

Biofeedback

Policy Number: BIP013.L
Effective Date: October 1, 2023

[Instructions for Use](#)

Table of Contents	Page
Federal/State Mandated Regulations	1
State Market Plan Enhancements	1
Covered Benefits	1
Not Covered	1
Definitions	2
References	2
Policy History/Revision Information	2
Instructions for Use	2

Related Policies
None

Federal/State Mandated Regulations

None

State Market Plan Enhancements

In addition to the covered benefits listed in the *Covered Benefits* section, some members may have additional Biofeedback benefits. Refer to the member’s Evidence of Coverage (EOC)/Schedule of Benefits (SOB) or contact the Customer Service Department to determine coverage eligibility.

Covered Benefits

Important Note: Covered benefits are listed in *Federal/State Mandated Regulations*, *State Market Plan Enhancements*, and *Covered Benefits* sections. Always refer to the *Federal/State Mandated Regulations* and *State Market Plan Enhancements* sections for additional covered services/benefits not listed in this section.

- Biofeedback for bladder rehabilitation as part of an authorized treatment plan. Examples include, but are not limited to:
- Biofeedback for the treatment of urinary incontinence for cognitively intact members with organic neuromuscular impairment who have failed a documented trial of pelvic muscle exercise (PME) training.
 - A failed trial of PME training is defined as no clinically significant improvement in urinary continence after completing 4 weeks of an ordered plan of pelvic muscle exercises designed to increase periurethral muscle strength.
 - Biofeedback for fecal incontinence or constipation in members with organic neuromuscular impairment.
 - Biofeedback for children who have Dysfunctional Voiding Syndrome with urinary retention.

Not Covered

Biofeedback services are **not covered** for conditions other than those listed above in *State Market Plan Enhancements* and *Covered Benefits* sections including use of home biofeedback therapy.

Definitions

Dysfunctional Voiding Syndrome: A voiding disorder characterized by dyssynergic striated sphincteric (bladder muscle) activity in the absence of a proven neurological etiology

References

Sinha S. Dysfunctional voiding: A review of the terminology, presentation, evaluation and management in children and adults. Indian J Urol. 2011 Oct;27(4):437-47. doi: 10.4103/0970-1591.91429. PMID: 22279306; PMCID: PMC3263208.

Policy History/Revision Information

Date	Summary of Changes
10/01/2023	<p>Covered Benefits</p> <ul style="list-style-type: none">Revised list of covered services for bladder rehabilitation as part of an authorized treatment plan; replaced “biofeedback for the treatment of urinary incontinence for cognitively intact members who have failed a documented trial of pelvic muscle exercise (PME) training” with “biofeedback for the treatment of urinary incontinence for cognitively intact members <i>with organic neuromuscular impairment</i> who have failed a documented trial of pelvic muscle exercise (PME) training” <p>Definitions</p> <ul style="list-style-type: none">Removed definition of “Biofeedback”Revised definition of “Dysfunctional Voiding Syndrome” <p>Supporting Information</p> <ul style="list-style-type: none">Added <i>References</i> sectionArchived previous policy version BIP013.K

Instructions for Use

Covered benefits are listed in three (3) sections: *Federal/State Mandated Regulations*, *State Market Plan Enhancements*, and *Covered Benefits*. All services must be medically necessary. Each benefit plan contains its own specific provisions for coverage, limitations, and exclusions as stated in the member’s Evidence of Coverage (EOC)/Schedule of Benefits (SOB). If there is a discrepancy between this policy and the member’s EOC/SOB, the member’s EOC/SOB provision will govern.