

# Behavioral health prior authorization requirements for Texas STAR & STAR+PLUS

Effective Sept. 1, 2020

Use the following table to determine if you need to request a prior authorization for inpatient or outpatient services you plan to perform on a UnitedHealthcare Community Plan Texas STAR & STAR+PLUS member.

## Submitting prior authorization requests

You can request prior authorization in one of the following ways:

- **Online:** Use the Prior Authorization and Notification tool on Link. Go to [UHCprovider.com/paan](https://UHCprovider.com/paan).
- **Phone:** Call **888-887-9003**.
- **Fax** 844-280-1168. Fax form is available at [UHCprovider.com/TXcommunityplan](https://UHCprovider.com/TXcommunityplan) > Prior Authorization and Notification Resources > Prior Authorization Forms.

**Note: We don't require prior authorization for emergency or urgent care. If you're an out-of-network physician, facility or other health care provider, you're required to request prior authorization for all procedures and services, excluding emergent or urgent care.**

If you need more details, please refer to the Level of Care Guidelines on [Provider Express](#).

Category	Subcategory	Code	Diagnosis code	Prior authorization on effective date	Additional information/how to obtain prior authorization
<b>Mental health (MH) services</b>	Interactive complexity electroconvulsive therapy (ECT), single seizure and multiple seizure per day	90785	For all applicable diagnoses	On or before Sept. 1, 2019	You must use the <a href="#">Optum portal</a> to request prior authorization for psychological testing
	Preparation of reports of patient's psychiatric status history	90870			
	Unlisted psych service (Programs)	90889			
	Psychological testing evaluation	90899			
	Psychological and neuropsychological testing administration/scoring	96130, 96131			
	Prolonged psychotherapy	96136, 96137			
	Prolonged psychotherapy	99354			
	Self-help/peer services	99355			
		H0038			

	MH intensive outpatient	S9480			
<b>Substance abuse/use disorder (SA/SUD) services</b>	Interactive complexity	90785	For all applicable diagnoses	On or before Sept. 1, 2019	You must use the <a href="#">Optum portal</a> to request prior authorization for psychological testing
	Preparation of reports of patient's psychiatric status, history	90889			
	Unlisted psych service (programs)	90889			
	Psychological testing evaluation	96130, 96131			
	Psychological and neuropsychological testing administration/scoring	96136, 96137			
	Prolonged psychotherapy	99354			
	Prolonged psychotherapy	99355			