

# Hypertension

## Description

This clinical guideline addresses the prevention, detection, evaluation, and management of high blood pressure in adults. UnitedHealthcare uses evidence-based clinical guidelines from nationally recognized sources during review of our quality and health management programs. Recommendations contained in clinical practice guidelines are not a guarantee of coverage. Members should consult their member-specific benefit plan document for information regarding covered benefits.

## To Review Guidelines

Guideline Title	Sources/Location
2017 ACC/AHA/AAPA/ABC/ACPM/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults	American College of Cardiology/American Heart Association: <a href="https://www.ahajournals.org/doi/pdf/10.1161/HYP.0000000000000065">https://www.ahajournals.org/doi/pdf/10.1161/HYP.0000000000000065</a>