

## Resources for your sickle cell care plan

When you work closely with patients who have sickle cell disease (SCD), you want to know that support is available for the patients, as well as for you and the other members of their care team. We'll highlight the resources we have for UnitedHealthcare Community Plan members and for health care professionals like you.

### Support for health care professionals

We encourage you to have conversations with your patients about treatment options and strategies to manage pain. Our care managers will work with you and the member's care team:

- Helping to ensure the member is engaging with their primary care provider (PCP) and hematologist
- Working with members and their parents, PCPs and specialists to coordinate treatment
- Helping to ensure treatment meets evidence-based<sup>1</sup> guidelines, including:
  - Transcranial doppler (TCD) ultrasound screening annually for patients ages 2 to 15
  - Using antibiotic prophylaxis to prevent pneumococcal infection for patients younger than 5
  - Offer hydroxyurea to patients, ages 1 to 17, regardless of clinical severity, to reduce SCD-related complications

### Education for health care professionals

Optum, an affiliate of UnitedHealthcare, offers culturally sensitive education courses at [optumhealtheducation.com](https://optumhealtheducation.com). These courses include the chance to earn continuing education credits.

- [Social Inequities and Health and How to Effectively Address Them](#)
- [Advancing Health Equity Education Series](#)
- [What Is Trauma-Informed Care and Why Is it Critical in Health Care Today?](#)

### Care management and community resources for members

Our care managers will work directly with the patients and their family to:

- Complete comprehensive and SCD assessments
- Help ensure medications are filled on time
- Educate patients on medication delivery options, or help with arranging transportation to pick up prescribed medications
- Work on an action plan for pain or infection
- Remind patients about their recommended vaccinations
- Talk about the importance of exams and screenings
  - Start screening for proteinuria by age 10
  - Screen for hepatitis C as appropriate
  - Use a dilated eye exam to evaluate for retinopathy and refer to an ophthalmologist starting at age 10

The care managers also look for opportunities to match patients with community resources by referring them to:

- Behavioral health services as appropriate
- [Children's Special Health Care Services](#) (CSHCS)
- Local support groups and peer support services

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<sup>1</sup> Evidence-Based Management of Sickle Cell Disease: Expert Panel Report, 2014 Pediatrics, December 2014, 134 (6) e1775; DOI: 10.1542/peds.2014-2986 as well as validated by QMETRIC program and National Quality Forum.

- Referring families to [The Family Center](#) from CSHCS and Michigan Department of Health and Human Services (MDHHS)
  - 800-359-3722 or [cshcsfc@michigan.gov](mailto:cshcsfc@michigan.gov)
- [Sickle Cell Disease Association of America](#) (SCDAA)

**Questions?**

Please contact the member's care manager or call us at 800-903-5253.

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MarComm team to fill out the below for UHCP.com team.

PCA	PCA-1-21-01987-C&S-NEWS
<b>Affordability Cache #</b> If applicable	
<b>Business Owner</b>	Joy Greer
<b>Distribution Date</b> specific date to publish on or before	08.20.2021 Can this be published prior to this date? <input checked="" type="checkbox"/> Yes
<b>H1: Headline/Title required</b> 6 words best practice 8 word max	<b>Resources for your sickle cell care plan</b>
<p>H1 description →</p> <p>Google only shows the first 50-60 characters</p>	<div style="border: 1px solid black; padding: 5px;"> <p><a href="https://www.uhcprovider.com">https://www.uhcprovider.com</a> › Resource Library › News</p> <p><b>06/2020: Laboratory Test Registration Requirement Coming ...</b></p> <p>Oct 1, 2020 — 1, 2020. These requirements apply to most UnitedHealthcare commercial, Medicare Advantage and Community Plan networks. Registering your ...</p> </div>
<p><b>H2: Subheadline</b> Optional and you can have multiples</p> <ul style="list-style-type: none"> <li>• <a href="#">Use headings to show text structure</a></li> <li>• <a href="#">Use headings to improve accessibility</a></li> <li>• <a href="#">Use headings to improve SEO</a></li> </ul>	<p>Resources for your sickle cell care plans Support for health care professionals Education for health care professionals Care management and community resources for members</p>
<p>H1 description →</p> <p>H2 description →</p>	<p><b>Building COVID-19 vaccine confidence</b></p> <p>Last modified: May 18, 2021</p> <p><b>Resources to support health care professionals</b></p> <p>As vaccine availability continues to expand, we're seeing a decline in demand and doses received across the country.<sup>1</sup> We understand this can be for a variety of reasons including health care mistrust, access issues or lack of accurate information and research about the vaccine.</p> <p>As your patients come to you with questions or hesitation, we'd like to do what we can to provide support. We invite you to review the following resources that may aid when having those tough conversations:</p>
<p><b>Meta description</b></p> <p>This is the copy that displays in internal and <u>external search results</u>.</p> <p>Ideal length is 156 characters (for external search) up to 245 (for internal search) including spaces.</p> <p>If necessary, should include LOB and location (state).</p>	<p>To help you treat patients with sickle cell disease, UnitedHealthcare Community Plan of Michigan has training, care managers and support resources.</p>

<p>Meta description</p>	<p><a href="https://www.uhcprovider.com">https://www.uhcprovider.com</a> › Resource Library › News</p> <p><b>06/2020: Laboratory Test Registration Requirement Coming ...</b></p> <p>Oct 1, 2020 — 1, 2020. These requirements apply to most UnitedHealthcare commercial, Medicare Advantage and Community Plan networks. Registering your ...</p>
<p><b>CTA text</b> 3-word max Ex: Read more, Go now, See the details</p>	<p>See the details</p>
<p>CTA</p>	<div style="border: 1px solid black; padding: 5px;"> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p><b>Policy and protocol</b></p> <p>See policy and protocol updates for Medicare, Medicaid, commercial and individual Exchange plans</p> <p><a href="#">See all →</a></p> </div> <div style="width: 45%;"> <p><b>Want to see all the updates?</b></p> <p>You can review all the updates and use the filters to refine the list of updates to only what is relevant to you.</p> <p><a href="#">See all updates</a></p> </div> </div> </div>
<p><b>Does this content have any images?</b></p> <p>National articles are great candidates for features with pictures.</p> <p>Is there imagery that would help the content? Like and ID card, infographic or an illustrated icon?</p>	<p><input type="checkbox"/> Yes <input checked="" type="checkbox"/> No</p> <p>If yes, how many?</p> <p>Files Names:</p> <ul style="list-style-type: none"> <li>• _____</li> <li>• _____</li> </ul> <p>Upload high-res images (jpeg or png) with this submission form to <a href="https://www.uhcprovider.com">UHCP.com WorkFront</a></p>
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**Check all that apply** this is for backend tagging and will not be visible to providers

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<input type="checkbox"/> Drugs & pharmacy <input type="checkbox"/> Events <input type="checkbox"/> Policy and protocol (Network Bulletin) <input type="checkbox"/> Medical Policy <input type="checkbox"/> Prior authorization <input type="checkbox"/> Reimbursement policy	<input checked="" type="checkbox"/> News	<input type="checkbox"/> Commercial <input type="checkbox"/> ExchangePlan <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Medicare <input type="checkbox"/> VA CCN	<input type="checkbox"/> AK <input type="checkbox"/> AL <input type="checkbox"/> AR <input type="checkbox"/> AZ <input type="checkbox"/> CA <input type="checkbox"/> CO <input type="checkbox"/> CT <input type="checkbox"/> DC <input type="checkbox"/> DE <input type="checkbox"/> FL	<input type="checkbox"/> LA <input type="checkbox"/> MA <input type="checkbox"/> MD <input type="checkbox"/> ME <input checked="" type="checkbox"/> MI <input type="checkbox"/> MN <input type="checkbox"/> MO <input type="checkbox"/> MS <input type="checkbox"/> MT <input type="checkbox"/> NC	<input type="checkbox"/> OK <input type="checkbox"/> OR <input type="checkbox"/> PA <input type="checkbox"/> RI <input type="checkbox"/> SC <input type="checkbox"/> SD <input type="checkbox"/> TN <input type="checkbox"/> TX <input type="checkbox"/> UT <input type="checkbox"/> VA

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Specialty work with business owner if needed to identify relevant specialties		
<input checked="" type="checkbox"/> All <input type="checkbox"/> Allergy and Asthma <input type="checkbox"/> Alternative Medicine <input type="checkbox"/> Anesthesia and Pain Management <input type="checkbox"/> Behavioral Health <input type="checkbox"/> Cardiology <input type="checkbox"/> Dental <input type="checkbox"/> Dermatology <input type="checkbox"/> Ear, Nose and Throat <input type="checkbox"/> Endocrinology and Diabetes <input type="checkbox"/> Family Medicine <input type="checkbox"/> Gastroenterology <input type="checkbox"/> General Surgery <input type="checkbox"/> Genetics	<input type="checkbox"/> Geriatrics and Aging <input type="checkbox"/> Hematology <input type="checkbox"/> Infectious Diseases <input type="checkbox"/> Internal Medicine <input type="checkbox"/> Laboratory Testing <input type="checkbox"/> Mental Health <input type="checkbox"/> Nephrology <input type="checkbox"/> Neurology <input type="checkbox"/> Neurosurgery, Orthopedics, Spine <input type="checkbox"/> Nursing <input type="checkbox"/> Obstetrics and Gynecology <input type="checkbox"/> Oncology and Cancer <input type="checkbox"/> Ophthalmology	<input type="checkbox"/> Pediatrics <input type="checkbox"/> Pharmacy and Drugs <input type="checkbox"/> Physical Medicine, Rehabilitation <input type="checkbox"/> Plastic Surgery <input type="checkbox"/> Primary Care Physicians <input type="checkbox"/> Pulmonology <input type="checkbox"/> Radiology <input type="checkbox"/> Rheumatology <input type="checkbox"/> Urology <input type="checkbox"/> Vision



