

# UnitedHealthcare Pharmacy Clinical Pharmacy Programs

| Program Name      | 2023 P 1147-11   |
|-------------------|--|
| Program           | Prior Authorization/Notification                                   |
| Medications       | Esbriet® (pirfenidone)*and Ofev® (nintedanib)                      |
| P&T Approval Date | 11/2014, 11/2015, 9/2016, 9/2017, 9/2018, 9/2019, 10/2019, 4/2020, |
|                   | 4/2021, 4/2022, 3/2023   |
| Effective Date    | 6/1/2023;  |
|                   | Oxford only: N/A   |

## 1. Background:

Esbriet (pirfenidone) is a pyridone and Ofev (nintedanib) is a kinase inhibitor that are indicated for the treatment of idiopathic pulmonary fibrosis (IPF). Ofev is also indicated for slowing the rate of decline in pulmonary function in patients with systemic sclerosis-associated interstitial lung disease (SSc-ILD) and for the treatment of chronic fibrosing interstitial lung diseases (ILDs) with a progressive phenotype.

Members will be required to meet the coverage criteria below.

# 2. Coverage Criteria<sup>a</sup>:

## A. Idiopathic pulmonary fibrosis

#### 1. Initial Authorization

- a. **Esbriet\*** and **Ofev** will be approved based on the following criterion:
  - (1) Diagnosis of idiopathic pulmonary fibrosis.

## Authorization will be issued for 12 months

### 2. Reauthorization

- a. **Esbriet** will be approved based on the following criterion:
  - (1) Documentation of positive clinical response to Esbriet therapy.
- b. **Ofev** will be approved based on the following criterion:
  - (1) Documentation of positive clinical response to Ofev therapy.

#### Authorization will be issued for 12 months

### B. Systemic sclerosis-associated interstitial lung disease (Ofev only)

#### 1. Initial Authorization

- a. **Ofev** will be approved based on the following criterion:
  - (1) Diagnosis of systemic sclerosis-associated interstitial lung disease



#### Authorization will be issued for 12 months

#### 2. Reauthorization

- a. Ofev will be approved based on the following criterion:
  - (1) Documentation of positive clinical response to Ofev therapy.

### Authorization will be issued for 12 months

## C. Chronic fibrosing interstitial lung disease with a progressive phenotype (Ofev only)

#### 1. Initial Authorization

- a. Ofev will be approved based on the following criterion:
  - (1) Diagnosis of chronic fibrosing interstitial lung disease (ILD) with a progressive phenotype.

#### Authorization will be issued for 12 months

#### 2. Reauthorization

- a. Ofev will be approved based on the following criterion:
  - (1) Documentation of positive clinical response to Ofev therapy

## Authorization will be issued for 12 months

<sup>a</sup>State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.

### 3. Additional Clinical Programs:

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Supply limits may be in place.

#### 4. References:

- 1. Esbriet® [Prescribing Information]. Genentech USA, Inc. South San Francisco, CA. February 2022.
- 2. Ofev® [Prescribing Information]. Boehringer Ingelheim Pharmaceuticals, Inc. Ridgefield, CT. October 2022.

<sup>\*</sup>Brand Esbriet is typically excluded from coverage starting 9/1/2023. Tried/Failed criteria may be in place. Please refer to plan specifics to determine exclusion status.



| Program        | Prior Authorization/Notification - Esbriet® (pirfenidone) and Ofev®          |
|----------------|--|
|                | (nintedanib)   |
| Change Control |  |
| 11/2014        | New Program  |
| 11/2015        | Annual Review. No change to clinical content. Updated background.            |
| 9/2016         | Annual Review. No change in coverage criteria. Updated references.           |
| 9/2017         | Annual Review. No change in coverage criteria. Updated references.           |
| 9/2018         | Annual Review. No change in coverage criteria. Updated references.           |
| 9/2019         | Annual Review. No change in coverage criteria. Updated references.           |
| 10/2019        | Added coverage criteria for systemic sclerosis for Ofev. Updated references. |
| 4/2020         | Updated background and added Ofev coverage criteria for chronic fibrosing    |
|                | interstitial lung diseases with a progressive phenotype. Updated reference.  |
|                |  |
| 4/2021         | Annual Review. No change in coverage criteria. Updated references.           |
| 4/2022         | Annual Review. No change in coverage criteria. Updated references.           |
| 3/2023         | Annual Review. Reformatted reauthorization criteria for Esbriet and Ofev for |
|                | Idiopathic Pulmonary Fibrosis. Added exclusion footnote for Brand Esbriet.   |
|                | Added state mandate footnote and updated references.                         |