

Caring for Children in Foster Care

On-demand Webcast Series

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The goal of the foster care system is to promote the well-being of children and adolescents by providing for their health, safety, stability and permanency. Nearly 75 percent of children are placed in foster or kinship care because of abuse and/or neglect by parents due to substance abuse, addiction, extreme poverty, mental illness, homelessness or transience, domestic violence and criminal activity. These children present with behavioral problems well above their peers. For children who have suffered severe abuse and neglect, foster care is an opportunity for them to heal and benefit from the resources provided to them. Yet there are many barriers to providing high-quality comprehensive health care services to children and adolescents whose lives are already characterized by transience and uncertainty.

These activities are designed to meet the educational needs of case managers, counselors, nurses, nurse practitioners, pharmacists, pharmacy technicians, PAs, physicians, psychologists, social workers, therapists and other health care professionals (HCPs) who care for children within the foster care system.



We invite you to learn more and participate in the series, *Caring for Children in Foster Care*.

3.00 CME/CNE/ACPE-P(T)/APA/ASWB/CCMC credits will be available.

Navigating Support Systems

Heather C. Forkey, MD
Chief, Child Protection Program (CPP)
Director, Foster Children Evaluation Service (FaCES)
Associate Professor of Pediatrics
Joy McCann Professor of Women in Medicine
UMass Memorial Children's Medical Center
University of Massachusetts Medical School
Worcester, MA

After participating in this activity, HCPs will have a better understanding of how to navigate the child welfare system and advocate for coordinated care; be able to identify reasons children come into care and how their past experiences may present as physical or behavioral issues; and see how managed care organizations (MCOs) are able to facilitate better care coordination for this population.

Psychotropic Medication Overuse

Michael Naylor, MD
Associate Professor of Psychiatry
Director, Behavioral Health and Welfare Program
Director, Comprehensive Assessment and Response Training System
Director, Clinical Services in Psychopharmacology
Institute for Juvenile Research, Department of Psychiatry
University of Illinois at Chicago
Chicago, IL

This activity will discuss the appropriate and inappropriate use of psychotropic medication and the safety and efficacy of these medications among children and youth in foster care.

Coming Soon! Available June 27. *Managing Care Transitions and Placements*

Terry Lee, MD
Psychiatrist
Seattle Children's Hospital
Associate Professor
Psychiatry and Behavioral Sciences
University of Washington
Seattle, WA

After participating in this activity, HCPs will have a better understanding of the child welfare system and how to coordinate care of children within the foster care system. HCPs will also gain knowledge on how to address the elevated health risk profile of children in foster care and strategies to overcome the challenges related to proper continuity of care.

>Learn More: optumhealtheducation.com/pediatrics

There are **no fees** for participating in or receiving credit for these activities.
Please direct any questions to OptumHealth Education at moreinfo@optumhealtheducation.com.

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