

#### UnitedHealthcare® Community Plan Medical Policy

# **Breast Reduction Surgery (for Kansas Only)**

Policy Number: CS012KS.02 Effective Date: July 1, 2025

Instructions for Use

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#### **Related Policies**

- Breast Reconstruction (for Kansas Only)
- Cosmetic and Reconstructive Procedures (for Kansas Only)
- Gender Dysphoria Treatment (for Kansas Only)
- Gynecomastia Surgery (for Kansas Only)

### **Application**

This Medical Policy only applies to the state of Kansas.

# Coverage Rationale

Breast reduction surgery is considered reconstructive and medically necessary in certain circumstances.

For medical necessity clinical coverage criteria, refer to the InterQual® CP: Procedures:

- Reduction Mammaplasty, Female
- Reduction Mammaplasty, Female, Adolescent

Click here to view the InterQual® criteria.

**Note**: For reduction mammaplasty related to gynecomastia, refer to the Medical Policy titled <u>Gynecomastia Surgery (for Kansas Only)</u>.

# **Applicable Codes**

The following list(s) of procedure and/or diagnosis codes is provided for reference purposes only and may not be all inclusive. Listing of a code in this policy does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by federal, state, or contractual requirements and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Guidelines may apply.

CPT Code		Description
19318	Breast reduction	
	CF	T® is a registered trademark of the American Medical Association

Diagnosis Code	Description	
N62	Hypertrophy of breast	
N65.1	Disproportion of reconstructed breast	

## **Policy History/Revision Information**

Date	Summary of Changes	
07/01/2025	Related Policies and Applicable Codes	
	<ul> <li>Removed reference link to the Medical Policy titled Panniculectomy and Body Contouring Procedures (for Kansas Only)</li> </ul>	
	Supporting Information	
	Archived previous policy version CS012KS.01	

#### **Instructions for Use**

This Medical Policy provides assistance in interpreting UnitedHealthcare standard benefit plans. When deciding coverage, the federal, state, or contractual requirements for benefit plan coverage must be referenced as the terms of the federal, state, or contractual requirements for benefit plan coverage may differ from the standard benefit plan. In the event of a conflict, the federal, state, or contractual requirements for benefit plan coverage govern. Before using this policy, please check the federal, state, or contractual requirements for benefit plan coverage. UnitedHealthcare reserves the right to modify its policies and guidelines as necessary. This Medical Policy is provided for informational purposes. It does not constitute medical advice.

UnitedHealthcare uses InterQual® for the primary medical/surgical criteria, and the American Society of Addiction Medicine (ASAM) criteria for substance use disorder (SUD) services, in administering health benefits. If InterQual® does not have applicable criteria, UnitedHealthcare may also use UnitedHealthcare Medical Policies that have been approved by the Kansas Department of Health and Environment. The UnitedHealthcare Medical Policies are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.