



HEALTH MANAGEMENT ASSOCIATES

Health Management Associates  
presents

## ***“They Are Worthy”: Increasing Empathy and Reducing Stigma Toward Individuals with Substance Use Disorders***

A Live, Interactive Webinar

**December 5, 2023**  
**12:00pm – 1:00pm Hawai’i**

Substance misuse and overdose deaths are increasing in Hawai’i. To better identify substance misuse early, prevent worsening, and provide interventions and treatment, **Med-QUEST**, along with our partner Health Management Associates, is providing an **online interactive session on Screening, Brief Intervention, and Referral to Treatment (SBIRT)**. SBIRT is an evidence-based practice that is reimbursable.

Stigma and shame are major barriers to individuals being screened and receiving treatment for substance use disorder (SUD). In this interactive webinar, we will discuss the layers of stigma that an individual may experience and how we can mitigate them. We will discuss the role that childhood trauma plays in increasing risk for SUD and ways to build empathy.

**Target audience:** Social workers, Nurses, Physicians, Medical Assistants, counselors, SUD clinicians  
**Content level:** Beginner

### **About the instructors**

Dr. Elizabeth Wolff is a board-certified family physician. She has held progressive leadership positions in public health, health systems, and community health centers. Since joining HMA in 2018, much of her work focusing on supporting states and organizations across the country to implement SBIRT and Medications for Opioid Use Disorder.

Shelly Virva is a licensed clinical social worker with more than 20 years of experience. Her work has focused on helping individuals who suffer from addiction, co-occurring mental health disorders, and early life trauma. Since joining HMA in 2020, much of her work has focused on cross sector implementation and expansion of MAT and evidenced based treatment for individuals experiencing substance use disorders.

### **Learning objectives**

After attending this course, participants will be able to...

- Describe specific individual-level techniques for increasing client and provider empathy and decreasing stigma toward people with SUD
- Identify structural stigma and approaches to correct it
- List examples of non-stigmatizing language around SUD



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### Course outline/Agenda

Welcome and Introduction	<i>5 minutes</i>
Overview of self, social, and structural stigma	<i>10 minutes</i>
Case discussion – client self-stigma	<i>10 minutes</i>
Case discussion – provider stigma	<i>10 minutes</i>
Case discussion – structural stigma	<i>10 minutes</i>
Q&A	<i>15 minutes</i>

### Course interaction & system requirements

This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions.

#### System requirements

- **Operating Systems:** Windows XP or higher, MacOS 9 or higher, Android 4.0 or higher
- **Internet Browser:** Internet Explorer 9.0 or higher, Google Chrome, Firefox 10.0 or higher
- **Broadband Internet connection:** Cable, high-speed DSL & any other medium that is internet accessible

### Registration

Click [here](#) to register.

### Course completion & CE info

Course completion requirements: To earn CE credit, social workers must log in at the scheduled time, attend the entire course and complete an online course evaluation. Certificates of completion will be emailed within 10-12 business days of course completion.

Health Management Associates, #1780, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Health Management Associates maintains responsibility for this course. ACE provider approval period: 09/22/2021 – 09/22/2022. Social workers completing this course receive 1.0 continuing education credits.

**For questions, concerns, or to request special accommodations, please email  
[cmcintire@healthmanagement.com](mailto:cmcintire@healthmanagement.com)**

### Financial Disclosure Statement:

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