

UnitedHealthcare West Medical Management Guideline Update Bulletin: September 2021

Access a policy listed below for complete details on the latest updates. A comprehensive summary of changes is provided at the bottom of every policy document for your reference. To view a detailed version of this bulletin, click [here](#).

Take Note

Annual ICD-10 Code and Quarterly CPT/HCPCS Code Updates

Effective Oct. 1, 2021, all applicable Medical Management Guidelines will be modified to reflect the annual ICD-10 code and quarterly CPT/HCPCS code additions, revisions, and deletions. Refer to the following sources for information on the code updates:

- [American Medical Association. Current Procedural Terminology: CPT®](#)
- [Centers for Medicare & Medicaid Services \(CMS\) International Classification of Diseases, Tenth Revision \(ICD-10\) Clinical Modification \(CM\) \(Diagnosis\) Codes](#)
- [Centers for Medicare & Medicaid Services \(CMS\) International Classification of Diseases, Tenth Revision \(ICD-10\) Procedure Coding System \(PCS\) Codes](#)
- [Centers for Medicare & Medicaid Services. Healthcare Common Procedure Coding System: HCPCS Level II](#)

Complete details on impacted policies and corresponding code edits will be provided in the October 2021 edition of the Medical Management Guideline Update Bulletin.

InterQual® Clinical Criteria Release: July 2021

Effective Sep. 1, 2021, the following Medical Management Guidelines have been updated to reflect the applicable InterQual® clinical criteria reference(s) associated with the July 2021 Release:

- Catheter Ablation for Atrial Fibrillation
- Surgical Treatment for Spine Pain

Medical Management Guideline Updates

Policy Title	Status	Effective Date
Autologous Cellular Therapy	Updated	Oct. 1, 2021
Breast Imaging for Screening and Diagnosing Cancer	Updated	Oct. 1, 2021
Carrier Testing for Genetic Diseases	Updated	Sep. 1, 2021
Clinical Practice Guidelines	Revised	Sep. 1, 2021
Diagnostic Spinal Ultrasonography	Revised	Oct. 1, 2021
Epiduroscopy, Epidural Lysis of Adhesions and Discography	Revised	Nov. 1, 2021
Functional Endoscopic Sinus Surgery (FESS)	Revised	Nov. 1, 2021
Genetic Testing for Neuromuscular Disorders	Revised	Oct. 1, 2021
Hepatitis Screening	Revised	Oct. 1, 2021
Hysterectomy	Updated	Oct. 1, 2021
Inhaled Nitric Oxide Therapy	Revised	Oct. 1, 2021

Policy Title	Status	Effective Date
Intraoperative Hyperthermic Intraperitoneal Chemotherapy (HIPEC)	Revised	Nov. 1, 2021
Meniscus Implant and Allograft	Updated	Sep. 1, 2021
Neuropsychological Testing under the Medical Benefit	Updated	Sep. 1, 2021
Panniculectomy and Body Contouring Procedures	Revised	Oct. 1, 2021
Preventive Care Services	Revised	Oct. 1, 2021
Rhinoplasty and Other Nasal Surgeries	Updated	Oct. 1, 2021
Spinal Fusion Enhancement Products	Revised	Nov. 1, 2021
Surgery of the Knee	Updated	Sep. 1, 2021

General Information

The inclusion of a health service (e.g., test, drug, device or procedure) in this bulletin indicates only that UnitedHealthcare is adopting a new policy and/or updated, revised, replaced or retired an existing policy; it does not imply that UnitedHealthcare provides coverage for the health service. Note that most benefit plan documents exclude from benefit coverage health services identified as investigational or unproven/not medically necessary. Physicians and other health care professionals may not seek or collect payment from a member for services not covered by the applicable benefit plan unless first obtaining the member's written consent, acknowledging that the service is not covered by the benefit plan and that they will be billed directly for the service.

Note: The absence of a policy does not automatically indicate or imply coverage. As always, coverage for a health service must be determined in accordance with the member's benefit plan and any applicable federal or state regulatory requirements. Additionally, UnitedHealthcare reserves the right to review the clinical evidence supporting the safety and effectiveness of a medical technology prior to rendering a coverage determination.

UnitedHealthcare respects the expertise of the physicians, health care professionals, and their staff who participate in our network. Our goal is to support you and your patients in making the most informed decisions regarding the choice of quality and cost-effective care, and to support practice staff with a simple and predictable administrative experience. The Medical Management Guideline Update Bulletin was developed to share important information regarding UnitedHealthcare West Medical Management Guideline updates. When information in this bulletin conflicts with applicable state and/or federal law, UnitedHealthcare follows such applicable federal and/or state law.

Policy Update Classifications

New

New clinical coverage criteria have been adopted for a health service (e.g., test, drug, device or procedure)

Updated

An existing policy has been reviewed and changes have not been made to the clinical coverage criteria; however, items such as the clinical evidence, FDA information, and/or list(s) of applicable codes may have been updated

Revised

An existing policy has been reviewed and revisions have been made to the clinical coverage criteria

Replaced

An existing policy has been replaced with a new or different policy

Retired

The health service(s) addressed in the policy are no longer being managed or are considered to be proven/medically necessary and are therefore not excluded as unproven/not medically necessary services, unless coverage guidelines or criteria are otherwise documented in another policy



The complete library of UnitedHealthcare West Medical Management Guidelines is available at UHCprovider.com > Policies and Protocols > Commercial Policies > [UnitedHealthcare West Medical Management Guidelines](#).