



Clinical Guidelines: Hypertension

Description

This clinical guideline addresses the prevention, detection, evaluation, and management of high blood pressure in adults. Clinical guidelines are not used within UnitedHealthcare to decide benefit coverage. Benefit coverage decisions are based upon language in the member specific benefit plan document.

To Review Guideline

Name of Guideline	Source/Location
2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults	American College of Cardiology/American Heart Association: https://www.ahajournals.org/doi/pdf/10.1161/HYP.000000000000065