

# Medication management and medication assisted treatment

If you're a primary care provider (PCP), you can diagnose and treat UnitedHealthcare Community Plan members with anxiety, depression, opioid use disorder (OUD) and Attention Deficit Hyperactivity Disorder (ADHD), if they're within your scope of practice. The services you can provide include medication management of prescriptions and other diagnostic tests needed to diagnose and treat members for these behavioral health conditions. You don't have to be the member's assigned PCP to treat them.

## Medication-Assisted Treatment

If you treat a member for OUD, you must follow the state's requirements:

- Utilize the Arizona State Board of Pharmacy Controlled Substance Prescription Monitoring Program (CSPMP) when prescribing controlled medications, including Medication-Assisted Treatment (MAT) medications
- Use Food and Drug Administration (FDA)-approved medications
- Consult the Arizona Health Care Cost Containment System's (AHCCCS) Preferred Drug List, available at [UHCprovider.com/AZcommunityplan](https://www.uhcprovider.com/AZcommunityplan) > **Pharmacy Resources & Physician Administered Drugs** > Prescription Drug /Formulary Lists, Drug Search and Updates
- Refer the member to a behavioral health care provider for the psychological and/or behavioral therapy
- Coordinate the member's care with the behavioral health care provider

## SAMHSA required physician training and waiver

If you're a physician who is treating a member with OUD and you need to prescribe buprenorphine, you must qualify for a physician waiver through the Substance Abuse and Mental Health Services Administration (SAMHSA), which includes completing 8 hours of required training. You can learn more at [Waiver Process and Required Training](#).

## Online resources

There are several nationally recognized resources online for Behavioral Health Tool Kits. Please review the following:

- **Behavioral Health Toolkit for Medical Providers**
  - ADHD
  - Anxiety
  - Depression
  - Many more
- Arizona Department of Health Services (ADHS) opioid prevention
  - **ADHS real-time opioid information**
  - **ADHS naloxone information**

## We're here to help

If you have questions, please call Provider Services at **800-445-1638** for AHCCCS Complete Care (ACC) and Developmental Disabilities (DD) or **800-293-3740** for Arizona Long Term Care System (ALTCS). Thank you.