

# UnitedHealthcare approved professional society guidelines

UnitedHealthcare employs evidence-based clinical guidelines from nationally recognized sources to review our quality and health management programs. Recommendations in these guidelines do not guarantee coverage. Members should check their specific benefit plan documents for coverage details. Below is a table listing these clinical guidelines and the websites where you can find them.

| Topic  | Link to guideline   | Organization   |
|--|---|--|
| Asthma   | <a href="#">2024 Global Initiative for Asthma (GINA)</a>  | Global Initiative for Asthma (GINA)                                  |
|  | <a href="#">2007 National Asthma Education and Prevention Program (NAEPP) Expert Panel Report 3 Guidelines for the Diagnosis and Management of Asthma</a>                       | National Asthma Education and Prevention Program (NAEPP)             |
|  | <a href="#">2020 Focused Updates to the NAEPP Asthma Management Guidelines</a>  | National Asthma Education and Prevention Program (NAEPP)             |
| Atrial fibrillation                            | <a href="#">2023 ACC/AHA/ACCP/HRS Guideline for the Diagnosis and Management of Atrial Fibrillation</a>   | American Heart Association/<br>American College of Cardiology, et al |
| Behavioral health clinical practice guidelines | For a complete list of behavioral health guidelines, covering disorders ranging from children to adults, visit <a href="#">Behavioral Health Clinical Practice Guidelines</a> . | Guidelines are searchable by topic.                                  |
| Cancer   | <a href="#">Cancer treatment, detection, prevention, risk reduction and supportive care guidelines.</a>   | National Comprehensive Cancer Network® (NCCN)                        |
| Cardiovascular disease: Primary prevention     | <a href="#">2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease</a>  | American College of Cardiology/American Heart Association            |
| Cervical cancer screening                      | <a href="#">2018 Cervical Cancer: Screening – Final Recommendation Statement</a>  | U.S. Preventive Services Task Force (USPSTF)                         |
| Chest pain                                     | <a href="#">2021 AHA/ACC/ASE/CHEST/SAEM/SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain</a>  | American Heart Association/<br>American College of Cardiology, et al |

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| Cholesterol management                  | <a href="#">2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol</a>  | American Heart Association/<br>American College of Cardiology, et al                           |
| Chronic coronary disease                | <a href="#">2023 AHA/ACC/ACCP/ASPC/NLA/PCNA Guideline for the Management of Patients With Chronic Coronary Disease</a>   | American Heart Association/<br>American College of Cardiology, et al                           |
| Chronic obstructive lung disease (COPD) | <a href="#">Global Strategy for Prevention, Diagnosis and Management of COPD: 2025 Report</a>  | Global Initiative for Chronic Obstructive Lung Disease (GOLD)                                  |
| Dementia                                | <a href="#">Clinical Practice Guideline for the Diagnostic Evaluation, Testing, Counseling, and Disclosure of Suspected Alzheimer's Disease and Related Disorders (DETeCD-ADRD) (2024)</a> | Alzheimer's Association  |
| Diabetes                                | <a href="#">Introduction and Methodology: Standards of Care in Diabetes – 2025</a>   | American Diabetes Association  |
| Dietary guidelines                      | <a href="#">Dietary Guidelines for Americans, 2020-2025, Ninth Edition</a>   | U.S. Departments of Agriculture (USDA) and Health and Human Services (HHS)                     |
| Heart failure                           | <a href="#">2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure</a>  | American Heart Association/<br>American College of Cardiology/Heart Failure Society of America |
| Hemophilia                              | <a href="#">Guidelines for the Management of Hemophilia, 3rd edition (2020)</a>  | World Federation of Hemophilia   |
| Human immunodeficiency virus (HIV)      | <a href="#">Clinical Info: Guidelines for the Prevention and Treatment of Opportunistic Infections in Adults and Adolescents with HIV</a>  | U.S. Department of Health and Human Services   |
|   | <a href="#">Clinical Info: Guidelines for the Use of Antiretroviral Agents in Adults and Adolescents with HIV</a>  |  |
| Hypertension                            | <a href="#">2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults</a>                  | American College of Cardiology/American Heart Association, et al                               |
| Kidney disease                          | <a href="#">National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)™</a>   | National Kidney Foundation   |
| Obesity                                 | <a href="#">2020 VA/DoD Clinical Practice Guideline for the Management of Adult Overweight and Obesity</a>   | U.S. Department of Veterans Affairs/Department of Defense                                      |
|   | <a href="#">2023 Clinical Practice Guideline for the Evaluation and Treatment of Children and Adolescents with Obesity</a>   | American Academy of Pediatrics   |

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| Perinatal care                             | <a href="#">Guidelines for Perinatal Care, 8th edition, 2017</a>   | American Academy of Pediatrics and American College of Obstetricians and Gynecologists<br><br><b>Note:</b> A user ID and password may be required to access this resource.<br><b>Log in ID (Institution):</b> <a href="mailto:cpgacog@uhc.com">cpgacog@uhc.com</a><br><b>Password:</b> Acogcpg#1<br><br>Alternatively, the book can be purchased from the American Academy of Pediatrics |
|  | <a href="#">Society for Maternal-Fetal Medicine (SMFM) Clinical Guidelines</a>   | Guidelines are searchable by topic   |
| Persons with disabilities                  | <a href="#">2022 Guidelines for Assessment and Intervention with Persons with Disabilities</a>   | American Psychological Association   |
| Physical activity                          | <a href="#">2018 Physical Activity Guidelines for Americans, 2nd edition</a>   | U.S. Department of Health and Human Services   |
| Preventive pediatric health care screening | <a href="#">2025 Recommendations for Preventive Pediatric Health Care</a>  | American Academy of Pediatrics/Bright Futures  |
| Preventive services                        | <a href="#">Primary Care Practice (may not apply to Medicare)</a>  | U.S. Preventive Services Task Force (USPSTF)   |
| Sepsis                                     | <a href="#">The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)</a>   | The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)   |
|  | <a href="#">Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock 2021</a>   | Society of Critical Care Medicine  |
| Sickle cell disease                        | <a href="#">ASH Clinical Practice Guidelines on Sickle Cell Disease</a><br><ul style="list-style-type: none"> <li>• Cardiopulmonary and Kidney Disease</li> <li>• Cerebrovascular Disease</li> <li>• Management of Acute and Chronic Pain</li> <li>• Stem Cell Transplantation</li> <li>• Transfusion Support</li> </ul> | American Society of Hematology   |

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| Special health care needs | <a href="#">2017 Standards for Systems of Care for Children and Youth with Special Health Care Needs Version 2.0</a> | Association of Maternal and Child Health Programs (AMCHP) and the National Academy for State Health Policy (NASHP) |
| Tobacco use               | <a href="#">2018 Expert Consensus Decision Pathway on Tobacco Cessation Treatment</a>                                | American College of Cardiology   |
| Violence and abuse        | <a href="#">2016 AMA Code of Medical Ethics Section 8.10 Preventing, Identifying and Treating Violence and Abuse</a> | American Medical Association<br><b>Note:</b> Full guideline is freely available, but registration may be required. |