

UMR Medical Policy Update Bulletin Quick View: April 2025



A list of recently approved, revised, and/or retired Medical Policies and/or Medical Benefit Drug Policies is provided below for your reference. **For a comprehensive summary of the latest updates, refer to the [Medical Policy Update Bulletin: April 2025](#).**

Take Note

Quarterly CPT/HCPCS Code Updates

Effective **Apr. 1, 2025**, all applicable Medical Policies and Medical Benefit Drug Policies have been updated to reflect the quarterly Current Procedural Terminology (CPT®) and Healthcare Common Procedure Coding System (HCPCS) code additions, revisions, and deletions. Refer to the following sources for information on the code updates:

- [American Medical Association: Current Procedural Terminology: CPT®](#)
- [Centers for Medicare & Medicaid Services: Healthcare Common Procedure Coding System \(HCPCS\) Quarterly Update](#)

Refer to the [Medical Policy Update Bulletin: April 2025](#) for a list of impacted policies and corresponding details.

Medical Policy Updates

Policy Title	Status	Effective Date
Ambulance Services	Updated	May 1, 2025
Athletic Pubalgia	Retired	Apr. 1, 2025
Cardiovascular Disease Risk Tests	Revised	May 1, 2025
Category III Codes	Updated	May 1, 2025
Environmental Allergen Immunotherapy	Updated	May 1, 2025
Fecal Microbiota Transplantation	Updated	Apr. 1, 2025
Genitourinary Pathogen Nucleic Acid Detection Testing	Updated	May 1, 2025
Implantable Loop Recorders and Wearable Heart Rhythm Monitors	Revised	May 1, 2025
Infertility Diagnosis, Treatment, and Fertility Preservation	Revised	May 1, 2025
Rhinoplasty and Other Nasal Procedures	Updated	May 1, 2025
Transanal Minimally Invasive Surgical Procedures	Retired	Apr. 1, 2025
Transcatheter Procedures for Heart Valve Conditions	Updated	May 1, 2025
Transpupillary Thermotherapy	Retired	Apr. 1, 2025

Medical Benefit Drug Policy Updates

Policy Title	Status	Effective Date
Amondys 45® (Casimersen)	Revised	May 1, 2025
Complement Inhibitors (PiaSky®, Soliris®, & Ultomiris®)	Updated	Apr. 1, 2025
Enjaymo® (Sutimlimab-Jome)	Updated	Apr. 1, 2025
Exondys 51® (Eteplirsen)	Revised	May 1, 2025
Ketalar® (Ketamine) and Spravato® (Esketamine)	Revised	May 1, 2025

Policy Title	Status	Effective Date
Maximum Dosage and Frequency	Revised	Apr. 1, 2025
Niktimvo™ (Axatilimab-Csfr)	New	May 1, 2025
Omvoh® (Mirikizumab-Mrkz)	Revised	May 1, 2025
Ophthalmologic Vascular Endothelial Growth Factor (VEGF) Inhibitors	Revised	May 1, 2025
Parsabiv® (Etelcalcetide)	Updated	May 1, 2025
Provider Administered Drugs – Site of Care	Revised	Apr. 1, 2025
Provider Administered Drugs – Site of Care	Revised	May 1, 2025
Repository Corticotropin Injections	Revised	May 1, 2025
Tremfya® (Guselkumab)	Revised	May 1, 2025
Viltepso® (Viltolarsen)	Revised	May 1, 2025
Vyondys 53® (Golodirsen)	Revised	May 1, 2025

General Information

The inclusion of a health service (e.g., test, drug, device, or procedure) in this bulletin indicates only that UnitedHealthcare is adopting a new policy and/or updated, revised, replaced, or retired an existing policy; it does not imply that UnitedHealthcare provides coverage for the health service. Note that most benefit plan documents exclude from benefit coverage health services identified as investigational or unproven/not medically necessary. Physicians and other health care professionals may not seek or collect payment from a member for services not covered by the applicable benefit plan unless first obtaining the member's written consent, acknowledging that the service is not covered by the benefit plan and that they will be billed directly for the service.

Note: The absence of a policy does not automatically indicate or imply coverage. As always, coverage for a health service must be determined in accordance with the member's benefit plan and any applicable federal or state regulatory requirements. Additionally, UnitedHealthcare reserves the right to review the clinical evidence supporting the safety and effectiveness of a medical technology prior to rendering a coverage determination.

UnitedHealthcare respects the expertise of the physicians, health care professionals, and their staff who participate in our network. Our goal is to support you and your patients in making the most informed decisions regarding the choice of quality and cost-effective care, and to support practice staff with a simple and predictable administrative experience. The Medical Policy Update Bulletin was developed to share important information regarding changes to our Medical Policies and Medical Benefit Drug Policies. When information in this bulletin conflicts with applicable state and/or federal law, UnitedHealthcare follows such applicable federal and/or state law.

UMR is a wholly owned subsidiary of UnitedHealthcare, a part of UnitedHealth Group. UMR is a third-party administrator (TPA) for self-funded plans.

Policy Update Classifications

New

New clinical coverage criteria have been adopted for a health service (e.g., test, drug, device, or procedure)

Updated

An existing policy has been reviewed and changes have not been made to the clinical coverage criteria; however, items such as the clinical evidence, FDA information, and/or list(s) of applicable codes may have been updated

Revised

An existing policy has been reviewed and revisions have been made to the clinical coverage criteria

Replaced

An existing policy has been replaced with a new or different policy

Retired

The health service(s) addressed in the policy are no longer being managed or are considered to be proven/medically necessary and are therefore not excluded as unproven/not medically necessary services, unless coverage guidelines or criteria are otherwise documented in another policy



The complete library of UMR Medical Policies and Medical Benefit Drug Policies is available at UHCprovider.com/policies > For Commercial Plans > [UnitedHealthcare | UMR Medical & Drug Policies](#).