

**Clinical Guidelines: Spinal Stenosis**

**Description**

This guideline outlines the goals and interventions at each level of care for patients with spinal stenosis. Clinical guidelines are not used within UnitedHealthcare to decide benefit coverage. Benefit coverage decisions are based upon language in the member specific benefit plan document.

**To Review Guideline**

Name of Guideline	Source/Location
2011 Evidence-Based Clinical Guidelines for Multidisciplinary Spine Care: Diagnosis and Treatment of Degenerative Lumbar Spinal Stenosis	North American Spine Society: <a href="https://www.spine.org/Documents/ResearchClinicalCare/Guidelines/LumbarStenosis.pdf">https://www.spine.org/Documents/ResearchClinicalCare/Guidelines/LumbarStenosis.pdf</a>