



## **M.D.IPA, M.D.IPA Preferred, Optimum Choice, and Optimum Choice Preferred Ophthalmology and Optometry Protocol**

This protocol is specific to the Mid-Atlantic Health Plan ophthalmology and optometry authorization process. This protocol applies to members with Optimum Choice, Inc. (OCI) and M.D. - Individual Practice Association, Inc. (M.D.IPA) health benefit plans, all network physicians and other health care professionals.

### **Refraction Care**

- Optimum Choice, Inc. (OCI) and M.D. - Individual Practice Association, Inc. (M.D.IPA) Routine Eye Refraction Policy has been updated to reflect the change in policy
- Routine eye refraction exams CPT 92015 for Optimum Choice Members (OCI) are no longer covered for Adults.
- M.D.IPA will cover One Routine Eye Refraction exam per year. Referral is not required.
- Normal referral guidelines apply only to medical conditions. If a member is using HMO benefits and has an exam for routine eye refraction but the ophthalmologist diagnoses a medical condition, the ophthalmologist must contact the member's primary care physician to obtain a referral for additional services prior to rendering any additional care.

### **Routine ICD-10 Diagnosis**

- Routine eye exam
- Disorder of refraction
- Blurred vision

### **Contact Lenses and Eyeglasses**

- Members may obtain discounts for all lenses and frames from some participating optical centers. For a listing of participating optical centers, members should check their vision benefits. If they have optical care, they should go to [myUHC.com](http://myUHC.com) > Benefits & Coverage > Find a Network Physician or Facility > Find Vision Care.