

Clinical Pharmacy Program Guidelines for Inderal LA

Program	Prior Authorization
Medication	Inderal LA (propranolol)
Markets in Scope	California, Colorado, Hawaii, Maryland, Nevada, New Jersey, New York, New York EPP, Pennsylvania- CHIP, Rhode Island, South Carolina
Issue Date	9/2017
Pharmacy and Therapeutics Approval Date	9/2020
Effective Date	11/2020

1. Background:

Inderal LA is indicated for cardiovascular disorders including hypertension, angina pectoris due to coronary atherosclerosis and hypertrophic sub-aortic stenosis. Off-label indications include anxiety.

2. Coverage Criteria:

<p>A. <u>Criteria for Approval</u></p> <p>1. Diagnosis of <u>one</u> of the following:</p> <ul style="list-style-type: none"> a. ST elevation (STEMI) and non-ST elevation (NSTEMI) myocardial infarction b. Angina c. Chronic ischemic heart disease d. Atrial fibrillation or flutter e. Hypertension f. Pulmonary heart disease g. Chronic venous hypertension h. Sub-aortic stenosis i. Supraventricular tachycardia j. Obstructive hypertrophic cardiomyopathy k. Anxiety l. Migraine prophylaxis m. Essential tremor <p style="text-align: center;">Authorization will be issued for 12 months.</p>

3. Additional Clinical Rules:

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Supply limits may be in place.

4. References:

1. Inderal LA [package insert]. Baudette, MN: ANI Pharmaceuticals, Inc.; August 2019.
2. Clinical Pharmacology Website, Propranolol: All Populations Monograph <http://www.clinicalpharmacology-ip.com/default.aspx>. Accessed August 13, 2020.

Program	Prior Authorization
Change Control	
Date	Change
9/2017	New Policy to accommodate Dx to Rx
12/2017	Added diagnosis of migraine prophylaxis
11/2018	Annual review, updated references.
8/2019	Annual review. Updated references.
9/2020	Added essential tremor and updated references.