



Cholesterol Management

Description

This guideline outlines recommendations to address the practical management of individuals with high blood cholesterol and related disorders. UnitedHealthcare uses evidence-based clinical guidelines from nationally recognized sources during review of our quality and health management programs. Recommendations contained in clinical practice guidelines are not a guarantee of coverage. Members should consult their member-specific benefit plan document for information regarding covered benefits.

To Review Guidelines

Guideline Title	Sources/Location
2018 AHA/ACC/AACVPR/AAPA/ABC/	American Heart Association/American College of Cardiology:
ACPM/ADA/AGS/ APhA/ASPC/NLA/	https://www.ahajournals.org/doi/pdf/10.1161/CIR.00000000000000625
PCNA Guideline on the Management of	
Blood Cholesterol	