

# *UnitedHealthcareOxford* Policy Update Bulletin: February 2023

Access a policy listed below for complete details on the latest updates. A comprehensive summary of changes is provided at the bottom of every policy document for your reference. To view a detailed version of this bulletin, click here.

## **Clinical Policy Updates**

| Policy Title  | Status   | Effective Date |
|---|----------|----------------|
| Ablative Treatment for Spinal Pain  | Revised  | Apr. 1, 2023   |
| Apheresis   | Revised  | Mar. 1, 2023   |
| Articular Cartilage Defect Repairs  | Revised  | Apr. 1, 2023   |
| Beds and Mattresses   | Updated  | Feb. 1, 2023   |
| Category III Codes  | New      | Apr. 1, 2023   |
| Discogenic Pain Treatment   | Revised  | Apr. 1, 2023   |
| Electrical Stimulation for the Treatment of Pain and Muscle Rehabilitation          | Revised  | Apr. 1, 2023   |
| Habilitation and Rehabilitation (Occupational, Physical and Speech Therapy)         | Revised  | Apr. 1, 2023   |
| Hearing Aids and Devices Including Wearable, Bone-Anchored and Semi-<br>Implantable | Revised  | Apr. 1, 2023   |
| Hysterectomy  | Revised  | Apr. 1, 2023   |
| Interspinous Fusion and Decompression Devices                                       | Revised  | Apr. 1, 2023   |
| Liposuction for Lipedema  | Updated  | Apr. 1, 2023   |
| Lower Extremity Prosthetics   | Revised  | Apr. 1, 2023   |
| Minimally Invasive Spine Surgery Procedures   | Revised  | Apr. 1, 2023   |
| Molecular Oncology Testing for Cancer Diagnosis, Prognosis, and Treatment Decisions | Revised  | Apr. 1, 2023   |
| Pneumatic Compression Devices   | Revised  | Apr. 1, 2023   |
| Prosthetic Devices, Wigs, Specialized, Microprocessor or Myoelectric Limbs          | Replaced | Apr. 1, 2023   |
| Radiology Procedures for eviCore healthcare Arrangement                             | Revised  | Feb. 1, 2023   |
| Speech Therapy and Early Intervention Programs/Birth to Three                       | Retired  | Feb. 1, 2023   |
| Spinal Fusion and Decompression   | Revised  | Apr. 1, 2023   |
| Surgical Treatment for Spine Pain   | Replaced | Apr. 1, 2023   |
| Transcatheter Heart Valve Procedures  | Revised  | Apr. 1, 2023   |
| Upper Extremity Myoelectric Prosthetic Devices                                      | Revised  | Apr. 1, 2023   |

# **Administrative Policy Updates**

| Policy Title               | Status  | Effective Date |
|----------------------------|---------|----------------|
| Behavioral Health Services | Retired | Feb. 1, 2023   |
| Contraceptives             | Retired | Feb. 1, 2023   |

### UnitedHealthcare Oxford Policy Update Bulletin: February 2023

| Policy Title  | Status  | Effective Date |
|---|---------|----------------|
| Dental and Oral Surgical Procedures   | Retired | Feb. 1, 2023   |
| Experimental/Investigational Treatment and Acquired Rare Disease Drug Therapy Exception Process | Retired | Feb. 1, 2023   |
| In-Network Exceptions for Breast Reconstruction Surgery Following Mastectomy                    | Retired | Feb. 1, 2023   |
| Newborns  | Retired | Feb. 1, 2023   |
| Requests for In-Network Exceptions  | Retired | Feb. 1, 2023   |
| Timeframe Standards for Benefit Administrative Initial Decisions                                | Retired | Feb. 1, 2023   |
| Timeframe Standards for Utilization Management (UM) Initial Decisions                           | Retired | Feb. 1, 2023   |
| Vision Services (Including Refractive Surgery)  | Retired | Feb. 1, 2023   |

### **General Information**

The inclusion of a health service (e.g., test, drug, device or procedure) in this bulletin indicates only that UnitedHealthcare Oxford<sup>®</sup> is adopting a new policy and/or updated, revised, replaced or retired an existing policy; it does not imply that UnitedHealthcare Oxford<sup>®</sup> provides coverage for the health service. Note that most benefit plan documents exclude from benefit coverage health services identified as investigational or unproven/not medically necessary. Physicians and other health care professionals may not seek or collect payment from a member for services not covered by the applicable benefit plan unless first obtaining the member's written consent, acknowledging that the service is not covered by the benefit plan and that they will be billed directly for the service.

Note: The absence of a policy does not automatically indicate or imply coverage. As always, coverage for a health service must be determined in accordance with the member's benefit plan and any applicable federal or state regulatory requirements. Additionally, UnitedHealthcare Oxford<sup>®</sup> reserves the right to review the clinical evidence supporting the safety and effectiveness of a medical technology prior to rendering a coverage determination.

UnitedHealthcare Oxford<sup>®</sup> respects the expertise of the physicians, health care professionals, and their staff who participate in our network. Our goal is to support you and your patients in making the most informed decisions regarding the choice of quality and cost-effective care, and to support practice staff with a simple and predictable administrative experience. The Policy Update Bulletin was developed to share important information regarding UnitedHealthcare Oxford<sup>®</sup> Clinical, Administrative, and Reimbursement Policy updates. When information in this bulletin conflicts with applicable state and/or federal law, UnitedHealthcare Oxford<sup>®</sup> follows such applicable federal and/or state law.

### **Policy Update Classifications**

#### New

New clinical coverage criteria have been adopted for a health service (e.g., test, drug, device or procedure)

#### Updated

An existing policy has been reviewed and changes have not been made to the clinical coverage criteria; however, items such as the clinical evidence, FDA information, and/or list(s) of applicable codes may have been updated

#### Revised

An existing policy has been reviewed and revisions have been made to the clinical coverage criteria

#### Replaced

An existing policy has been replaced with a new or different policy

#### Retired

The health service(s) addressed in the policy are no longer being managed or are considered to be proven/medically necessary and are therefore not excluded as unproven/not medically necessary services, unless coverage guidelines or criteria are otherwise documented in another policy



The complete library of UnitedHealthcare Oxford<sup>\*</sup> Clinical and Administrative Policies is available at UHCprovider.com > Policies and Protocols > Commercial Policies > UnitedHealthcare Oxford Clinical and Administrative Policies.