

UnitedHealthcare approved professional society guidelines

UnitedHealthcare employs evidence-based clinical guidelines from nationally recognized sources to review our quality and health management programs. Recommendations in these guidelines do not guarantee coverage. Members should check their specific benefit plan documents for coverage details. Below is a table listing these clinical guidelines and the websites where you can find them.

Topic	Link to guideline	Organization
Asthma	2024 Global Initiative for Asthma (GINA)	Global Initiative for Asthma (GINA)
	2007 National Asthma Education and Prevention Program (NAEPP) Expert Panel Report 3 Guidelines for the Diagnosis and Management of Asthma	National Asthma Education and Prevention Program (NAEPP)
	2020 Focused Updates to the NAEPP Asthma Management Guidelines	National Asthma Education and Prevention Program (NAEPP)
Atrial fibrillation	2023 ACC/AHA/ACCP/HRS Guideline for the Diagnosis and Management of Atrial Fibrillation	American Heart Association/ American College of Cardiology, et al
Behavioral health clinical practice guidelines	For a complete list of behavioral health guidelines, covering disorders ranging from children to adults, visit Behavioral Health Clinical Practice Guidelines .	Guidelines are searchable by topic.
Cancer	Cancer treatment, detection, prevention, risk reduction and supportive care guidelines.	National Comprehensive Cancer Network® (NCCN)
Cardiovascular disease: Primary prevention	2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease	American College of Cardiology/American Heart Association
Cervical cancer screening	2018 Cervical Cancer: Screening – Final Recommendation Statement	U.S. Preventive Services Task Force (USPSTF)
Chest pain	2021 AHA/ACC/ASE/CHEST/SAEM/SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain	American Heart Association/ American College of Cardiology, et al

Topic	Link to guideline	Organization
Cholesterol management	2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol	American Heart Association/ American College of Cardiology, et al
Chronic coronary disease	2023 AHA/ACC/ACCP/ASPC/NLA/PCNA Guideline for the Management of Patients With Chronic Coronary Disease	American Heart Association/ American College of Cardiology, et al
Chronic obstructive lung disease (COPD)	Global Strategy for Prevention, Diagnosis and Management of COPD: 2025 Report	Global Initiative for Chronic Obstructive Lung Disease (GOLD)
Dementia	Clinical Practice Guideline for the Diagnostic Evaluation, Testing, Counseling, and Disclosure of Suspected Alzheimer's Disease and Related Disorders (DETeCD-ADRD) (2024)	Alzheimer's Association
Diabetes	Introduction and Methodology: Standards of Care in Diabetes – 2025	American Diabetes Association
Dietary guidelines	Dietary Guidelines for Americans, 2020-2025, Ninth Edition	U.S. Departments of Agriculture (USDA) and Health and Human Services (HHS)
Heart failure	2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure	American Heart Association/ American College of Cardiology/Heart Failure Society of America
Hemophilia	Guidelines for the Management of Hemophilia, 3rd edition (2020)	World Federation of Hemophilia
Human immunodeficiency virus (HIV)	Clinical Info: Guidelines for the Prevention and Treatment of Opportunistic Infections in Adults and Adolescents with HIV	U.S. Department of Health and Human Services
	Clinical Info: Guidelines for the Use of Antiretroviral Agents in Adults and Adolescents with HIV	
Hypertension	2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults	American College of Cardiology/American Heart Association, et al
Kidney disease	National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)™	National Kidney Foundation

Topic	Link to guideline	Organization
Obesity	2020 VA/DoD Clinical Practice Guideline for the Management of Adult Overweight and Obesity	U.S. Department of Veterans Affairs/Department of Defense
	2023 Clinical Practice Guideline for the Evaluation and Treatment of Children and Adolescents with Obesity	American Academy of Pediatrics
Perinatal care	Guidelines for Perinatal Care, 8th edition, 2017	American Academy of Pediatrics and American College of Obstetricians and Gynecologists Note: A user ID and password may be required to access this resource. Log in ID (Institution): cpgacog@uhc.com Password: Acogcpg#1 Alternatively, the book can be purchased from the American Academy of Pediatrics
	Society for Maternal-Fetal Medicine (SMFM) Clinical Guidelines	Guidelines are searchable by topic
Persons with disabilities	2022 Guidelines for Assessment and Intervention with Persons with Disabilities	American Psychological Association
Physical activity	2018 Physical Activity Guidelines for Americans, 2nd edition	U.S. Department of Health and Human Services
Preventive pediatric health care screening	2025 Recommendations for Preventive Pediatric Health Care	American Academy of Pediatrics/Bright Futures
Preventive services	Primary Care Practice (may not apply to Medicare)	U.S. Preventive Services Task Force (USPSTF)
Sepsis	The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)	The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)
	Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock 2021	Society of Critical Care Medicine

Topic	Link to guideline	Organization
Sexually transmitted infections (STI)	2021 STI Treatment Guidelines	Centers for Disease Control and Prevention
Sickle cell disease	ASH Clinical Practice Guidelines on Sickle Cell Disease <ul style="list-style-type: none"> • Cardiopulmonary and Kidney Disease • Cerebrovascular Disease • Management of Acute and Chronic Pain • Stem Cell Transplantation • Transfusion Support 	American Society of Hematology
Special health care needs	2017 Standards for Systems of Care for Children and Youth with Special Health Care Needs Version 2.0	Association of Maternal and Child Health Programs (AMCHP) and the National Academy for State Health Policy (NASHP)
Tobacco use	2018 Expert Consensus Decision Pathway on Tobacco Cessation Treatment	American College of Cardiology
Violence and abuse	2016 AMA Code of Medical Ethics Section 8.10 Preventing, Identifying and Treating Violence and Abuse	American Medical Association Note: Full guideline is freely available, but registration may be required.