

UnitedHealthcare-approved professional society guidelines

UnitedHealthcare® Community Plan has identified evidence-based clinical guidelines and resources to guide our quality and health management programs. The following table lists those clinical guidelines and the websites where they can be found. UnitedHealthcare Community Plan respects the expertise of physicians and other health care professionals who participate in our network. We appreciate your collaboration to promote better health, improve health outcomes and lower overall costs to offer our members an exceptional patient experience.

If you have questions, please contact your physician advocate or refer to the member's identification card. Thank you.

Topic	Link to guideline	Organization name
Acute Myocardial Infarction With ST Elevation	2013 ACC/AHA Guideline for the Management of ST-Elevation Myocardial Infarction	American College of Cardiology/ American Heart Association
	2015 ACC/AHA/SCAI Focused Update on Primary Percutaneous Coronary Intervention for Patients With ST-Elevation Myocardial Infarction	American College of Cardiology/ American Heart Association/Society for Cardiovascular Angiography and Interventions
Acute Myocardial Infarction Without ST Elevation	2014 AHA/ACC Guideline for the Management of Patients With Non-ST-Elevation Acute Coronary Syndromes	American College of Cardiology/ American Heart Association
Asthma	2021 Global Initiative for Asthma (GINA)	Global Initiative for Asthma (GINA)/ National Asthma Education and Prevention Program (NAEPP)
	2007 National Asthma Education and Prevention Program (NAEPP) Expert Panel Report 3 Guidelines for the Diagnosis and Management of Asthma	
	2020 Focused Updates to the NAEPP Asthma Management Guidelines	

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Atrial Fibrillation	<p>2014 AHA/ACC/HRS Guideline for the Management of Patients With Atrial Fibrillation</p> <hr/> <p>2019 AHA/ACC/HRS Focused Update of the 2014 AHA/ACC/HRS Guideline for the Management of Patients With Atrial Fibrillation</p>	American Heart Association/American College of Cardiology/Heart Rhythm Society
Behavioral Health Clinical Practice Guidelines	<p>American Academy of Child and Adolescent Psychiatry (AACAP) Practice Parameters</p> <p>Assessment and Treatment of Children and Adolescents With Anxiety Disorders (2020)</p> <p>Autism (2014)</p> <p>Eating Disorders (2015)</p> <p>Principles of Care for Treatment of Children and Adolescents With Mental Illnesses in Residential Treatment Centers (2010)</p> <p>Reactive Attachment Disorders (2016)</p> <p>Telepsychiatry With Children and Adolescents (2017)</p>	American Academy of Child and Adolescent Psychiatry
	<p>American Academy of Pediatrics (AAP) Clinical Practice Guidelines</p> <p>Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents (2019)</p> <p>Identification, Evaluation, and Management of Children With Autism Spectrum Disorder (2020)</p>	American Academy of Pediatrics

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Behavioral Health Clinical Practice Guidelines (cont.)	American Psychiatric Association (APA) Clinical Practice Guidelines Pharmacological Treatment of Patients With Alcohol Use Disorder (2018) Psychiatric Evaluation of Adults (2015) Treatment of Patients With Schizophrenia (2021) Use of Antipsychotics to Treat Agitation or Psychosis in Patients With Dementia (2016)	American Psychiatric Association
	American Psychological Association (APA) Clinical Practice Guidelines Psychological Assessment and Evaluation (2020) Treatment of Depression Across Three Age Cohorts (2019) Treatment of Post-Traumatic Stress Disorder (PTSD) in Adult (2017)	American Psychological Association
	American Society of Addiction Medicine (ASAM) Alcohol Withdrawal Management (2020) Treatment of Opioid Use Disorder (2020)	American Society of Addiction Medicine

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Behavioral Health Clinical Practice Guidelines (cont.)	<p data-bbox="533 256 1272 321">Substance Abuse and Mental Health Services Administration (SAMHSA)</p> <p data-bbox="533 337 1272 435">Guidance on Strategies to Promote Best Practice in Antipsychotic Prescribing for Children and Adolescents (2019)</p> <p data-bbox="533 451 1272 516">National Guidelines for Behavioral Health Crisis Care Toolkit (2020)</p> <p data-bbox="533 532 1272 613">Treatment Improvement Protocol 63: Medications for Opioid Use Disorder (2020 Update)</p>	Substance Abuse and Mental Health Services Administration
	<p data-bbox="533 630 1272 695">U.S. Department of Veterans Affairs/Department of Defense (VA/DoD) Clinical Practice Guidelines</p> <p data-bbox="533 711 1272 776">Assessment and Management of Patients at Risk for Suicide (2019)</p> <p data-bbox="533 792 1272 824">Major Depressive Disorder (2016)</p> <p data-bbox="533 841 1272 873">Posttraumatic Stress Disorder (PTSD) (2017)</p> <p data-bbox="533 889 1272 922">Substance Use Disorder (2015)</p>	U.S. Department of Veterans Affairs/Department of Defense (VA/DoD)
Cardiovascular Disease: Lifestyle Management to Reduce Cardiovascular Risk	2013 AHA/ACC Guideline on Lifestyle Management to Reduce Cardiovascular Risk	American College of Cardiology/ American Heart Association
Cardiovascular Disease: Primary Prevention	2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease	American College of Cardiology/ American Heart Association
Cervical Cancer Screening	2018 Cervical Cancer: Screening – Final Recommendation Statement	U.S. Preventive Services Task Force (USPSTF)

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Cholesterol Management	2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol	American Heart Association/American College of Cardiology, et al.
Chronic Obstructive Pulmonary Disease (COPD)	2021 Global Strategy for the Diagnosis, Management and Prevention of COPD	Global Initiative for Chronic Obstructive Lung Disease (GOLD)
Dementia	Treatment of Patients With Alzheimer’s Disease and Other Dementias, 2nd edition (2007) Guideline Watch (October 2014)	American Psychiatric Association (*documents load without logging in)
Diabetes	2021 Standards of Medical Care in Diabetes	American Diabetes Association
Dietary Guidelines	Dietary Guidelines for Americans, 2020-2025, Ninth Edition	U.S. Departments of Agriculture (USDA) and Health and Human Services (HHS)
Heart Failure	2013 ACC/AHA Guideline for the Management of Heart Failure 2016 ACC/AHA/HFSA Focused Update on New Pharmacological Therapy for Heart Failure: An Update of the 2013 ACC/AHA Guideline for the Management of Heart Failure 2017 ACC/AHA/HFSA Focused Update of the 2013 ACC/AHA Guideline for the Management of Heart Failure	American College of Cardiology/ American Heart Association American College of Cardiology/American Heart Association/Heart Failure Society of America
Hemophilia	Guidelines for the Management of Hemophilia, 3rd edition (2020)	World Federation of Hemophilia

Topic	Link to guideline	Organization name
Human Immuno-Deficiency Virus (HIV)	<p>AIDS Info: Guidelines for the Prevention and Treatment of Opportunistic Infections in Adults and Adolescents with HIV</p> <p>AIDS Info: Guidelines for the Use of Antiretroviral Agents in Adults and Adolescents With HIV</p>	U.S. Department of Health and Human Services/HIV Medical Association of the Infectious Diseases Society of America
Hypertension	<p>2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCN</p> <p>A Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults</p>	American College of Cardiology/ American Heart Association, et al.
Kidney Disease	<p>National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)™</p>	National Kidney Foundation
Obesity	<p>2020 VA/DoD Clinical Practice Guideline for the Management of Adult Overweight and Obesity</p> <p>Bright Futures, 4th edition, 2017 Guidelines for Health Supervision of Infants, Children, and Adolescents Promoting Healthy Weight – p. 151</p>	<p>U.S. Department of Veterans Affairs/ Department of Defense</p> <p>American Academy of Pediatrics</p>
Perinatal Care	<p>Guidelines for Perinatal Care, 8th edition, 2017</p>	<p>American Academy of Pediatrics and American College of Obstetricians and Gynecologists</p> <p>Note: A user ID and password may be required to access this resource.</p> <p>Log-in ID (Institution): cpgacog@uhc.com Password: Acogcpg#1</p> <p>Alternatively, the book can be purchased from the American Academy of Pediatrics website.</p>

Topic	Link to guideline	Organization name
Perinatal Care (cont.)	Society for Maternal-Fetal Medicine (SMFM) Clinical Guidelines	Guidelines are searchable by topic
Physical Activity	2018 Physical Activity Guidelines for Americans, 2nd edition	U.S. Department of Health and Human Services
Preventive Pediatric Health Care Screening	2021 Recommendations for Preventive Pediatric Health Care	American Academy of Pediatrics/Bright Futures
Preventive Services	Recommendations for Primary Care Practice	U.S. Preventive Services Task Force (USPSTF)
Sickle Cell Disease	Sickle Cell Disease Guidelines <ul style="list-style-type: none"> • Cardiopulmonary and Kidney Disease • Transfusion Support • Cerebrovascular Disease • Management of Acute and Chronic Pain 	American Society of Hematology
Sepsis	The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)	The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)
	Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock: 2016	Surviving Sepsis Campaign/Society of Critical Care Medicine
Stable Ischemic Heart Disease	2012 Guideline for the Diagnosis and Management of Patients With Stable Ischemic Heart Disease	American College of Cardiology/American Heart Association, et al.
	2014 ACC/AHA/AATS/PCNA/SCAI/STS Focused Update of the Guideline for the Diagnosis and Management of Patients With Stable Ischemic Heart Disease	
Tobacco Use	2018 Expert Consensus Decision Pathway on Tobacco Cessation Treatment	American College of Cardiology

Topic	Link to guideline	Organization name
Violence and Abuse	2016 AMA Code of Medical Ethics Section 8.10 Preventing, Identifying and Treating Violence and Abuse	American Medical Association Note: Full guideline is freely available, but registration may be required.
