

## Clinical Guidelines: Depression/Major Depressive Disorder

### Description

This guideline outlines the management of patients with major depressive disorder. Clinical guidelines are not used within UnitedHealthcare to decide benefit coverage. Benefit coverage decisions are based upon language in the member specific benefit plan document.

### To Review Guideline

Name of Guideline	Source/Location
Practice Guideline For The Treatment of Patients With Major Depressive Disorder, Third Edition	American Psychiatric Association: <a href="http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf">http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf</a>