

# Surgery of the Hand or Wrist (for Kentucky Only)

**Policy Number:** CS343KY.07  
**Effective Date:** November 1, 2024

[➔ Instructions for Use](#)

| Table of Contents   | Page |
|---|------|
| <a href="#">Application</a> .....                         | 1    |
| <a href="#">Coverage Rationale</a> .....                  | 1    |
| <a href="#">Applicable Codes</a> .....                    | 1    |
| <a href="#">U.S. Food and Drug Administration</a> .....   | 2    |
| <a href="#">Policy History/Revision Information</a> ..... | 2    |
| <a href="#">Instructions for Use</a> .....                | 2    |

| Related Policies |
|------------------|
| None             |

## Application

This Medical Policy only applies to the state of Kentucky.

## Coverage Rationale

**Surgery of the hand or wrist is proven and medically necessary in certain circumstances.** For medical necessity clinical coverage criteria, refer to the InterQual® CP: Procedures:

- Arthroplasty, Carpometacarpal (CMC) Joint, Thumb
- Arthroplasty, Metacarpophalangeal (MCP) Joint, Digits
- Arthroplasty, Proximal Interphalangeal (PIP) Joint, Fingers
- Arthroscopy or Arthroscopically Assisted Surgery, Wrist
- Arthroscopy, Diagnostic, +/-Synovial Biopsy, Wrist
- Joint Replacement, Wrist
- Removal or Revision, Arthroplasty, Wrist

[Click here to view the InterQual® criteria.](#)

## Applicable Codes

The following list(s) of procedure and/or diagnosis codes is provided for reference purposes only and may not be all inclusive. Listing of a code in this policy does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by the member specific benefit plan document and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Guidelines may apply.

| CPT Code | Description  |
|----------|--|
| 25441    | Arthroplasty with prosthetic replacement; distal radius  |
| 25442    | Arthroplasty with prosthetic replacement; distal ulna  |
| 25443    | Arthroplasty with prosthetic replacement; scaphoid carpal (navicular)                              |
| 25444    | Arthroplasty with prosthetic replacement; lunate   |
| 25445    | Arthroplasty with prosthetic replacement; trapezium  |
| 25446    | Arthroplasty with prosthetic replacement; distal radius and partial or entire carpus (total wrist) |
| 25449    | Revision of arthroplasty, including removal of implant, wrist joint                                |
| 26530    | Arthroplasty, metacarpophalangeal joint; each joint  |

| CPT Code | Description  |
|----------|--|
| 26531    | Arthroplasty, metacarpophalangeal joint; with prosthetic implant, each joint                               |
| 26535    | Arthroplasty, interphalangeal joint; each joint  |
| 26536    | Arthroplasty, interphalangeal joint; with prosthetic implant, each joint                                   |
| 29840    | Arthroscopy, wrist, diagnostic, with or without synovial biopsy (separate procedure)                       |
| 29843    | Arthroscopy, wrist, surgical; for infection, lavage and drainage   |
| 29844    | Arthroscopy, wrist, surgical; synovectomy, partial   |
| 29845    | Arthroscopy, wrist, surgical; synovectomy, complete  |
| 29846    | Arthroscopy, wrist, surgical; excision and/or repair of triangular fibrocartilage and/or joint debridement |
| 29847    | Arthroscopy, wrist, surgical; internal fixation for fracture or instability                                |

CPT® is a registered trademark of the American Medical Association

## U.S. Food and Drug Administration (FDA)

This section is to be used for informational purposes only. FDA approval alone is not a basis for coverage.

Surgeries of the hand or wrist are procedures and, therefore, not regulated by the FDA. However, devices and instruments used during the surgery may require FDA approval. Refer to the following website for additional information: <http://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfPMN/pmn.cfm>. (Accessed March 4, 2024)

## Policy History/Revision Information

| Date       | Summary of Changes   |
|------------|--|
| 11/01/2024 | <p><b>Applicable Codes</b></p> <ul style="list-style-type: none"> <li>Removed CPT code 25280</li> </ul> <p><b>Supporting Information</b></p> <ul style="list-style-type: none"> <li>Archived previous policy version CS343KY.06</li> </ul> |

## Instructions for Use

This Medical Policy provides assistance in interpreting UnitedHealthcare standard benefit plans. When deciding coverage, the federal, state, or contractual requirements for benefit plan coverage must be referenced as the terms of the federal, state, or contractual requirements for benefit plan coverage may differ from the standard benefit plan. In the event of a conflict, the federal, state, or contractual requirements for benefit plan coverage govern. Before using this policy, please check the federal, state, or contractual requirements for benefit plan coverage. UnitedHealthcare reserves the right to modify its Policies and Guidelines as necessary. This Medical Policy is provided for informational purposes. It does not constitute medical advice.

UnitedHealthcare uses InterQual® for the primary medical/surgical criteria, and the American Society of Addiction Medicine (ASAM) for substance use, in administering health benefits. If InterQual® does not have applicable criteria, UnitedHealthcare may also use UnitedHealthcare Medical Policies, Coverage Determination Guidelines, and/or Utilization Review Guidelines that have been approved by the Kentucky Department for Medicaid Services. The UnitedHealthcare Medical Policies, Coverage Determination Guidelines, and Utilization Review Guidelines are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.