history of physical and sexual abuse in childhood
	Z62.811	Personal history of psychological abuse in childhood
	Z62.812	Personal history of neglect in childhood
	Z62.813	Personal history of forced labor or sexual exploitation in childhood
	Z62.814	Personal history of child financial abuse
	Z62.815	Personal history of intimate partner abuse in childhood
	Z62.819	Personal history of unspecified abuse in childhood
	Z62.82	Parent-child conflict
	Z62.820	Parent-biological child conflict
	Z62.821	Parent-adopted child conflict
	Z62.822	Parent-foster child conflict
	Z62.89	Other specified problems related to upbringing
	Z62.890	Parent-child estrangement NEC
	Z62.891	Sibling rivalry
	Z62.898	Other specified problems related to upbringing
	Z62.9	Problem related to upbringing, unspecified



Category	Code	Description
Disability	Z73.4	Inadequate social skills, not elsewhere classified
	Z73.6	Limitation of activities due to disability
	Z73.89	Other problems related to life management difficulty
	Z73.9	Problem related to life management difficulty, unspecified
	Z74.01	Bed confinement status
	Z74.09	Other reduced mobility
	Z74.1	Need for assistance with personal care
	Z74.2	Need for assistance at home and no other household member able to render care
	Z74.3	Need for continuous supervision
Occupational safety	Z57.0	Occupational exposure to noise
	Z57.1	Occupational exposure to radiation
	Z57.2	Occupational exposure to dust
	Z57.3	Occupational exposure to other air contaminants
	Z57.31	Occupational exposure to environmental tobacco smoke
	Z57.39	Occupational exposure to other air contaminants
	Z57.4	Occupational exposure to toxic agents in agriculture
	Z57.5	Occupational exposure to toxic agents in other industries
	Z57.6	Occupational exposure to extreme temperature
	Z57.7	Occupational exposure to vibration
	Z57.8	Occupational exposure to other risk factors
	Z57.9	Occupational exposure to unspecified risk factor
	Z58.6	Inadequate drinking-water supply
Basic needs	Z58.81	Basic services unavailable in physical environment
	Z58.89	Other problems related to physical environment
	Z59.87	Material hardship due to limited financial resources, not elsewhere classified
Transportation	Z59.82	Transportation insecurity
Trauma	Z65.4	Victim of crime and terrorism
	Z65.5	Exposure to disaster, war and other hostilities
Utilities	Z59.12	Inadequate housing utilities
Veteran	Z56.82	Military deployment status
Women's health		Problems related to unwanted pregnancy
		Problems related to multiparity
	Z59.87	Material hardship due to limited financial resources, not elsewhere classified

Thank you for your commitment to the quality of care for your UnitedHealthcare patients.

