

Extra benefits

Quick reference guide

Overview

As part of our effort to help UnitedHealthcare Community Plan of North Carolina members live healthier lives, we offer several extra benefits to help with that goal.

Please share these extra benefits with your patients/clients. They can learn more by calling Member Services at **800-349-1855**. This number is also on the back of their ID card.

By working together, we can continue to improve the health of those we serve.

Mother and baby	
Extra benefits	Description and eligibility
Breast pumps	Members can be provided manual or electric breast pumps. To be eligible, members must be committed to breastfeeding. Pump will be shipped at 36 weeks gestation.
Car seats/Baby products	Prepaid card for baby products and equipment.
Babyscripts	With BabyScripts, members can earn gifts and rewards by completing prenatal and postpartum doctor visits. Members can enroll online if they are pregnant or anytime in the first 15 months of child's life.
Telelactation	Access to breastfeeding support for pregnant and new mothers.

Food insecurity	
Extra benefits	Description and eligibility
Healthy foods	Get a prepaid card for healthy foods. Members must be over the age of 18 and on SNAP benefits.
Mom's meals program*	Fresh, nutritious meals delivered to a member's home for 14 days after discharge from hospital. Members must also have 2 qualifying diagnoses.

*Members should contact their case manager for eligibility.

Education	
Extra benefits	Description and eligibility
GEDWorks	Members aged 18 and older can access free GED exam preparation materials and the GED test to receive their diploma.
Rewards for grades	Get a \$25 gift card for students grades 6-12 with a 3.5 GPA or higher.
School supplies	Get a prepaid card to assist with school supplies for members entering kindergarten up to grade 12.
Highlights for Kids magazine subscription	Yearly Highlights for Kids subscription for children up to 12 years of age.

Health and wellness	
Extra benefits	Description and eligibility
Behavioral Health Crisis Line Open 24/7	If members need help with a mental health or drug situation, feel stressed or worried or need someone to talk to, they can call the Behavioral Health Crisis Line at 877-334-1141 .
Calm Health	Mobile app that offers access to on-demand help for stress, anxiety and depression at no cost.
Dr. Chat	24/7 access to live virtual visits with a doctor through a mobile app at no cost for any member.
24/7 NurseLine	Phone line to connect members with nurses for education, self-care advice and how to get care.
One Pass gym membership	Yearly memberships to nationally known gyms, family membership to YMCA. Members must be 18 or older.

Youth	
Extra benefits	Description and eligibility
YMCA Voucher	\$75 youth sports program at your YMCA. Members must be between the ages of 3-18.
Stacey's Sensory gift card**	Get a \$75 gift card to online sensory store for eligible youth. Members must be between the ages of 2-18 and have a neurodivergent diagnosis.
Healthy weight and your child	15-week wellness program run through the YMCA for members ages 7-13 and their parent/guardian.

*Members should contact their case manager for eligibility.

**Available through Dec. 31, 2026.

Asthma	
Extra benefits	Description and eligibility
HEPA Vacuum/Purifier	HEPA filter vacuum cleaner and purifier. Members must have a diagnosis of asthma.
Mattress/Pillow covers hypoallergenic	A hypoallergenic mattress cover and pillowcase to reduce asthma attacks. Members must have a diagnosis of asthma.
Other	
Extra benefits	Description and eligibility
Discounted smartphone	Discounted smartphones with free monthly unlimited data, minutes and texts. Members must be 18 years or older.
Transportation (NEMT)	
Extra benefits	Description and eligibility
Job rides	Members may receive 6 one-way trips to job interviews and other employment related activities.
Quarterly WIC rides	Members receiving WIC benefits are eligible for a free round-trip ride to their local WIC office once per quarter.



Questions? We're here to help.

For chat options and contact information, visit UHCprovider.com/contactus.

For stakeholder use only. This resource is designed to support those assisting UnitedHealthcare Community Plan members.

Last revised on July 22, 2026.