KNEE REPLACEMENT SURGERY (ARTHROPLASTY), TOTAL AND PARTIAL

Policy Number: 2020T05530

Effective Date: April 1, 2020

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Coverage Rationale

Knee replacement surgery (arthroplasty) is proven and medically necessary in certain circumstances. For medical necessity clinical coverage criteria, see the following MCG™ Care Guidelines, 24th edition, 2020:
- For total knee arthroplasty: Knee Arthroplasty, Total, S-700 (ISC)
- For unicompartmental knee arthroplasty: Musculoskeletal Surgery or Procedure GRG: SG-MS (ISC GRG)

Click here to view the MCG™ Care Guidelines.

Documentation Requirements

Benefit coverage for health services is determined by the member specific benefit plan document and applicable laws that may require coverage for a specific service. The documentation requirements outlined below are used to assess whether the member meets the clinical criteria for coverage but do not guarantee coverage of the service requested.

CPT Codes* Required Clinical Information

Knee Arthroplasty or Arthroplasty Revision

<table>
<thead>
<tr>
<th>CPT Codes</th>
<th>Required Clinical Information</th>
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<tr>
<td>27445</td>
<td>Medical notes documenting all of the following: Specific diagnostic image(s) that show the abnormality for which surgery is being requested, which may include MRI, CT scan, X-ray, and/or bone scan; consultation with requesting surgeon may be of benefit to select the optimal images; Note: Diagnostic image(s) must be labeled with: The date taken; Applicable case number obtained at time of notification, or member's name and ID number on the image(s); Submission of diagnostic image(s) is required via the external portal at <a href="http://www.uhcprovider.com/paan">www.uhcprovider.com/paan</a> or via email at <a href="mailto:CCR@uhc.com">CCR@uhc.com</a>; faxes will not be accepted.</td>
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<tr>
<td>27446</td>
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<td>27447</td>
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<td>27486</td>
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<td>27487</td>
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<td></td>
<td>Diagnostic image(s) report(s); Condition requiring procedure; Severity of pain and details of functional disability(ies) interfering with activities of daily living (preparing meals, dressing, driving, walking) according to one of the following standard scales: The Western Ontario and Mcmaster Universities Arthritis Index (WOMAC) [citation: PMID: 3068365]; or The Knee injury and Osteoarthritis Outcome Score (KOOS) [citation: PMID: 9699158].</td>
</tr>
</tbody>
</table>
### CPT Codes* | Required Clinical Information
---|---

#### Knee Arthroplasty or Arthroplasty Revision

- Physician’s treatment plan including pre-op discussion
- Pertinent physical examination of the relevant joint
- Co-morbid medical condition(s)
- Therapies tried and failed of the following including dates:
  - Orthotics
  - Medications/injections
  - Physical therapy
  - Surgical
  - Other pain management procedures
- Date of failed previous surgery to the same joint (proximal tibial or distal femoral osteotomy, if applicable)
- For revision surgery, include documentation of the complication and the complete (staged) surgical plan
- For CPT codes 27446 and 27447; if the location is being requested as an inpatient stay, provide medical notes to support at least one of the following:
  - Surgery is bilateral
  - Member has significant co-morbidities; include the list of comorbidities and current treatment
  - Member does not have appropriate resources to support post-operative care after an outpatient procedure; include the barriers to care as an outpatient

#### Additional Clinical Information

**Note:** Device information is not utilized in prior authorization determinations.

Provide the following details on the device you intend to use during the procedure:

- Specify which implant brand or manufacturer to be used:
  - Arthrex
  - BioMet
  - Conformis
  - Consensus
  - DePuy Synthes
  - Other (include name and reason for this selection)

- Provide the fixation type from the following:
  - Cemented
  - Cemented with antibiotic impregnated
  - Non-cemented
  - Other (if another fixation type, then explain)
  - Cannot identify fixation prior to procedure

*For code descriptions, see the Applicable Codes section.*

### APPLICABLE CODES

The following list(s) of procedure and/or diagnosis codes is provided for reference purposes only and may not be all inclusive. Listing of a code in this policy does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by the member specific benefit plan document and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Coverage Determination Guidelines may apply.

<table>
<thead>
<tr>
<th>CPT Code</th>
<th>Description</th>
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<tbody>
<tr>
<td>27445</td>
<td>Arthroplasty, knee, hinge prosthesis (e.g., Walldius type)</td>
</tr>
<tr>
<td>27446</td>
<td>Arthroplasty, knee, condyle and plateau; medial or lateral compartment</td>
</tr>
<tr>
<td>27447</td>
<td>Arthroplasty, knee, condyle and plateau; medial and lateral compartments with or without patella resurfacing (total knee arthroplasty)</td>
</tr>
<tr>
<td>27486</td>
<td>Revision of total knee arthroplasty, with or without allograft; 1 component</td>
</tr>
<tr>
<td>27487</td>
<td>Revision of total knee arthroplasty, with or without allograft; femoral and entire tibial component</td>
</tr>
</tbody>
</table>

*CPT® is a registered trademark of the American Medical Association*
U.S. FOOD AND DRUG ADMINISTRATION (FDA)

This section is to be used for informational purposes only. FDA approval alone is not a basis for coverage.

Knee replacement surgery is a procedure and therefore is not regulated by the FDA. However, devices and instruments used during the surgery require FDA approval. See the following website for additional information (product codes MBH, JWH, KRO): http://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfPMN/pmn.cfm. (Accessed January 20, 2020)

FDA-approved knee replacement surgery devices are generally approved for any or all of the following:
- Non-inflammatory degenerative joint disease such as osteoarthritis
- Rheumatoid arthritis
- Post-traumatic arthritis
- Complex fracture(s) of the distal (lower) femur
- Revision of failed knee replacement surgery
- Correction of functional deformity

CENTERS FOR MEDICARE AND MEDICAID SERVICES (CMS)

Medicare does not have a National Coverage Determination (NCD) for total knee and/or partial knee replacement surgery (arthroplasty). Local Coverage Determinations (LCDs) exist; see the LCDs for Lower Extremity Major Joint Replacement (Hip and Knee), Major Joint Replacement (Hip and Knee), Total Joint Arthroplasty and Total Knee Arthroplasty. (Accessed January 22, 2020)

POLICY HISTORY/REVISION INFORMATION

<table>
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<th>Date</th>
<th>Action/Description</th>
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| 04/01/2020 | Coverage Rationale

Documentation Requirements
- Updated required clinical information for knee arthroplasty or arthroplasty revision

Supporting Information
- Updated CMS section to reflect the most current information
- Archived previous policy version 2019T0553N

INSTRUCTIONS FOR USE

This Medical Policy provides assistance in interpreting UnitedHealthcare standard benefit plans. When deciding coverage, the member specific benefit plan document must be referenced as the terms of the member specific benefit plan may differ from the standard plan. In the event of a conflict, the member specific benefit plan document governs. Before using this policy, please check the member specific benefit plan document and any applicable federal or state mandates. UnitedHealthcare reserves the right to modify its Policies and Guidelines as necessary. This Medical Policy is provided for informational purposes. It does not constitute medical advice.

This Medical Policy may also be applied to Medicare Advantage plans in certain instances. In the absence of a Medicare National Coverage Determination (NCD), Local Coverage Determination (LCD), or other Medicare coverage guidance, CMS allows a Medicare Advantage Organization (MAO) to create its own coverage determinations, using objective evidence-based rationale relying on authoritative evidence (Medicare IOM Pub. No. 100-16, Ch. 4, §90.5).

UnitedHealthcare may also use tools developed by third parties, such as the MCG™ Care Guidelines, to assist us in administering health benefits. UnitedHealthcare Medical Policies are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.