

## Clinical Guidelines: Cholesterol Management--Treatment of High Blood Cholesterol in Adults

### Description

This guideline outlines recommendations for the treatment of blood cholesterol levels to reduce atherosclerotic cardiovascular disease in adults. Clinical guidelines are not used within UnitedHealthcare to decide benefit coverage. Benefit coverage decisions are based upon language in the member specific benefit plan document.

### To Review Guideline

Name of Guideline	Source/Location
2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults	American College of Cardiology/American Heart Association: <a href="https://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437738.63853.7a.full.pdf">https://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437738.63853.7a.full.pdf</a>