

## Cholesterol Management

### Description

This guideline outlines recommendations to address the practical management of individuals with high blood cholesterol and related disorders. UnitedHealthcare uses evidence-based clinical guidelines from nationally recognized sources during review of our quality and health management programs. Recommendations contained in clinical practice guidelines are not a guarantee of coverage. Members should consult their member-specific benefit plan document for information regarding covered benefits.

### To Review Guidelines

Guideline Title	Source/Location
2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/ PCNA Guideline on the Management of Blood Cholesterol	American Heart Association/American College of Cardiology: <a href="https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000625">https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000625</a>