

Training and Education: Screening and Engaging Members with Substance Use Disorder (SUD)

UnitedHealthcare Community Plan of Louisiana

Care Philosophy Training

Earn up to 6 Continuing Education Credits

The Louisiana Department of Health (LDH) has requested focused initiatives around the screening and engagement of members with SUD diagnoses, particularly from their first point of contact with medical and behavioral health care providers. Part of these initiatives includes additional training on evidenced-based practices, such as motivational interviewing and the stages of change.



We're offering two courses to help meet this need.

Care Philosophy Training

This course from Optum Health Education offers a foundation for establishing a trauma-informed care environment rooted in evidence-based best practices. The course is designed for those who provide direct services to individuals with highly complex social, behavioral and medical needs. Topics include Adverse Childhood Experiences (ACEs), person-centered care, addiction and recovery, harm reduction, personal narratives, motivational interviewing, stages of change, positive psychology, de-escalation, boundaries and self-care.

- **Continuing education (CE) credits:** You can earn up to six CE credits for this course. There are no fees to participate.
- To access this course, go to optumhealtheducation.com/care-philosophy. If you have questions, please email moreinfo@optumhealtheducation.com.

Motivational Interviewing

This 30-minute video is an introductory course on motivational interviewing, which is a clinical approach to behavioral change. Motivational interviewing is frequently used across adolescent and adult populations with chronic conditions, such as behavioral health diagnoses, medical conditions and SUD. The course is led by a licensed mental health and SUD clinician.

- To access the course, go to UHCprovider.com/training > Go to UHC On Air > Clinical > Motivational Interviewing - A Clinical Approach to Behavioral Change. If you have questions, please email uhconair@uhc.com.

Learn More

For additional training and educational resources, please visit UHCprovider.com/training and optumhealtheducation.com.