

Clinical Guidelines: Hypertension

Description

This clinical guideline outlines recommendations for treatment thresholds, goals and medications in the management of adults with high blood pressure. Clinical guidelines are not used within UnitedHealthcare to decide benefit coverage. Benefit coverage decisions are based upon language in the member specific benefit plan document.

To Review Guideline

Name of Guideline	Source/Location
2014 Evidence-Based Guideline for the Management of High Blood Pressure in Adults: Report from the Panel Members Appointed to the Eighth Joint National Committee (JNC 8)	Panel Members Appointed to the Eighth Joint National Committee (JNC 8): http://jama.jamanetwork.com/data/Journals/JAMA/929741/jsc130010.pdf