

# Surgery of the Elbow

Policy Number: 2023T0551X Effective Date: November 1, 2023

Instructions for Use

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	Co	ommunity Plan Policy
	•	Surgery of the Elbow
Medicare Advantage Coverage Summ		edicare Advantage Coverage Summary

Joint Procedures

## Application

#### **UnitedHealthcare Commercial**

This Medical Policy applies to all UnitedHealthcare Commercial benefit plans.

#### UnitedHealthcare Individual Exchange

This Medical Policy applies to Individual Exchange benefit plans in all states except for Colorado.

#### **Coverage Rationale**

Surgery of the elbow is proven and medically necessary in certain circumstances. For medical necessity clinical coverage criteria, refer to the InterQual<sup>®</sup> CP: Procedures:

- Arthroscopy, Diagnostic, +/- Synovial Biopsy, Elbow
- Arthroscopy, Surgical, Elbow
- Joint Replacement, Elbow
- Removal or Revision, Arthroplasty, Elbow

Click here to view the InterQual® criteria.

### **Documentation Requirements**

Benefit coverage for health services is determined by the member specific benefit plan document and applicable laws that may require coverage for a specific service. The documentation requirements outlined below are used to assess whether the member meets the clinical criteria for coverage but do not guarantee coverage of the service requested.

CPT Codes*	Required Clinical Information	
Surgery of the Elbow		
24360	Medical notes documenting the following, when applicable:	
24361	Condition requiring procedure	
24362	• Upon request, we may require the specific diagnostic image(s) that show the abnormality for which	

Surgery of the Elbow

UnitedHealthcare Commercial and Individual Exchange Medical Policy

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CPT Codes*	Required Clinical Information
Surgery of the Elbo	w
24363	surgery is being requested, which may include MRI, CT scan, X-ray, and/or bone scan; consultation
24365 24370	<ul> <li>with requesting surgeon may be of benefit to select the optimal images</li> <li>Diagnostic images must be labeled with:</li> </ul>
24370	<ul> <li>The date taken</li> </ul>
29830	<ul> <li>Applicable case number obtained at time of notification, or member's name and ID number</li> </ul>
29834	<ul> <li>on the image(s)</li> <li>Submission of diagnostic imaging is required via the external portal at</li> </ul>
29835	www.uhcprovider.com/paan; faxes will not be accepted
29836	Diagnostic image report(s)
29837	<ul> <li>Reports of all recent imaging studies and applicable diagnostic tests)</li> </ul>
29838	<ul> <li>Microbiological findings</li> </ul>
	<ul> <li>Synovial fluid exam</li> </ul>
	<ul> <li>Erythrocyte sedimentation rate (ESR)</li> </ul>
	<ul> <li>C-reactive protein (CRP)</li> </ul>
	• Pertinent physical examination of the relevant jointPain severity, circadian patterns of pain, location of pain, and details of functional disability(ies) interfering with activities of daily living (preparing meals, dressing, driving)
	• Prior therapies/treatments tried, failed, or contraindicated; include the dates, duration, and reason for discontinuation
	Physician's treatment plan, including pre-op discussion
	For revision surgery, also include:
	<ul> <li>Details of complication</li> </ul>
	<ul> <li>Complete (staged) surgical plan</li> </ul>

\*For code descriptions, refer to the <u>Applicable Codes</u> section.

# **Applicable Codes**

The following list(s) of procedure and/or diagnosis codes is provided for reference purposes only and may not be all inclusive. Listing of a code in this policy does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by the member specific benefit plan document and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Guidelines may apply.

CPT Code	Description		
Arthroscopy, Sur	Arthroscopy, Surgical, Elbow		
29830	Arthroscopy, elbow, diagnostic, with or without synovial biopsy (separate procedure)		
29834	Arthroscopy, elbow, surgical; with removal of loose body or foreign body		
29835	Arthroscopy, elbow, surgical; synovectomy, partial		
29836	Arthroscopy, elbow, surgical; synovectomy, complete		
29837	Arthroscopy, elbow, surgical; debridement, limited		
29838	Arthroscopy, elbow, surgical; debridement, extensive		
Arthroplasty, Joi	Arthroplasty, Joint Replacement, Elbow		
24360	Arthroplasty, elbow; with membrane (e.g., fascial)		
24361	Arthroplasty, elbow; with distal humeral prosthetic replacement		
24362	Arthroplasty, elbow; with implant and fascia lata ligament reconstruction		
24363	Arthroplasty, elbow; with distal humerus and proximal ulnar prosthetic replacement (e.g., total elbow)		
24365	Arthroplasty, radial head		

CPT Code	Description
Arthroplasty, Joint Replacement, Elbow	
24366	Arthroplasty, radial head; with implant
24370	Revision of total elbow arthroplasty, including allograft when performed; humeral or ulnar component
24371	Revision of total elbow arthroplasty, including allograft when performed; humeral and ulnar component
	CPT <sup>®</sup> is a registered trademark of the American Medical Association

## U.S. Food and Drug Administration (FDA)

This section is to be used for informational purposes only. FDA approval alone is not a basis for coverage.

Surgeries of the elbow are procedures and, therefore, not regulated by the FDA. However, devices and instruments used during the surgery may require FDA approval. Refer to the following website for additional information: <a href="http://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfPMN/pmn.cfm">http://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfPMN/pmn.cfm</a>. (Accessed July 14, 2023)

#### **Policy History/Revision Information**

Date	Summary of Changes
12/01/2023	<ul> <li>Related Policies</li> <li>Updated reference link to the Medicare Advantange Coverage Summary titled <i>Joint Procedures</i> to reflect title change</li> </ul>
11/01/2023	<ul> <li>Documentation Requirements</li> <li>Updated list of required clinical information; replaced "prior therapies/treatments tried, failed, or contraindicated; include the dates and reason for discontinuation" with "prior therapies/treatments tried, failed, or contraindicated; include the dates, <i>duration</i>, and reason for discontinuation"</li> <li>Supporting Information         <ul> <li>Archived previous policy version 2023T0551W</li> </ul> </li> </ul>

### **Instructions for Use**

This Medical Policy provides assistance in interpreting UnitedHealthcare standard benefit plans. When deciding coverage, the member specific benefit plan document must be referenced as the terms of the member specific benefit plan may differ from the standard plan. In the event of a conflict, the member specific benefit plan document governs. Before using this policy, please check the member specific benefit plan document and any applicable federal or state mandates. UnitedHealthcare reserves the right to modify its Policies and Guidelines as necessary. This Medical Policy is provided for informational purposes. It does not constitute medical advice.

This Medical Policy may also be applied to Medicare Advantage plans in certain instances. In the absence of a Medicare National Coverage Determination (NCD), Local Coverage Determination (LCD), or other Medicare coverage guidance, CMS allows a Medicare Advantage Organization (MAO) to create its own coverage determinations, using objective evidence-based rationale relying on authoritative evidence (Medicare IOM Pub. No. 100-16, Ch. 4, §90.5).

UnitedHealthcare may also use tools developed by third parties, such as the InterQual<sup>®</sup> criteria, to assist us in administering health benefits. UnitedHealthcare Medical Policies are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.