



Maryland Healthy Kids Program

The state of Maryland requires all managed care organizations, such as UnitedHealthcare Community Plan, to adhere to the Maryland Healthy Kids early and periodic screening, diagnostic and treatment (EPSDT) standards. Here is a checklist to help improve your chances of being compliant with the state EPSDT requirements.

EPSDT laboratory screening tests

- ✓ 2 metabolic screenings (PKU) – first test completed at birth
- ✓ Lead and anemia screenings at ages 12 and 24 months
- ✓ Dyslipidemia screenings at ages 9-11 and 18-20
- ✓ HIV testing – 1 test between ages 15 and 18

EPSDT risk assessments

- ✓ Tuberculosis risk assessment at 1 month, 6 months and annually
- ✓ Lead risk assessment at 6 months and at every well visit until age 6
- ✓ Autism screening required at the 18-month and 24-30-month visits
- ✓ Heart disease risk assessment at 2 years and annually
- ✓ Anemia risk assessment at age 11 and annually
- ✓ STI/HIV risk assessment at age 11 and annually
- ✓ Maternal depression screening when the child is 1 month, 2 months, 4 months and 6 months
- ✓ Substance abuse screening beginning at age 11 (or younger, if indicated) and annually
- ✓ Depression screening beginning at age 11 and annually

We're here to help

For more information about EPSDT requirements, go to mmcp.health.maryland.gov > EPSDT

If you have questions, contact EPSDT Quality Nurse, Stephanie Harris, RN at stephanie.m.harris@uhc.com or call 1-763-330-3522.



Reminders

- Update immunizations, screenings and assessments in the medical record
- Vaccine history is updated and completed
- A documented referral to a dentist should begin at age 2 and annually
- Enroll in the Vaccines for Children (VFC) program and the Maryland immunization registry (ImmuNet) to update the child's immunization history

United
Healthcare