

# UnitedHealthcare Pharmacy Clinical Pharmacy Programs

Program Number	2023 P 2059-11
Program	Prior Authorization/Medical Necessity Buprenorphine/Naloxone
	Products
Medication	Buprenorphine/naloxone products: Bunavail*and Suboxone * (Brand
	Only)
P&T Approval Date	7/2015, 10/2016, 3/2017, 9/2017, 9/2018, 7/2019, 7/2020, 11/2020,
	11/2021, 1/2023
Effective Date	4/1/2023;
	Oxford: 4/1/2023

## 1. Background

Suboxone\* and Bunavail\* are Schedule III narcotic medications indicated for the treatment of opioid dependence. The Drug Addiction Treatment Act of 2000 (DATA 2000), the Comprehensive Addiction and Recovery Act (CARA) and the Substance Use-Disorder Prevention Opioid Recovery and Treatment for Patients and Communities (SUPPORT) Act allows qualified practitioners to dispense or prescribe buprenorphine for the treatment of opioid use disorders (OUD) in settings other than opioid treatment programs (OTP), upon completion of specialized training. Only qualified practitioners with the necessary DEA (Drug Enforcement Agency) identification number can prescribe or dispense buprenorphine products for opioid addiction therapy.

Bunavail\* and Suboxone\* contain buprenorphine, a schedule III narcotic and naloxone, an opiate antagonist. Buprenorphine, like other opioids, has the potential for being abused. Naloxone is used to guard against misuse by blocking the effects of opiates if the drug is manipulated for injection. This program requires a member to meet treatment criteria prior to the coverage of buprenorphine/naloxone combination products. It also requires the member to try the preferred combination product buprenorphine/naloxone (generic Suboxone) or Zubsolv prior to receiving coverage for Bunavail\*, Suboxone \*.

## 2. Coverage Criteria<sup>a, b</sup>:

## A. Initial Authorization

- 1. **Suboxone\*** (Brand Only) **or Bunavail\*** will be approved based on **both** of the following criteria:
  - a. The patient is being treated for opioid dependence

#### -AND-

- b. Both of the following:
  - i. One of the following:
    - (a) Submission of medical records (e.g., chart notes) documenting an inadequate



- response to a minimum 30-day trial of Zubsolv. (30-day trial must be completed prior to Prior Authorization/Medical Necessity request.)
- (b) Submission of medical records (e.g., chart notes) documenting the member has experienced adverse effects or has a contraindication to Zubsolv, including the manifestation of the adverse reaction or reason for contraindication

### -AND-

# ii. One of the following:

- (a) Submission of medical records (e.g., chart notes) documenting an inadequate response to a minimum 30-day trial of buprenorphine/naloxone (generic Suboxone). (30-day trial must be completed prior to Prior Authorization/Medical Necessity request.)
- (b) Submission of medical records (e.g., chart notes) documenting the member has experienced adverse effects or has a contraindication to generic buprenorphine/naloxone (generic Suboxone) including the manifestation of the adverse reaction or reason for contraindication

### Authorization will be issued for 12 months.

### **B.** Reauthorization:

- 1. **Suboxone\*** (Brand Only) **or Bunavail\*** will be approved based on the following criterion:
  - a. Documentation of positive clinical response

#### Authorization will be issued for 12 months.

- <sup>a</sup> State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.
- <sup>b</sup> Review not required for plans sitused in the state of Illinois.

### 3. Additional Clinical Rules:

- Supply limits may be in place.
- Bunavail, Suboxone (Brand Only) are typically excluded from coverage. Tried/Failed criteria
  may be in place. Please refer to plan specifics to determine exclusion status.
  Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization
  based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic.
  Use of automated approval and re-approval processes varies by program and/or therapeutic class.

### 4. References:

- 1. Suboxone [package insert]. Richmond, VA: Indivior Inc.; June 2022.
- 2. Center for Substance Abuse Treatment. Clinical Guidelines for the Use of Buprenorphine in the Treatment of Opioid Addiction. Treatment Improvement Protocol (TIP) Series 40. DHHS



Publication No. (SMA) 04-3939. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2004.

- 3. Bunavail [package insert]. Raleigh, NC: BioDelivery Sciences International, Inc.; June 2022.
- 4. Zubsolv [package insert]. Morristown, NJ: Orexo US, Inc.; June 2022.
- 5. The ASAM National Practice Guideline for the Treatment of Opioid Use Disorder: 2020 Focused Update [published correction appears in J Addict Med. 2020 May/Jun;14(3):267]. J Addict Med. 2020;14(2S Suppl 1):1-91. doi:10.1097/ADM.000000000000033

Program	Prior Authorization/Medical Necessity – Buprenorphine/Naloxone
	Products
Change Control	
Date	Change
7/2015	New Program
10/2016	Annual update. Decreased reauthorization period from 24 months to 12 months. Updated references.
3/2017	Administrative update. Removed requirement for medical record submission to verify opioid dependence diagnosis. Updated references.
9/2017	Changed reference from intolerance to adverse reaction to Zubsolv. Removed DEA waiver requirement.
9/2018	Annual review. Removed reference to brand Suboxone tablets (brand no longer available). Updated references.
7/2019	Removed generic Suboxone and buprenorphine/naloxone tablets from medications covered by criteria. Added criteria for DATA2000 prescriber.
7/2020	Annual review. Updated references. Clarified timing of 30 day trial.
11/2020	Removed criteria for DATA2000 prescriber. Removed pain management confirmation. Updated medical records requirement.
11/2021	Annual review. Updated references.
1/2022	Administrative change. Illinois footnote added. Criteria retired 1/2019 for Illinois.
1/2023	Updated background to include additional qualified practitioners that may prescribe buprenorphine for the treatment of opioid use disorder. Updated references.