

Chemotherapy Observation or Inpatient Hospitalization (for New Jersey Only)

Guideline Number: CS198NJ.D
Effective Date: August 1, 2022

[➔ Instructions for Use](#)

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Related Policy

- [Durable Medical Equipment, Orthotics, Medical Supplies and Repairs/Replacements \(for New Jersey Only\)](#)

Application

This Utilization Review Guideline only applies to the state of New Jersey.

Coverage Rationale

Most cancer chemotherapies can be administered safely and effectively in a physician office or through home healthcare services. However, because of the risk of certain toxicities or individual comorbidities, some cancer chemotherapy may be administered either in a facility observation or inpatient unit.

This guideline does not apply to individuals under 18 years of age.

An inpatient stay is medically necessary for drug regimens that require inpatient monitoring or complex administration over multiple days:

Regimen	Drugs	Cancer Type	Factors contributing to the need for inpatient stay:
EPOCH or DA-EPOCH or R-EPOCH	<ul style="list-style-type: none"> • Etoposide 50 mg/m²/day continuous infusion on days 1 to 4 • Prednisone • Vincristine (Oncovine) IV days 1-4 • Cyclophosphamide 750 mg/m² IV on day 5 • Doxorubicin (Hydroxydaunorubicin) 10 mg/m²/day continuous infusion on days 1-4 • With or without Rituximab 	Lymphoma	Coordination of multiple infusions or multiple drugs over 96 hours
ESHAP or R-ESHAP	<ul style="list-style-type: none"> • Etoposide 40 mg/m²/day continuous infusion on days 1 to 4 • Methylprednisolone (solumedrol) • Cytarabine (“High-dose Ara-c”) 2g/m² • Cisplatin (platinol) 25mg/m continuous infusion days 1-4 • With or without Rituximab 	Lymphoma	<ul style="list-style-type: none"> • Coordination of multiple infusions or multiple drugs over 96 hours • Monitor for CNS toxicity with cytarabine

Regimen	Drugs	Cancer Type	Factors contributing to the need for inpatient stay:
Interleukin 2 infusion	Interleukin 2 600,000 IU/kg IV every 8 hours for up to 14 consecutive doses over 5 days	Melanoma Renal Cell Cancer	<ul style="list-style-type: none"> Continuous cardiac monitoring Close monitoring of serum electrolytes, creatinine, bilirubin, urine output Vasopressor support with dopamine Proximity to intensive care unit
High dose Ifosphamide	Ifosphamide infusion > 1g/m ² /day	Sarcoma	<ul style="list-style-type: none"> Close monitoring of serum electrolytes and urine pH Replacement of electrolytes Alkalinization of urine
High dose methotrexate with leucovorin rescue	<ul style="list-style-type: none"> Methotrexate dose at > 500 mg/m² Leucovorin 15 mg every 6 hours for eight doses beginning 12 hours after the completion of methotrexate infusion, and increased to 50 mg IV every 6 hours if methotrexate levels are >20 µmol/L at 0 hour, are >1.0 µmol/L at 24 hours, or are >0.1 µmol/L at 48 hours after the end of methotrexate infusion, until levels are <0.1 µmol/L plus 	Lymphoma Sarcoma	Close monitoring of serum methotrexate levels
Hyper-CVAD	<ul style="list-style-type: none"> Cycles 1, 3, 5, and 7 (3-4 weeks between cycles): Cyclophosphamide 300 mg/m² IV over 2 hours every 12 hours for 6 doses Mesna 600 mg/m²/day continuous infusion on days 1-3, starting 1 hour before cyclophosphamide Vincristine Doxorubicin 50 mg/m² IV on day 4 Dexamethasone Cycles 2, 4, 6, and 8 (3-4 weeks between cycles): Methotrexate 200 mg/m² IV over 2 hours followed by 800 mg/m² IV over 22 hours on day 1 plus Cytarabine 3 g/m² (1 g/m² for patients older than 60 years) IV over 2 hours every 12 hours for four doses starting on day 2 Leucovorin 15 mg every 6 hours for eight doses beginning 12 hours after the completion of methotrexate infusion, and increased to 50 mg IV every 6 hours if methotrexate levels are >20 µmol/L at 0 hour, are >1.0 µmol/L at 24 hours, or are >0.1 µmol/L at 48 hours after the end of methotrexate infusion, until levels are <0.1 µmol/L plus Methylprednisolone 50 mg 	Lymphoma Leukemia	<ul style="list-style-type: none"> Coordination of multiple infusions or multiple drugs over 96 hours Bladder irrigation with cyclophosphamide Close monitoring of serum methotrexate levels

The following are clinical conditions or complications of cancer chemotherapy which may require an observation stay:

- Known hypersensitivity reactions from previous infusion
- Congestive heart failure or chronic renal failure requiring high volume fluid infusions
- Transcatheter arterial chemoembolization (TACE) or intra-arterial chemotherapy infusion
- Comorbidities
- Cancer chemotherapy administered during a hospitalization for an unrelated problem

The following are clinical conditions which require an inpatient hospital stay:

- Acute leukemia
- Intra-arterial infusion of chemotherapy
- Prophylaxis of tumor lysis syndrome in cases of high grade lymphoma with large masses
- Comorbidities

Conditions requiring observation or inpatient hospital treatment other than those noted above will be reviewed on a case-by-case basis.

For medical necessity clinical coverage criteria, in these instances refer to the InterQual® LOC: Acute Adult Hematology/Oncology: Chemotherapy.

Click [here](#) to view the InterQual® criteria.

Additional Review Points

- A written protocol will be expected to be followed by the provider administering the chemotherapy drug
- Any requests for an extension of the inpatient stay beyond the recommended day(s) must be clinically reviewed

Definitions

Observation Care: Well-defined set of specific, clinically appropriate services, which include ongoing short-term treatment, assessment, and reassessment before a decision can be made regarding whether an individual will require further treatment as a hospital inpatient or if they are able to be discharged. (CMS Medicare)

TACE (Transcatheter Arterial Chemoembolization): This procedure is one form of treatment for primary or secondary liver neoplasms. Various chemotherapy drugs are administered through a catheter into the feeding artery of a tumor in the liver, the drugs can include Adriamycin, Cisplatinum, etc. This procedure is performed by an interventional radiologist usually at a hospital radiology suite and requested by a radiologist or a radiology department.

References

Chemocare (Cleveland Clinic Foundation). <https://chemocare.com/chemotherapy/drug-info/interleukin-2.aspx> Accessed December 14, 2021.

Drugs at FDA. <http://www.accessdata.fda.gov/scripts/cder/daf/>. Accessed December 14, 2021.

Medicare Benefit Policy Manual, Chapter 6 – Hospital Services Covered under Part B, section 20.6 – Outpatient Observation Services, A. Outpatient Observation Services Defined. <http://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/bp102c06.pdf>. Accessed December 14, 2021.

Guideline History/Revision Information

Date	Summary of Changes
08/01/2022	<p>Related Policies</p> <ul style="list-style-type: none">● Removed reference link to the Utilization Review Guideline titled <i>Elective Inpatient Services (for New Jersey Only)</i> <p>Coverage Rationale</p> <ul style="list-style-type: none">● Updated list of clinical conditions or complications of cancer chemotherapy which may require an observation stay; replaced “comorbidities <i>that require an observation or overnight stay</i>” with “comorbidities” <p>Definitions</p> <ul style="list-style-type: none">● Added definition of:<ul style="list-style-type: none">○ Observation Care○ TACE (Transcatheter Arterial Chemoembolization)

Date	Summary of Changes
	<p data-bbox="337 138 639 170">Supporting Information</p> <ul data-bbox="337 176 1138 233" style="list-style-type: none"> <li data-bbox="337 176 1138 203">• Updated <i>References</i> section to reflect the most current information <li data-bbox="337 207 889 233">• Archived previous policy version CS198NJ.C

Instructions for Use

This Utilization Review Guideline provides assistance in interpreting UnitedHealthcare standard benefit plans. When deciding coverage, the federal, state or contractual requirements for benefit plan coverage must be referenced as the terms of the federal, state or contractual requirements for benefit plan coverage may differ from the standard benefit plan. In the event of a conflict, the federal, state or contractual requirements for benefit plan coverage govern. Before using this guideline, please check the federal, state or contractual requirements for benefit plan coverage. UnitedHealthcare reserves the right to modify its Policies and Guidelines as necessary. This Utilization Review Guideline is provided for informational purposes. It does not constitute medical advice.

UnitedHealthcare may also use tools developed by third parties, such as the InterQual® criteria, to assist us in administering health benefits. The UnitedHealthcare Utilization Review Guidelines are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.