

Care for Individuals Diagnosed with Schizophrenia and/or Prescribed Antipsychotic Medication

We appreciate you taking an active role in providing and monitoring treatment for those diagnosed with schizophrenia and/or prescribed antipsychotic medications.

Recommendation based the National Committee for Quality Assurance HEDIS[®] specification



How You Can Help

Individuals who are diagnosed with Schizophrenia and/or prescribed antipsychotic medication must have metabolic testing after an initial prescription of antipsychotic medications repeated annually.

Testing includes:

- At least one test for blood glucose or HbA1c

AND

- At least one test for LDL-C or cholesterol

Refer to a Mental Health Professional

You can request referrals for members by calling the number on the back of the member's health plan ID card or searching *liveandworkwell.com*.

Remember to ask for contact information for other treating providers in order to coordinate care.

Medication Adherence

- Educate patients on the benefits of medication and common side effects
- Discuss how long it might take for the medication to take effect
- Encourage patients to have an open dialogue with you
- Stress the importance of remaining on medications even after they feel better
- Schedule appropriate follow-up to discuss medication adherence
- Call for reminders of upcoming appointment(s)

Resources

- More tools and information about behavioral health issues are available on providerexpress.com > Clinical Resources > Behavioral Health Toolkit for Medical Providers.
- Patient education information is available on liveandworkwell.com using access code "clinician". See "Mind & Body" at the top, scroll down to find the links to topics.