

### Clinical Pharmacy Program Guidelines for Ilumya

Program	Prior Authorization
Medication	Ilumya™ (tildrakizumab-asmn)
Markets in Scope	California, Hawaii, Maryland, Nevada, New Jersey, New York, Pennsylvania- CHIP, Rhode Island, South Carolina
Issue Date	5/2018
Pharmacy and Therapeutics Approval Date	5/2020
Effective Date	7/2020

**1. Background:**

Ilumya (tildrakizumab) is an interleukin-23 antagonist indicated for the treatment of adults with moderate to severe plaque psoriasis who are candidates for systemic therapy or phototherapy.

**2. Coverage Criteria:**

<p><b>A. <u>Plaque Psoriasis</u></b></p> <p><b>1. <u>Initial Authorization</u></b></p> <p>a. <b>Ilumya</b> will be approved based on <b><u>one</u></b> of the following criteria:</p> <p>(1) <b><u>All</u></b> of the following:</p> <p style="padding-left: 40px;">(a) Diagnosis of chronic moderate to severe plaque psoriasis</p> <p style="text-align: center;"><b>-AND-</b></p> <p style="padding-left: 40px;">(b) Greater than or equal to 3% body surface area involvement, palmoplantar, facial, genital involvement, or severe scalp psoriasis</p> <p style="text-align: center;"><b>-AND-</b></p> <p style="padding-left: 40px;">(c) <b><u>Both</u></b> of the following:</p> <p style="padding-left: 80px;">i. History of failure to <b><u>one</u></b> of the following topical therapies, unless contraindicated or clinically significant adverse effects are experienced (document drug, date, and duration of trial):</p>
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- Corticosteroids (e.g., betamethasone, clobetasol, desonide)
- Vitamin D analogs (e.g., calcitriol, calcipotriene)
- Tazarotene
- Calcineurin inhibitors (e.g., tacrolimus, pimecrolimus)
- Anthralin
- Coal tar

**-AND-**

- ii. History of failure of a 3 month trial of methotrexate at the maximally indicated dose within the last 6 months, unless contraindicated or clinically significant adverse effects are experienced (document drug, date, and duration of trial)

**-AND-**

- (d) Patient is not receiving Ilumya in combination with **any** of the following:

- i. Biologic DMARD [e.g., Humira (adalimumab), Cimzia (certolizumab), Simponi (golimumab), Cosentyx (secukinumab), Orencia (abatacept)]
- ii. Janus kinase inhibitor [e.g., Xeljanz (tofacitinib)]
- iii. Phosphodiesterase 4 (PDE4) inhibitor [e.g. Otezla (apremilast)]

**-AND-**

- (e) Prescribed by or in consultation with a dermatologist

**-OR-**

- (2) **All** of the following:

- (a) Patient is currently on Ilumya therapy as documented by claims history or medical records (document drug, date, and duration of therapy)

**-AND-**

- (b) Diagnosis of chronic moderate to severe plaque psoriasis

**-AND-**

- (c) Patient is not receiving Ilumya in combination with **any** of the following:

- i. Biologic DMARD [e.g., Humira (adalimumab), Cimzia

- (certolizumab), Simponi (golimumab), Cosentyx (secukinumab), Orenzia (abatacept)]
- ii. Janus kinase inhibitor [e.g., Xeljanz (tofacitinib)]
  - iii. Phosphodiesterase 4 (PDE4) inhibitor [e.g. Otezla (apremilast)]

**-AND-**

(d) Prescribed by or in consultation with a dermatologist

**Authorization will be issued for 12 months.**

## **2. Reauthorization**

a. **Ilumya** will be approved based on **both** of the following criteria:

(1) Documentation of positive clinical response to Ilumya therapy

**-AND-**

(2) Patient is not receiving Ilumya in combination with **any** of the following:

- i. Biologic DMARD [e.g., Humira (adalimumab), Cimzia (certolizumab), Simponi (golimumab), Cosentyx (secukinumab), Orenzia (abatacept)]
- ii. Janus kinase inhibitor [e.g., Xeljanz (tofacitinib)]
- iii. Phosphodiesterase 4 (PDE4) inhibitor [e.g. Otezla (apremilast)]

**-AND-**

(3) Prescribed by or in consultation with a dermatologist

**Authorization will be issued for 12 months.**

## **3. Additional Clinical Rules:**

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Supply limits may be in place.

## **4. References:**

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1. Ilumya [package insert]. Cranbury, NJ: Sun Pharmaceutical Industries, Inc.; August 2018.
2. Menter A, Gottlieb A, Feldman SR, et al. Guidelines of care for the management of psoriasis and psoriatic arthritis: Section 1. Overview of psoriasis and guidelines of care for the treatment of psoriasis with biologics. *J Am Acad Dermatol* 2008; 58(5):826-50.
3. Gottlieb A, Korman NJ, Gordon KB, et al. Guidelines of care for the management of psoriasis and psoriatic arthritis. Psoriatic arthritis: Overview and guidelines of care for treatment with an emphasis on the biologics. *J Am Acad Dermatol* 2008;58(5):851-64.
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5. Menter A, Korman NJ, Elmets CA, et al. Guidelines of care for the management of psoriasis and psoriatic arthritis. Guidelines of care for the treatment of psoriasis with phototherapy and photochemotherapy. *J Am Acad Dermatol* 2010;62(1):114-35.
6. Menter A, Korman NJ, Elmets CA, et al. Guidelines of care for the management of psoriasis and psoriatic arthritis. Guidelines of care for the management and treatment of psoriasis with traditional systemic agents. *J Am Acad Dermatol* 2009;61(3):451-85.
7. Nast A, et al; European S3-Guidelines on the systemic treatment of psoriasis vulgaris – update 2015 – short version – EFF in cooperation with EADV and IPC, *J Eur Acad Derm Venereol* 2015;29:2277-94.
8. Menter A, Korman NJ, Elmets CA, Feldman SR, Gelfand JM, Gordon KB, Guidelines of care for the management of psoriasis and psoriatic arthritis: section 6. Guidelines of care for the treatment of psoriasis and psoriatic arthritis: case-based presentations and evidence-based conclusions. *J Am Acad Dermatol*. 2011 Jul;65(1):137-74.
9. Gossec L, et al; European League Against Rheumatism (EULAR) recommendations for the management of psoriatic arthritis with pharmacological therapies: 2015 update, *Ann Rheum Dis* 2016;75:499-510.

Program	Prior Authorization
<b>Change Control</b>	
Date	Change
5/2018	New program
2/2019	Added Cimzia as a step therapy medication. Updated references.
11/2019	Revised Cosentyx requirement to match other IL-23 programs.
12/2019	Revised prerequisite therapies and added documentation of drug, date, and duration of trials.
1/2020	Removed biologic step therapy requirements due to PDL changes.
5/2020	Added prescriber requirement. Minor revisions to prerequisite therapy requirements. Changed BSA requirement to 3% to align with current psoriasis guidelines.