

UnitedHealthcare-approved professional society guidelines

UnitedHealthcare Community Plan has identified evidence-based clinical guidelines and resources to guide our quality and health management programs. The following table lists those clinical guidelines and the websites where they can be found. UnitedHealthcare Community Plan respects the expertise of physicians and other health care professionals who participate in our network. We appreciate your collaboration with promoting better health, improving health outcomes and lowering overall costs to offer our members an exceptional patient experience.

If you have questions, please contact your physician advocate or refer to the member's identification card. Thank you.

Topic	Link to guideline	Organization
Asthma	2022 Global Initiative for Asthma (GINA)	Global Initiative for Asthma (GINA)
	2007 National Asthma Education and Prevention Program (NAEPP) Expert Panel Report 3 Guidelines for the Diagnosis and Management of Asthma	National Asthma Education and Prevention Program (NAEPP)
	2020 Focused Updates to the NAEPP Asthma Management Guidelines	
Atrial fibrillation	2014 AHA/ACC/HRS Guideline for the Management of Patients with Atrial Fibrillation	American Heart Association/American College of Cardiology/Heart Rhythm Society
	2019 AHA/ACC/HRS Focused Update of the 2014 AHA/ACC/HRS Guideline for the Management of Patients with Atrial Fibrillation	
Behavioral health clinical practice guidelines	American Academy of Child and Adolescent Psychiatry (AACAP) Practice Parameters Assessment and Treatment of Children and Adolescents with Anxiety Disorders (2020) Autism (2014) Eating Disorders (2015) Principles of Care for Treatment of Children and Adolescents with Mental Illnesses in Residential Treatment Centers (2010) Reactive Attachment Disorders (2016) Telepsychiatry with Children and Adolescents (2017) Louisiana Medicaid: Treatment of Oppositional Defiant Disorder	American Academy of Child & Adolescent Psychiatry

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Behavioral health clinical practice guidelines	American Academy of Family Physicians (AAFP) Initial Evaluation, Diagnosis and Treatment of Anorexia Nervosa and Bulimia Nervosa (2015)	American Academy of Family Physicians
	American Academy of Pediatrics (AAP) Clinical Practice Guidelines Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents (2019) Identification and Management of Eating Disorders in Children and Adolescents (2021) Identification, Evaluation, and Management of Children with Autism Spectrum Disorder (2020)	American Academy of Pediatrics
	American Psychiatric Association (APA) Clinical Practice Guidelines Pharmacological Treatment of Patients with Alcohol Use Disorder (2018) Psychiatric Evaluation of Adults (2015) Treatment of Patients with Schizophrenia (2021) Use of Antipsychotics to Treat Agitation or Psychosis in Patients With Dementia (2016)	American Psychiatric Association
	American Psychological Association (APA) Clinical Practice Guidelines Psychological Assessment and Evaluation (2020) Treatment of Depression Across Three Age Cohorts (2019) Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (2017)	American Psychological Association

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Behavioral health clinical practice guidelines	American Society of Addiction Medicine (ASAM) Alcohol Withdrawal Management (2020) Treatment of Opioid Use Disorder (2020)	American Society of Addiction Medicine
	Substance Abuse and Mental Health Services Administration (SAMHSA) Guidance on Strategies to Promote Best Practice in Antipsychotic Prescribing for Children and Adolescents (2019) National Guidelines for Behavioral Health Crisis Care Toolkit (2020) Prevention and Treatment of Anxiety, Depression and Suicidal Thoughts and Behaviors Among College Students (2021) Treatment for Suicidal Ideation, Self-Harm and Suicide Attempts Among Youth (2020) Treatment Improvement Protocol 63: Medications for Opioid Use Disorder (2020 Update)	Substance Abuse and Mental Health Services Administration
	U.S. Department of Veterans Affairs/Department of Defense (VA/DoD) Clinical Practice Guidelines Assessment and Management of Patients at Risk for Suicide (2019) Major Depressive Disorder (2016) Posttraumatic Stress Disorder (PTSD) (2017) Substance Use Disorder (2021 Update)	U.S. Department of Veterans Affairs/Department of Defense (VA/DoD)

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Behavioral health clinical practice guidelines	World Federation of Societies of Biological Psychiatry (WFSBP) Pharmacological Treatment of Eating Disorders (2011)	World Federation of Societies of Biological Psychiatry
Cardiovascular disease: primary prevention	2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease	American College of Cardiology/American Heart Association
Cervical cancer screening	2018 Cervical Cancer: Screening - Final Recommendation Statement	U.S. Preventive Services Task Force (USPSTF)
Chest pain	2021 AHA/ACC/ASE/CHEST/SAEM/SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain	American Heart Association/American College of Cardiology et al.
Cholesterol management	2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol	American Heart Association/American College of Cardiology et al.
Chronic Obstructive Pulmonary Disease (COPD)	2022 Global Strategy for the Diagnosis, Management and Prevention of COPD	Global Initiative for Chronic Obstructive Lung Disease (GOLD)
Dementia	Treatment of Patients with Alzheimer's Disease and Other Dementias, 2nd edition (2007) Guideline Watch (October 2014)	American Psychiatric Association
Diabetes	2022 Standards of Medical Care in Diabetes	American Diabetes Association
Dietary guidelines	Dietary Guidelines for Americans, 2020-2025, Ninth Edition	U.S. Departments of Agriculture (USDA) and Health and Human Services (HHS)

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Heart failure	2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure	American College of Cardiology/American Heart Association/Heart Failure Society of America
Hemophilia	Guidelines for the Management of Hemophilia, 3rd edition (2020)	World Federation of Hemophilia
Human Immuno-deficiency Virus (HIV)	AIDS Info: Guidelines for the Prevention and Treatment of Opportunistic Infections in Adults and Adolescents with HIV AIDS Info: Guidelines for the Use of Antiretroviral Agents in Adults and Adolescents with HIV	U.S. Department of Health and Human Services/HIV Medical Association of the Infectious Diseases Society of America
Hypertension	2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults	American College of Cardiology/American Heart Association et al.
Kidney disease	National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)™	National Kidney Foundation
Obesity	2020 VA/DoD Clinical Practice Guideline for the Management of Adult Overweight and Obesity Bright Futures, 4th edition, 2017 Guidelines for Health Supervision of Infants, Children, and Adolescents Promoting Healthy Weight - p. 151	U.S. Department of Veterans Affairs/Department of Defense American Academy of Pediatrics

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Perinatal care	Guidelines for Perinatal Care, 8th edition, 2017	<p>American Academy of Pediatrics and American College of Obstetricians and Gynecologists</p> <p>Note: A user ID and password may be required to access this resource.</p> <p>Log in ID (Institution): cpgacog@uhc.com Password: Acogcpg#1</p> <p>Alternatively, the book can be purchased from the American Academy of Pediatrics website.</p>
	Society for Maternal-Fetal Medicine (SMFM) Clinical Guidelines	<p>Society for Maternal-Fetal Medicine (SMFM) Clinical Guidelines</p> <p>Guidelines are searchable by topic</p>
Physical activity	2018 Physical Activity Guidelines for Americans, 2nd edition	U.S. Department of Health and Human Services
Preventive pediatric health care screening	2021 Recommendations for Preventive Pediatric Health Care	American Academy of Pediatrics/Bright Futures
Preventive services	Recommendations for Primary Care Practice	U.S. Preventive Services Task Force (USPSTF)
Sepsis	The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)	The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)
	Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock 2021	Surviving Sepsis Campaign/Society of Critical Care Medicine

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Sickle Cell disease	American Society of Hematology: Sickle Cell Disease Guidelines * Cardiopulmonary and Kidney Disease * Cerebrovascular Disease * Management of Acute and Chronic Pain * Transfusion Support * Stem Cell Transplantation	American Society of Hematology
Tobacco use	2018 Expert Consensus Decision Pathway on Tobacco Cessation Treatment	American College of Cardiology
Violence and abuse	2016 AMA Code of Medical Ethics Section 8.10 Preventing, Identifying and Treating Violence and Abuse	American Medical Association Note: Full guideline is freely available, but registration may be required.