



Behavioral Health

Helping Members with Their Emotional and Physical Health

Helping Members Overcome Personal Challenges

The behavioral health benefits that are included with our Dual Special Needs Plans (DSNP) can help support members who may be struggling with everyday challenges and serious personal concerns, like:

- Depression
- Stress and anxiety
- Family and relationship difficulties
- Financial and legal issues
- Domestic violence
- Substance use and recovery

Behavioral Health Benefits

We offer a range of specialized mental health and substance use programs to help care for our members. These services are administered by our affiliate company, United Behavioral Health, operating under the brand Optum®. Options may include:

- Acute care
- Home care
- Intermediate care
- Outpatient services
- Psychological testing

Members also have access to our substance use disorder helpline at **855-780-5955**.

Care Provider Resources

Clinical resources and behavioral health assessment tools for care providers are available to you at providerexpress.com > Clinical Resources.

- The **Behavioral Health Toolkit** for Medical Providers includes screening tools and referral information.
- The **Intellectual and Developmental Disabilities Toolkit** has resources to support your care of intellectually and developmentally disabled members.

Help Your Patients Understand and Use Their Benefits

Dual Special Needs Plans (DSNP) are for people who qualify for both Medicaid and Medicare. Members keep all their Medicaid benefits plus receive many extra benefits and features not covered by Medicare, **at no extra cost**, which may include:

- Dental coverage
- Fitness benefit
- Health products benefit
- Personal emergency response system
- Vision coverage

Find out more about our health benefit plans in your area.

Visit

UHCprovider.com/plans >
Choose your state

Call Provider Services at
877-842-3210.