

UnitedHealthcare[®] Community Plan *Medical Policy*

Outpatient Surgical Procedures – Site of Service

Policy Number: CS143.T Effective Date: August 1, 2025

Instructic	ons fo	or U	se

Table of Contents	Page
Application Coverage Rationale	
Medical Records Documentation Used for Reviews	
Definitions	3
References	
Policy History/Revision Information	
Instructions for Use	4

Related Community Plan Policies

- <u>Cosmetic and Reconstructive Procedures</u>
- Glaucoma Surgical Treatments
- Hysterectomy
- Light and Laser Therapy
- Manipulation Under Anesthesia
- Obstructive and Central Sleep Apnea Treatment
- <u>Occipital Nerve Injections and Ablation (Including</u> Occipital Neuralgia and Headache)
- Oral Surgery: Non-Pathologic Excisional <u>Procedures</u>
- Percutaneous Vertebroplasty and Kyphoplasty
- Sodium Hyaluronate
- Surgery of the Hip
- Surgery of the Knee

Commercial Policy

Outpatient Surgical Procedures – Site of Service

Application

This Medical Policy does not apply to the states listed below; refer to the state-specific policy/guideline, if noted:

State	Policy/Guideline
Idaho	Outpatient Surgical Procedures – Site of Service (for Idaho Only)
Indiana	None
Kansas	None
Kentucky	None
Louisiana	None
Nebraska	None
New Jersey	Outpatient Surgical Procedures – Site of Service (for New Jersey Only)
New Mexico	None
North Carolina	Outpatient Surgical Procedures – Site of Service (for North Carolina Only)
Ohio	Outpatient Surgical Procedures – Site of Service (for Ohio Only)
Pennsylvania	Outpatient Surgical Procedures – Site of Service (for Pennsylvania Only)
Tennessee	Outpatient Surgical Procedures – Site of Service (for Tennessee Only)

Coverage Rationale

UnitedHealthcare members may choose to receive surgical procedures in an ambulatory surgical center (ASC) or other locations. We are conducting site of service medical necessity reviews, however, to determine whether the outpatient hospital department is medically necessary, in accordance with the terms of the member's benefit plan. If the outpatient hospital department is not considered medically necessary, this location will not be covered under the member's plan.

Certain planned surgical procedures performed in a hospital outpatient department are considered medically necessary for an individual who meets any of the following criteria:

- Advanced liver disease (MELD Score > 8)
- Advance surgical planning determines an individual requires overnight recovery and care following a surgical procedure
- Anticipated need for transfusion
- Bleeding disorder requiring replacement factor or blood products or special infusion products to correct a coagulation defect
- Cardiac arrhythmia (symptomatic arrhythmia despite medication)
- Chronic obstructive pulmonary disease (COPD) (FEV1 < 50%)
- Coronary artery disease (CAD)/peripheral vascular disease (PVD) [ongoing cardiac ischemia requiring medical management or recently placed (within 1 year) drug eluting stent]
- Developmental stage or cognitive status warranting use of a hospital outpatient department
- End stage renal disease [(hyperkalemia above reference range) receiving peritoneal or hemodialysis]
- History of cerebrovascular accident (CVA) or transient ischemic attack (TIA) [recent event (< 3 months)]
- History of myocardial infarction (MI) [recent event (< 3 months)]
- Individuals with drug eluting stents (DES) placed within one year or bare metal stents (BMS) or plain angioplasty
 within 90 days unless acetylsalicylic acid and antiplatelet drugs will be continued by agreement of surgeon,
 cardiologist, and anesthesia
- Ongoing evidence of myocardial ischemia
- Poorly Controlled asthma (FEV1 < 80% despite medical management)
- Pregnancy
- Prolonged surgery (> 3 hours)
- Resistant hypertension (<u>Poorly Controlled</u>)
- Severe valvular heart disease
- Sleep apnea [moderate to severe Obstructive Sleep Apnea (OSA)]
- Uncompensated chronic heart failure (CHF) (NYHA class III or IV)
- Uncontrolled diabetes with recurrent diabetic ketoacidosis (DKA) or severe hypoglycemia
- Under 18 years of age, unless otherwise required by federal, state, or contractual requirements

A planned surgical procedure performed in a hospital outpatient department is considered medically necessary if there is an inability to access an ambulatory surgical center for the procedure due to any one of the following:

- An ASC's specific guideline regarding the individual's health conditions or weight that would preclude management of an individual within an ASC setting; or
- There is no geographically accessible ambulatory surgical center that has the necessary equipment for the procedure; examples include, but are not limited to, fluoroscopy, laser, ocular equipment, operating microscope, and nonstandard scopes required to perform specialized procedures (i.e., duodenoscope, ureteroscope)*; or
- There is no geographically accessible ambulatory surgical center available at which the individual's physician has privileges

*Note: This specifically excludes surgeon-preferred or proprietary instruments, instrument sets, or hardware sets.

Planned Surgical Procedures List

Site of service medical necessity reviews will be conducted for certain surgical procedures only when performed in an outpatient hospital setting. For the complete list of surgical procedure codes requiring prior authorization for each state, refer to the <u>UnitedHealthcare Community Plan Prior Authorization List</u>. Accessed April 21, 2025.

Medical Records Documentation Used for Reviews

Benefit coverage for health services is determined by federal, state, or contractual requirements, and applicable laws that may require coverage for a specific service. Medical records documentation may be required to assess whether the member meets the clinical criteria for coverage but does not guarantee coverage of the service requested; refer to the guidelines titled <u>Medical Records Documentation Used for Reviews</u>.

Definitions

Check the definitions within the federal, state, and contractual requirements that supersede the definitions below.

ASA Physical Status Classification System Risk Scoring Tool: The American Society of Anesthesiologists (ASA) physical status classification system was developed to offer clinicians a simple categorization of a patient's physiological status that can be helpful in predicting operative risk. The ASA score is a subjective assessment of a patient's overall health that is based on five classes (ASA, 2020).

Obstructive Sleep Apnea (OSA): The American Academy of Sleep Medicine (AASM) defines OSA as a sleep related breathing disorder that involves a decrease or complete halt in airflow despite an ongoing effort to breathe. OSA severity is defined as:

- Mild for AHI or RDI \geq 5 and < 15
- Moderate for AHI or RDI \geq 15 and \leq 30
- Severe for AHI or RDI > 30/hr (AASM, 2008)

Poorly Controlled: Requiring three or more drugs to control blood pressure (Sheppard, 2017).

References

American Academy of Sleep Medicine (AASM). Obstructive Sleep Apnea. 2008. Available at: <u>https://aasm.org/resources/factsheets/sleepapnea.pdf</u>. Accessed March 25, 2025.

American Heart Association. Classes of Heart Failure. March 1, 1994. Reviewed June 7, 2023.

American Society of Anesthesiologists. (ASA) Physical Status Classification System. December 13, 2020. Accessed March 25, 2025.

American Society of Anesthesiologists. Position Statement for distinguishing monitored anesthesia care ("MAC") from moderate sedation/analgesia (conscious sedation). October 18, 2023.

American Society of Anesthesiologists. Statement on Ambulatory Anesthesia and Surgery. October 17, 2018. Amended October 18, 2023.

American Society of Anesthesiologists. Statement on Patient Care in Anesthesiology. October 13, 2021.

Medicare Claims Processing Manual. Chapter 14 - Ambulatory Surgical Centers.

Practice guidelines for moderate procedural sedation and analgesia 2018: a report by the American Society of Anesthesiologists Task Force on Moderate Procedural Sedation and Analgesia, the American Association of Oral and Maxillofacial Surgeons, American College of Radiology, American Dental Association, American Society of Dentist Anesthesiologists, and Society of Interventional Radiology. Anesthesiology. 2018 Mar;128(3):437-479.

Sheppard JP, Martin U, McManus RJ. Diagnosis and management of resistant hypertension. Heart. 2017 Aug;103(16):1295-1302.

Policy History/Revision Information

Date	Summary of Changes	
08/01/2025	 Medical Records Documentation Used for Reviews Added language to indicate: 	
	 Benefit coverage for health services is determined by the federal, state, or contractual requirements, and applicable laws that may require coverage for a specific service 	

 Outpatient Surgical Procedures – Site of Service
 Page 3 of 4

 UnitedHealthcare Community Plan Medical Policy
 Effective 08/01/2025

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Date	Summary of Changes	
	 Medical records documentation may be required to assess whether the member meets clinical criteria for coverage but does not guarantee coverage of the service requested; to the guidelines titled <u>Medical Records Documentation Used for Reviews</u> 	
	Supporting Information	
	 Updated References section to reflect the most current information 	
	 Archived previous policy version CS143.S 	

Instructions for Use

This Medical Policy provides assistance in interpreting UnitedHealthcare standard benefit plans. When deciding coverage, the federal, state or contractual requirements for benefit plan coverage must be referenced as the terms of the federal, state or contractual requirements for benefit plan coverage may differ from the standard benefit plan. In the event of a conflict, the federal, state or contractual requirements for benefit plan coverage govern. Before using this policy, please check the federal, state or contractual requirements for benefit plan coverage. UnitedHealthcare reserves the right to modify its Policies and Guidelines as necessary. This Medical Policy is provided for informational purposes. It does not constitute medical advice.

UnitedHealthcare may also use tools developed by third parties, such as the InterQual[®] criteria, to assist us in administering health benefits. The UnitedHealthcare Medical Policies are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.