

UMR

Medical Policy Update Bulletin Quick View: January 2026



A list of recently approved, revised, and/or retired Medical Policies and/or Medical Benefit Drug Policies is provided below for your reference. **For a comprehensive summary of the latest updates, refer to the [Medical Policy Update Bulletin: January 2026](#).**

Take Note

Implementation Delay: Remote Physiologic Monitoring (RPM)

The Medical Policy titled *Remote Physiologic Monitoring (RPM)* will not be effective on Jan. 1, 2026, as previously announced; implementation of the new policy has been postponed until further notice.

Annual CDT/CPT/HCPCS Code Updates

Effective **Jan. 1, 2026**, all applicable Medical Policies and Medical Benefit Drug Policies will be updated to reflect the 2026 Current Dental Terminology (CDT®), Current Procedural Terminology (CPT®), and Healthcare Common Procedure Coding System (HCPCS) code additions, revisions, and deletions. Refer to the following sources for information on the code updates:

- [American Dental Association®. Current Dental Terminology: CDT®](#)
- [American Medical Association: Current Procedural Terminology: CPT®](#)
- [Centers for Medicare & Medicaid Services: Healthcare Common Procedure Coding System \(HCPCS\) Quarterly Update](#)

Refer to the [Medical Policy Update Bulletin: January 2026](#) for a list of impacted policies and corresponding details.

Medical Policy Updates

Policy Title	Status	Effective Date
Breast Imaging for Screening and Diagnosing Cancer	Revised	Feb. 1, 2026
Durable Medical Equipment, Orthotics, Medical Supplies, and Repairs/Replacements	Revised	Feb. 1, 2026
Elective Inpatient Services	Updated	Jan. 1, 2026
Hysterectomy	Updated	Jan. 1, 2026
Percutaneous Patent Foramen Ovale (PFO) Closure	Updated	Jan. 1, 2026
Preventive Care Services	Revised	Jan. 1, 2026
Skin and Soft Tissue Substitutes	Revised	Feb. 1, 2026
Walkers	Replaced	Feb. 1, 2026

Medical Benefit Drug Policy Updates

Policy Title	Status	Effective Date
Cimzia® (Certolizumab Pegol)	Revised	Feb. 1, 2026
Gazyva® (Obinutuzumab)	New	Jan. 1, 2026
Infliximab (Avsola®, Inflectra®, Remicade®, & Renflexis®)	Revised	Feb. 1, 2026
Kisunla™ (Donanemab-Azbt)	Revised	Feb. 1, 2026

Policy Title	Status	Effective Date
Leqembi® (Lecanemab-Irmb)	Revised	Feb. 1, 2026
Respiratory Interleukins (Cinqair®, Fasenra®, & Nucala®)	Revised	Feb. 1, 2026
Tezspire® (Tezepelumab-Ekko)	Revised	Feb. 1, 2026

General Information

The inclusion of a health service (e.g., test, drug, device, or procedure) in this bulletin indicates only that UnitedHealthcare is adopting a new policy and/or updated, revised, replaced, or retired an existing policy; it does not imply that UnitedHealthcare provides coverage for the health service. Note that most benefit plan documents exclude from benefit coverage health services identified as investigational or unproven/not medically necessary. Physicians and other health care professionals may not seek or collect payment from a member for services not covered by the applicable benefit plan unless first obtaining the member's written consent, acknowledging that the service is not covered by the benefit plan and that they will be billed directly for the service.

Note: The absence of a policy does not automatically indicate or imply coverage. As always, coverage for a health service must be determined in accordance with the member's benefit plan and any applicable federal or state regulatory requirements. Additionally, UnitedHealthcare reserves the right to review the clinical evidence supporting the safety and effectiveness of a medical technology prior to rendering a coverage determination.

UnitedHealthcare respects the expertise of the physicians, health care professionals, and their staff who participate in our network. Our goal is to support you and your patients in making the most informed decisions regarding the choice of quality and cost-effective care, and to support practice staff with a simple and predictable administrative experience. The Medical Policy Update Bulletin was developed to share important information regarding changes to our Medical Policies and Medical Benefit Drug Policies. When information in this bulletin conflicts with applicable state and/or federal law, UnitedHealthcare follows such applicable federal and/or state law.

UMR is a wholly owned subsidiary of UnitedHealthcare, a part of UnitedHealth Group. UMR is a third-party administrator (TPA) for self-funded plans.

Policy Update Classifications

New

New clinical coverage criteria have been adopted for a health service (e.g., test, drug, device, or procedure)

Updated

An existing policy has been reviewed and changes have not been made to the clinical coverage criteria; however, items such as the clinical evidence, FDA information, and/or list(s) of applicable codes may have been updated

Revised

An existing policy has been reviewed and revisions have been made to the clinical coverage criteria

Replaced

An existing policy has been replaced with a new or different policy

Retired

The health service(s) addressed in the policy are no longer being managed or are considered to be proven/medically necessary and are therefore not excluded as unproven/not medically necessary services, unless coverage guidelines or criteria are otherwise documented in another policy



The complete library of UMR Medical Policies and Medical Benefit Drug Policies is available at UHCprovider.com/policies > For Commercial Plans > [UnitedHealthcare](#) | [UMR Medical & Drug Policies](#).