

2018 Value-Added Benefits Quick Reference Guide for Adults, Long-Term Care and Waiver Members

The following guide provides information on valued added benefits in 2018 for UnitedHealthcare Community Plan.

<p>Key for acronyms used in this QRG</p>	<p>Community Developmental Disability Organization - CDDO Frail Elderly – FE Physically Disabled – PD Intellectual/Developmentally Disabled – I/DD Serious Mental Illness – SMI Technology Assisted – TA Traumatic brain injury – TBI Work Opportunity Reward Kansans – WORK</p>
<p>Value-Added Benefits for All Members</p>	
<p>Value-Added Benefit</p>	<p>Description</p>
<p>Healthy Rewards Program</p>	<p>Members will be invited to earn a reloadable debit card rewards for specific health related activities. Debit cards mailed when activity is completed as determined using claims data.</p>
<p>myUHC.com</p>	<p>Online tools for members or those responsible for managing their health. Access to health history, tips for working with their doctor, tracking doctor visits, a live “Nurse Chat” option and much more.</p>
<p>All Adults</p>	
<p>Value-Added Benefit</p>	<p>Description</p>
<p>Annual Dental Exam</p>	<p>Any member 21 and older can visit a participating dental provider two times a year for a screening, plus one X-ray and cleaning annually.</p>
<p>Fresh EBT</p>	<p>Free downloadable smartphone app that connects members using SNAP (Supplemental Nutrition Assistance Program) to their balances, stores that accept SNAP, grocery store deals and offers healthy meal ideas and how to prepare.</p>
<p>Health4Me Mobile Application</p>	<p>Members can download the app to their smartphone to help them manage their health.</p>
<p>Podiatry Visits</p>	<p>Members 21 and older can get up to two podiatry visits annually.</p>
<p>Vision</p>	<p>Members are eligible for upgraded or replacement prescription eyeglass lenses every 12 months.</p>
<p>Lifeline Cell Phone</p>	<p>Members who are eligible can get a free cell phone and service. This benefit varies by provider but includes up to 500 minutes of talk time, 500MB of data, and unlimited texts each month. Call Member Services to help identify a provider.</p>

Members on Waiver Programs

Value-Added Benefit	Description
Adult Parks and Recreation Catalog Offering	Adult members who are FE, PD members can get access to one activity per member per year with their selected local Parks and Recreation Department. This benefit covers up to \$50 per member to participate in local activities.
Dentures	FE members may be eligible to receive one full set of dentures every five years at no cost. Members work with their care coordinators to arrange for the service.
Home Helper Catalog	PD, FE, I/DD members can select one product from a catalog of items per year that helps with home safety or home assistance. The member's care works with the member to help them select and order the item. The selected item is sent to the member's home.
Pest Control	HCBS members who own their own home are eligible for up to two services a year. The member's care coordinator must assess the situation and arrange for the pest control service.
Transportation to Job Related Activities	PD, TBI, I/DD Waiver members, Kansas residents under WORK as well as some members with behavioral health needs are eligible for six one-way or three round trip rides to work or job interview. Members can call Member Services at 1-877-542-9238 at least three days in advance, to set up a ride.

Members with Intellectual and Development Disabilities

Value Added Benefit	Description
Respite Care	Up to 40 hours of respite care is available for I/DD Waiver members living in a family home. The member's care coordinator assists them with accessing the respite services using a current I/DD respite provider. The member must have a direct service worker, and either personal care attendant services or supported home care. The service does not need to be approved by the CDDO.
Transportation to Job Related Activities	PD, TBI, I/DD Waiver members, Kansas residents under WORK as well as some members with behavioral health needs are eligible for six one-way or three round trip rides to work or job interviews. Member can call Member Services at 1-877-542-9238 at least three days in advance, to set up a ride.
Home Helper Catalog	PD, FE, I/DD waiver members can select one product from a catalog of items per year that helps with home safety or home assistance. The member's care works with the member to help them select and order the item. The selected item is sent to the member's home.
MedicAlert Bracelet	Medical Alert Bracelets for members with Autism and IDD.

Behavioral Health Education

Value Added Benefit	Description
Mental Health First Aid	Mental health first aid is an interactive course designed to mimic standard first aid training. It teaches the general public how to identify, understand, and respond to signs of mental illness and substance use issues. Those who take the 12-hour course to certify as Mental Health First Aiders learn a five-step action plan encompassing the skills, resources and knowledge to help an individual in crisis connect with appropriate professional, peer, social and self-help care.

Kids Age 3 to 19

Value Added Benefit	Description
A is for Asthma Newsletter	Children ages 1 to 4 will receive the A is for Asthma newsletter with tips on managing their condition, presented by Sesame Street characters.
Sesame Street Food for Thought	Families with children ages 2 to 8 can participate in this interactive program at designated locations throughout Kansas several times during the year. A Sesame Street character participates in the program to teach families how to eat healthy while staying on a budget.
Youth Organization Activities	Members up to age 18 will be able to get access to youth programs located throughout Kansas such as 4-H, Boys and Girls Clubs, the YMCA and participating Parks and Recreation Offices. Call Member Services to get the form to take to the location.
KidsHealth	KidsHealth provides children, teens and their parents with over 200 videos and 10,000 written or spoken articles on a variety of wellness topics to help member manage their health conditions and encourage healthy behaviors.

Moms and Babies

Value-Added Benefit	Description
Baby Blocks	Members can earn great rewards with Baby Blocks™. Join Baby Blocks and get a \$20 gift card or diaper bag. If a member stays with the program until her baby is 15 months, she can earn up to eight rewards. Members register at uhcbabyblocks.com.
Community Baby Showers	UnitedHealthcare Community Plan sponsors community events for pregnant and new moms to learn about health and wellness for themselves and their babies. Events are held at various locations statewide. Members can call Member Services for details.
Infant Care Book for Pregnant Women	Each pregnant member will receive the “Baby Basics” book.
Mosquito Repellent	Pregnant members can use their Pharmacy benefit to buy OFF Brand Bug Spray to help protect against mosquito bites.