

Behavioral health prior authorization requirements for Texas CHIP

Effective Sept. 1, 2020

Use the following table to determine if you need to request a prior authorization for inpatient or outpatient services you plan to perform on a UnitedHealthcare Community Plan Texas Children's Health Insurance Program (CHIP) member.

Submitting prior authorization requests

You can request prior authorization in one of the following ways:

- **Online:** Use the Prior Authorization and Notification tool on Link. Go to UHCprovider.com/paan.
- **Phone:** Call **888-887-9003**.
- **Fax 844-280-1168.** Fax form is available at UHCprovider.com/TXcommunityplan > Prior Authorization and Notification Resources > Prior Authorization Forms.

Note: We don't require prior authorization for emergency or urgent care. If you're an out-of-network physician, facility or other health care provider, you're required to request prior authorization for all procedures and services, excluding emergent or urgent care.

If you need more details, please refer to the Level of Care Guidelines on [Provider Express](#).

Category	Subcategory	Code	Diagnosis code	Prior authorization on effective date	Additional information/how to obtain prior authorization
Mental health services	Interactive complexity	90785	For all applicable diagnoses	On or before Sept. 1, 2019	You must use the Optum portal to request prior authorization for psychological testing
	Psychotherapy, 60 min.	90837			
	Psychotherapy with patient and/or family member with evaluation and management service, 60 min.	90838			
	Electroconvulsive therapy (ECT), single seizure and multiple seizure per day	90870			
	Preparation of reports of patient's psychiatric status, history	90889			
	Unlisted psych service (programs)	90899			
	Psychological testing evaluation	96130 96131			
	Psychological and neuropsychological testing administration/scoring	96136 96137			
	Prolonged psychotherapy	99354			

	Prolonged psychotherapy	99355			
	Partial hospitalization substance abuse	S0201			
	Intensive outpatient	S9480			
Substance abuse/use disorder services	Interactive complexity	90785	For all applicable diagnoses	On or before Sept. 1, 2019	You must use the Optum portal to request prior authorization for psychological testing
	Psychotherapy, 60 min.	90837			
	Psychotherapy with patient and/or family member with evaluation and management service 60 min.	90838			
	Preparation of reports of patient's psychiatric status, history	90889			
	Unlisted psych service (Programs)	90899			
	Interactive complexity	90785			
	Psychological testing evaluation	96130 96131			
	Psychological and neuropsychological testing administration/scoring	96136 96137			
	Prolonged psychotherapy	99354			
	Prolonged psychotherapy	99355			
	Intensive outpatient	H0015			