

Behavioral Respite Services Description:

Behavioral Respite is a twenty-four (24) hours per day, seven (7) days a week, short-term, behavior-oriented services for individuals with intellectual and/or developmental disabilities who are experiencing a behavioral crisis. This service is provided to individuals who require removal from their current residential setting in order to resolve the behavioral crisis. The intent of Behavior Respite is to provide crisis stabilization and assessment in a structured, therapeutic, home-like setting in the community. The service prepares individuals for transition back to his/her community. The average respite stay is 15 to 30 days with services being limited to a maximum of sixty (60) days per person per year.

Admission Criteria:

All of the following must be met:

1. Member is at least 18 years old
2. Individual must have a confirmed intellectual and/or developmental disability prior to the age of 18 or has been diagnosed with a related condition prior to the age of 22 that is likely to continue indefinitely (i.e. developmental disability)
3. Demonstrates limitations in adaptive skills such as self-care, understanding and use of language, learning, self-directions which impacts their capacity for independent living to the extent that immediate stabilization is required
4. The individual is at risk of placement in a more restrictive level of care (i.e. inpatient hospitalization, residential treatment) due to severe impairment in psychosocial functioning
5. Symptomology is expected to decrease with time-limited intensive, short-term structured supports
6. The individual and/or primary caregiver is in need of temporary, time limited respite from current living situation

Continued Stay Criteria:

All of the following must be met:

1. The individual and/or primary caregiver continues to need temporary relief from current living situation
2. The individual continues to have limitations in adaptive skills that require supervision and support
3. There are no alternative natural resources and supports available to the primary caregiver to provide the necessary relief or substitute care.

Discharge Criteria:**One or more must be met:**

1. The individual is no longer at risk of placement in a more restrictive level of care
2. The individual has achieved Behavioral Health respite goals and/ or Behavioral Respite is no longer identified within the Individual Support Plan
3. The individual has sufficient natural or paid supports that have been identified to meet and support the needs of the caregiver
4. Severity of symptomology requires higher intensity of intervention than can be provided through Behavioral respite
5. The individual, primary caregiver, and/or responsible party actively refuses to participate in discharge planning when appropriate

Program Service Expectations:

1. Upon admission to a behavioral respite site, the respite provider shall be provided with or obtain all current physician's orders, medications, and as applicable, the person's dining plan or mealtime instructions and mealtime adaptive equipment.
2. If not provided at the time of admission to the respite site, the following items will be provided to the respite facility, as applicable:
 - a. Individual Support Plan; and
 - b. Behavior Support Plan; and
 - c. Cross-Systems Crisis Plan; and
 - d. Person Centered Support Plan.
3. List of appointments that are scheduled for the person.
4. Each respite facility shall have a standard data collection system that allows for the recording of behavioral incidents and the person's response to intervention.

5. For each person entering Behavioral Respite Services, the agency shall ensure that a clinician (e.g., psychiatrist, psychologist, behavior analyst, behavior specialist, nurse, social worker) is assigned to oversee the supports provided at the respite facility. The clinician shall do the following:
6. Conduct weekly visits to review the clinical record and observe each person supported
7. Complete a weekly progress note that includes the following:
 - a. A description of the person's response to supports provided during the respite stay; and
 - b. Description and analysis of behavioral data pertaining to the person supported; and
 - c. An analysis of factors that may have had an impact on the person's response; and
 - d. Identification of any action steps that may need to be taken to address clinical concerns; and
 - e. Individualized treatment instructions for the staff to follow
8. A clinician shall also complete a discharge summary for the respite stay. The report shall include a summary of data, summary of interventions used during the stay, and recommendations for improving the quality of life and clinical treatment for the person supported. The report shall also include recommendations for preventing recurrence of behavior that led to the respite stay and shall be provided to the receiving provider at the time of discharge.

Reference

Provider Manual Chapter 12 12-13 Department of Intellectual and Developmental Disabilities
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https://www.tn.gov/content/dam/tn/didd/documents/providers/providermanual/Provider_Manual.pdf