

# Comprehensive Diabetes Care (CDC) HbA1c Control

Healthcare Effectiveness Data and Information Set (HEDIS<sup>®</sup>) measures can help enhance the quality of care by identifying ways to support preventive care. Your efforts can directly impact patient outcomes by helping to close clinical care gaps, helping to improve medication adherence and encourage patients to engage in their well-being.

As you know, the A1C test is a blood test that measures the average glucose levels in the blood for 2–3 months. The HEDIS<sup>®</sup> measure looks at the percentage of members, ages 18–75, with diabetes (types 1 and 2) who had an HbA1c lab test during the measurement year that showed their blood sugar is under control (< 9%; good control is < 8%). Documentation in the medical record must include a note indicating when the HbA1c test was performed during the measurement year and the result.

This measure is a hybrid measure. It's collected and reported from claims/encounter data, CPT<sup>®</sup> codes, pharmacy data and medical record documentation.

## Tips and best practices for care opportunities

- Please check your Patient Care Opportunity Report (PCOR) often to see members with open care opportunities. If you have questions, your UnitedHealthcare representative can help.
- Always list the date of service, result and test together
- If test result(s) are documented in the vitals section of your progress notes, please include the date of the blood draw with the result. The date of the progress notes will not count.
- The use of CPT category II codes helps UnitedHealthcare identify clinical outcomes such as HbA1c level. It can also reduce the need for some chart review.
- HbA1c tests and results can be accepted as supplemental data, reducing the need for some chart review

Please remember to submit LOINC<sup>®</sup>s for any point-of-care HbA1c tests done in addition to those completed at a lab or hospital facility.

## Questions?

Please contact your UnitedHealthcare representative to discuss clinical data exchange opportunities.