

UnitedHealthcare® Community Plan Coverage Determination Guideline

DURABLE MEDICAL EQUIPMENT, ORTHOTICS, OSTOMY SUPPLIES, MEDICAL SUPPLIES AND REPAIRS/REPLACEMENTS (FOR TENNESSEE ONLY)

Guideline Number: CS032TN.P Effective Date: October 1, 2019

Instructions for Use (i)

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Related Community Plan Policies

- Attended Polysomnography For Evaluation of Sleep Disorders
- Continuous Glucose Monitoring and Insulin Delivery for Managing Diabetes
- Cochlear Implants
- <u>Electrical and Ultrasound Bone Growth Stimulators</u>
- <u>Electrical Stimulation for the Treatment of Pain and</u>
 Muscle Rehabilitation
- Hearing Aids and Devices Including Wearable, Bone-Anchored and Semi-Implantable
- High Frequency Chest Wall Compression Devices
- Home Traction Therapy
- Mechanical Stretching Devices
- Motorized Spinal Traction
- Obstructive Sleep Apnea Treatment
- Omnibus Codes
- Plagiocephaly and Craniosynostosis Treatment
- Pneumatic Compression Devices
- Prosthetic Devices, Specialized, Microprocessor or Myoelectric Limbs
- Supply Policy

Commercial Policy

<u>Durable Medical Equipment, Orthotics, Ostomy Supplies, Medical Supplies and Repairs/Replacements</u>

Medicare Advantage Coverage Summary

<u>Durable Medical Equipment (DME), Prosthetics,</u>
 <u>Corrective Appliances/Orthotics (Non-Foot</u>
 <u>Orthotics) and Medical Supplies Grid</u>

APPLICATION

This Coverage Determination Guideline applies to Medicaid only plans in the state of Tennessee.

COVERAGE RATIONALE

Indications for Coverage

Durable Medical Equipment (DME), related supplies, and orthotics are covered when Medically Necessary and the following requirements are met:

 Medicare National Coverage Determination (NCD), CMS DME MAC Local Coverage Determination (LCD), Local Coverage Article (LCA), or other Medicare coverage guidance criteria are met (see link below); and

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Effective 10/01/2019

- Consistent with the state definition of DME and/or Orthotic; and
- Ordered by a physician; and
- The item is not otherwise excluded from coverage

In the absence of a Community Plan <u>related policy</u> above, UnitedHealthcare Community Plan uses available criteria from the <u>DME MAC</u>.

Breast Pumps

Breast pumps may be covered. Refer to the federal, state or contractual requirements for coverage.

Contact Lenses & Scieral Bandages (Shells)

Contact lenses or scleral shells that are used to treat an injury or disease (e.g., corneal abrasion, keratoconus or severe dry eye) are not considered DME and may be covered as a therapeutic service. Please check the federal, state or contractual requirements for coverage.

Cranial Remolding Orthosis

Cranial molding helmets (cranial remolding orthosis, billed with S1040) used to facilitate a successful post-surgical outcome are covered. For all indications, refer to the Medical Policy titled <u>Plagiocephaly and Craniosynostosis</u> <u>Treatment</u>.

Note: A protective helmet (HCPCS code A8000–A8004) is not a cranial remolding device. It is considered a safety device worn to prevent injury to the head rather than a device needed for active treatment.

Enteral Pumps

Enteral pumps are covered as DME, even when the enteral nutrition formula is not covered. Please check the federal, state or contractual requirements for coverage.

Implanted Devices

Any device, appliance, pump, machine, stimulator, or monitor that is fully implanted into the body is not covered as DME. (If covered, the device is covered as part of the surgical service.)

Note: Cochlear Implant Benefit Clarification: If benefits exist for a cochlear implant, the external components (i.e., speech processor, microphone, and transmitter coil) are considered under the DME benefit, and the implantable components are considered under the medical-surgical benefit. Reference the federal, state or contractual requirements to determine if there are DME benefits for repair or replacement of external components.

Insulin Pumps

Insulin pumps are considered DME. For state specific information on mandated coverage of diabetes supplies, reference the federal, state or contractual requirements.

Lymphedema Stockings for the Arm

Lymphedema stockings for the arm are covered on an unlimited basis as to number of items and dollar amounts covered consistent with the requirements of the Women's Health and Cancer Rights Act (WHCRA) of 1998.

Medical Supplies

Medical Supplies that are used with covered DME are covered when the supply is necessary for the effective use of the item/device (e.g., oxygen tubing or mask, batteries for power wheelchairs and prosthetics, or tubing for a delivery pump). Other supplies must be identified for coverage by the federal, state or contractual requirements (e.g., incontinence supplies).

Mobility Devices

Mobility Devices include manual wheelchairs, electric wheelchairs, transfer chair, or scooters/power-operated vehicles (POV). Reference the federal, state or contractual requirements for coverage.

Proof of the home evaluation is not required at the time of prior authorization. The on-site home evaluation can be
performed prior to, or at the time of, delivery of a power Mobility Device. The written report of the home
evaluation must be available on request post-delivery.

Oral Appliances

Oral appliances for snoring are excluded.

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Coverage may be provided for oral appliances (prefabricated or custom fabricated) for sleep apnea (HCPCS E0485 and E0486). Reference the federal, state or contractual requirements for coverage. Also, reference the Medical Policy titled Obstructive Sleep Apnea Treatment.

- A letter of referral or prescription to the dentist for the appliance must be received from the treating physician;
- A polysomnography must be completed documenting Obstructive Sleep Apnea

Orthotic Braces

Orthotic braces that stabilize an injured body part and braces to treat curvature of the spine are considered DME. Examples of orthotic braces include but are not limited to:

- Thoracic-lumbar-sacral orthotic (TLSO)
- Lumbar-sacral orthotic (LSO)
- Knee orthotics (KO)
- Ankle Foot Orthotic (AFO)
- · Necessary adjustments to shoes to accommodate braces

Note: There are specific codes that are defined by HCPCS as orthotics that UnitedHealthcare covers as DME.

Ostomy Supplies

Ostomy Supplies are limited to the following:

- Pouches, face plates and belts
- · Irrigation sleeves, bags and ostomy irrigation catheters
- Skin barriers

Benefits are not available for deodorants, filters, lubricants, tape, appliance cleaners, adhesive, adhesive remover, or other items not listed above. Reference the federal, state or contractual requirements for coverage.

Repair and Replacement

Repair and replacement of DME is covered when the member has a DME benefit and any of the following:

- The repairs, including the replacement of essential accessories, such as hoses, tubes, mouth pieces, etc., for necessary DME are covered when necessary to make the item/device serviceable
- The physician provides documentation that the condition of the member changes (e.g., impaired function necessitates an upgrade to an electric wheelchair from a manual one)
- Routine wear on the equipment renders it non-functional and the member still requires the equipment
 - Vendors/manufacturers are responsible for repairs, replacements, and maintenance for rented equipment and for purchased equipment covered by warranty
 - Coverage includes DME obtained in a physician's office, DME vendor, or any other provider authorized to provide/dispense DME
- Replacement of DME is for the same or similar type of equipment
- Unless otherwise stated, DME has a Reasonable Useful Lifetime (RUL) of 5 years
- Pediatric equipment should allow room for growth with 3 inches of depth and width available for adjustments

Repair or replacement of DME is not covered for the following:

- Repairs, replacements and maintenance for items/devices required during a rental period or a Maintenance & Service agreement. These are the contractual responsibility of the item/device provider.
- Replacement and repairs of items are required due to malicious damage, neglect or abuse.

Equipment Upgrades

- A change in the member's medical condition and equipment needs requires the same documentation as a new request
- Equipment upgrades are equivalent to a new service

Speech Generating Devices

Speech Generating Devices are covered as DME when:

- The device(s) are not explicitly excluded from coverage (refer to the federal, state or contractual requirements);
- The treating physician determines that the member suffers from severe speech impairment (impediment); and
- The medical condition warrants the use of a device based upon the definitions below

The physician attestation must be consistent with and based upon the recommendation of a qualified speech and language pathologist. The speech and language pathology evaluation must reach all of the following conclusions:

• The member's medical condition is one resulting in a severe expressive speech impairment;

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- The member's speaking needs cannot be met using natural communication methods;
- Other forms of treatment have been attempted or considered and ruled out. Examples of a Speech Generating
 Device include but are not limited to:
 - Dvnavox
 - o Freedom
 - o Say-it!™

Note: Reference the federal, state or contractual requirements for coverage of Speech Generating Devices.

Trachea-Esophageal and Voice Aid Prosthetics

Trachea-esophageal prosthetics and voice aid prosthetics are covered as DME.

Ventilators and Respiratory Assist Devices

For adult or pediatric members, home ventilators are:

- Not covered for non-life-threatening conditions
- Not covered when used as respiratory assist devices (RAD)

Regardless of the member's age, any type of ventilator would not be eligible for reimbursement for any of the conditions described in the <u>DME Medicare Administrative Contracts (DME MAC) RAD</u> criteria even though the ventilator may have the capability of operating in a bi-level PAP (E0470, E0471) mode.

- Claims for ventilators, such as Trilogy mechanical ventilators (E0465, E0466), used for the treatment of conditions
 described in the <u>DME MAC RAD</u> criteria are not covered. Bi-level PAP devices (E0470, E0471) are considered as
 medically necessary in those clinical scenarios.
- The conditions that qualify for use of a RAD are not life-threatening conditions where interruption of respiratory support would quickly lead to serious harm or death.
- Ventilators must not be billed using codes for CPAP (E0601) or bi-level PAP (E0470, E0471, E0472). The use of CPAP or bi-level PAP HCPCS codes to bill a ventilator is incorrect coding, even if the ventilator is only being used in CPAP or bi-level mode.

PAP Therapy

Note: For the evaluation of PAP therapy, hypopnea is defined as an abnormal respiratory event lasting at least 10 seconds associated with at least a 30% reduction in airflow and with at least a 3% decrease in oxygen saturation from pre-event baseline or the event is associated with an arousal (AASM Scoring Manual, 2017).

Coverage Limitations and Exclusions

When more than one piece of DME can meet the member's functional needs, benefits are available only for the item that meets the minimum specifications for member needs. Examples include but are not limited to:

- Standard electric wheelchair vs. custom wheelchair
- Standard bed vs semi-electric bed vs fully electric or flotation system
 - This limitation is intended to exclude coverage for deluxe or additional components of a DME item which are not necessary to meet the member's minimal specifications to treat an Injury or Sickness.

Unless identified for coverage by the federal, state or contractual requirements, the following are excluded from coverage:

- Additional accessories to DME items or devices which are primarily for the comfort or convenience of the member are not covered. Examples include but are not limited to:
 - o Air conditioners
 - Air purifiers and filters
 - o Batteries for non-medical equipment (e.g., flashlights, smoke detectors, telephones, watches, weight scales)
 - Humidifiers
 - Remodeling or modification to home or vehicle to accommodate DME or patient condition (e.g., Ramps, stair lifts and stair glides, wheelchair lifts, bathroom modifications, door modifications)
- Dental braces unless identified for coverage by the federal, state or contractual requirements
- Devices and computers to assist in communication and speech. However, see Indications for Coverage for information on Speech Generating Devices.
- Devices used specifically as safety items or to affect performance in sports-related activities.
- Diagnostic or monitoring equipment purchased for home use unless unless identified for coverage by the federal, state or contractual requiremen (e.g., blood pressure monitor, oximeters).
- Elastic splints, sleeves or bandages are not covered, unless identified for coverage by the federal, state or contractual requirements (e.g., sleeve used in conjunction with a lymphedema pump or bandages used with complex decongestive therapy).
- Oral appliances for snoring. See Indications for Coverage for oral appliances for sleep apnea.

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- Personal Care, Comfort and Convenience items and supplies unless identified for coverage by the state contract or state guidelines.
- Powered and non-powered exoskeleton devices.
- Prescribed or non-prescribed publicly available devices, software applications and/or monitors that can be used for non-medical purposes (e.g., smart phone applications, software applications).
- Replacement of items due to malicious damage, neglect or abuse.
- Replacement of lost or stolen items.
- Routine periodic maintenance (e.g., testing, cleaning, regulating and checking of equipment) for which the owner
 or vendor is generally responsible.
- The following items and supplies are not covered:
 - o Items and supplies that are not Medically Necessary
 - Medical Supplies (except those described above under Indications for Coverage). This includes, but is not limited to bandages, gauze, dressings, cotton balls and alcohol wipes.
 - Ostomy Supplies unless identified for coverage by federal, state or contractual requirements. See Indications for Coverage.
- The following items are excluded even if prescribed by a physician unless identified for coverage by the federal, state or contractual requirements
 - Blood pressure cuff/monitor
 - Enuresis alarm
 - o Non-wearable external defibrillator
 - o Trusses or girdle
 - Ultrasonic nebulizers
- Upgrade or replacement of DME when the existing equipment is still functional is not covered. Please refer to Repair/Replacement section.

DEFINITIONS

Please check the federal, state or contractual definitions that supersede the definitions below.

Durable Medical Equipment (DME): Medical equipment that is all of the following:

- Can withstand repeated use
- Is generally not useful to a person in the absence of a sickness, injury or their symptoms
- Is not disposable
- Is not implantable within the body
- Is used to serve a medical purpose with respect to treatment of a sickness, injury or their symptoms
- Meets the state definition of DME

Injury: Damage to the body, including all related conditions and symptoms.

Medical Supplies: Expendable items required for care related to a medical illness or dysfunction.

Medically Necessary: Health Care Services that are all of the following as determined by us or our designee:

- In accordance with Generally Accepted Standards of Medical Practice
- Clinically appropriate, in terms of type, frequency, extent, service site and duration, and considered effective for your Sickness, Injury, Mental Illness, substance-related and addictive disorders, disease or its symptoms
- Not mainly for your convenience or that of your doctor or other health care provider
- Not more costly than an alternative drug, service(s), service site or supply that is at least as likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or treatment of your Sickness, Injury, disease or symptoms

Mental Illness: Those mental health or psychiatric diagnostic categories that are listed in the current edition of the International Classification of Diseases section on Mental and Behavioral Disorders or Diagnostic and Statistical Manual of the American Psychiatric Association. The fact that a condition is listed in the current edition of the International Classification of Diseases section on Mental and Behavioral Disorders or Diagnostic and Statistical Manual of the American Psychiatric Association does not mean that treatment for the condition is a Covered Health Care Service.

Mobility Device: A manual wheelchair, electric wheelchair, transfer chair, scooter, gait trainer, walker, crutch or cane.

Reasonable Useful Lifetime: RUL is the expected minimum lifespan for the item. It starts on the initial date of service and runs for the defined length of time. The default RUL for durable medical equipment is established pursuant

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to Medicare requirements at 5 years. RUL is also applied to other non-DME items such as orthoses and prostheses. RUL is not applied to supply items.

Sickness: Physical illness, disease or Pregnancy. The term Sickness as used in this Certificate includes Mental Illness or substance-related and addictive disorders, regardless of the cause or origin of the Mental Illness or substance-related and addictive disorder.

Speech Generating Device: Speech Generating Devices are characterized by the following:

- Are of use only by an individual who has severe speech impairment
- May be software that allows a laptop computer, desktop computer or personal digital assistant (PDA) to function as a Speech Generating Device
- May have digitized speech output, using pre-recorded messages, greater than 8 minutes recording time
- May have digitized speech output, using pre-recorded messages, less than or equal to 8 minutes recording time
- May have synthesized speech output, which permits multiple methods of message formulation and multiple methods of device access
- May have synthesized speech output, which requires message formulation by spelling and device access by physical contact with the device-direct selection techniques

Speech Generating Devices are not:

- Devices that are capable of running software for purposes other than for speech generation, e.g., devices that can also run a word processing package, an accounting program, or perform other non-medical function
- Laptop computers, desktop computers, or PDAs which may be programmed to perform the same function as a Speech Generating Device
- Useful to someone without severe speech impairment

Women's Health and Cancer Rights Act of 1998, § 713 (a): "In general - a group health plan, and a health insurance issuer providing health insurance coverage in connection with a group health plan, that provides medical and surgical benefits with respect to a Mastectomy shall provide, in case of a participant or beneficiary who is receiving benefits in connection with a Mastectomy and who elects breast reconstruction in connection with such Mastectomy, coverage for (1) reconstruction of the breast on which the Mastectomy has been performed; (2) surgery and reconstruction of the other breast to produce symmetrical appearance; and (3) prostheses and physical complications all stages of Mastectomy, including lymphedemas in a manner determined in consultation with the attending physician and the patient."

APPLICABLE CODES

UnitedHealthcare has adopted the requirements and intent of the National Correct Coding Initiative. The Centers for Medicare & Medicaid Services (CMS) has contracted with Palmetto to manage Pricing, Data and Coding (PDAC) for Durable Medical Equipment, Prosthetics, Orthotics and Supplies (DMEPOS). This notice is to confirm UnitedHealthcare has established the PDAC as its definitive source for correct coding and coding clarification.

REFERENCES

Centers for Disease Control and Prevention. https://www.cdc.gov/growthcharts/clinical_charts.htm. Accessed July 15, 2019.

Centers for Medicare and Medicaid Services (CMS), "Correct Coding and Coverage of Ventilators" dated January 11, 2019; available at https://www.dmepdac.com/palmetto/PDAC.nsf/DID/40YYZRE0B0. Accessed January 18, 2019.

Centers for Medicare and Medicaid Services (CMS). Medicare Benefit Policy Manual, Pub. 100-2, Chapter 14, §10, Coverage of Medical Devices.

Centers for Medicare and Medicaid Services (CMS). Medicare Benefit Policy Manual, Pub. 100-2, Chapter 15, §110 Durable Medical Equipment – General.

Centers for Medicare and Medicaid Services (CMS). Medicare Benefit Policy Manual, Pub. 100-2, Chapter 15, §110.4 Repairs, Maintenance, Replacement, and Delivery.

Centers for Medicare and Medicaid Services (CMS). Medicare National Coverage Determinations Manual (Pub. 100-3), Chapter 1, Part 4 (Sections 200 – 310.1), § 280.

Medical and Surgical Supplies Coverage Determinations Medicare Coverage Issues Manual, Pub. 6, §60-9.

Noridian Healthcare Solutions. https://med.noridianmedicare.com/web/jddme/article-detail/-/view/2230703/reasonable-useful-lifetime-and-duplicate-items-billing-reminder. Accessed July 16, 2019.

State Medicaid contracts.

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or any other provider authorized to provide/dispense DME Replacement of DME is for the same or similar type of equipment Unless otherwise stated, DME has a Reasonable Useful Lifetime (RUL) of years Pediatric equipment should allow room for growth with 3 inches of deption and width available for adjustments Equipment Upgrades Removed language indicating:			
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Mental IllnessReasonable Useful Lifetime	Date	 Coverage includes DME obtained in a physician's office, DME vendor or any other provider authorized to provide/dispense DME Replacement of DME is for the same or similar type of equipment Unless otherwise stated, DME has a Reasonable Useful Lifetime (RUL) of 5 years Pediatric equipment should allow room for growth with 3 inches of depth and width available for adjustments Equipment Upgrades Removed language indicating: Repairs of DME are for like components of the primary device which are necessary to restore its function Replacement of DME is for the same or similar type of equipment Definitions Replaced instruction to "check the definitions within the member benefit plan document that supersede the definitions [listed in the policy]" with "check the federal, state or contractual definitions that supersede the definitions [listed in the policy]" Added definition of: Injury Medically Necessary Mental Illness Reasonable Useful Lifetime 	f h
o Sickness			
 Supporting Information Updated References section to reflect the most current information Archived previous policy version CS032TN.O 		 Updated References section to reflect the most current information 	

INSTRUCTIONS FOR USE

This Coverage Determination Guideline provides assistance in interpreting UnitedHealthcare standard benefit plans. When deciding coverage, the federal, state or contractual requirements for benefit plan coverage must be referenced as the terms of the federal, state or contractual requirements for benefit plan coverage may differ from the standard benefit plan. In the event of a conflict, the federal, state or contractual requirements for benefit plan coverage govern. Before using this guideline, please check the federal, state or contractual requirements for benefit plan coverage. UnitedHealthcare reserves the right to modify its Policies and Guidelines as necessary. This Coverage Determination Guideline is provided for informational purposes. It does not constitute medical advice.

UnitedHealthcare may also use tools developed by third parties, such as the MCG™ Care Guidelines, to assist us in administering health benefits. The UnitedHealthcare Coverage Determination Guidelines are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.