

Attention Deficit Hyperactivity Disorder (ADHD)

Policy Number: BIP009.I
Effective Date: August 1, 2021

[Instructions for Use](#)

Table of Contents	Page
Federal/State Mandated Regulations	1
State Market Plan Enhancements	1
Covered Benefits	1
Not Covered	2
Definitions	2
Policy History/Revision Information	2
Instructions for Use	2

Related Benefit Interpretation Policies
• Developmental Delay and Learning Disabilities
• Inpatient and Outpatient Mental Health
• Pervasive Developmental Disorder and Autism Spectrum Disorder
• Rehabilitation Services Physical, Occupational, and Speech Therapy

Federal/State Mandated Regulations

California Health and Safety Code Section §1374.72 – Mental Health Parity Law
<https://codes.findlaw.com/ca/health-and-safety-code/hsc-sect-1374-72.html>

State Market Plan Enhancements

The member may have additional mental health coverage as required by State Mental Health Parity Law through UnitedHealthcare of California or designee. Refer to the Benefit Interpretation Policy titled [Inpatient and Outpatient Mental Health](#).

Covered Benefits

Important Note: Covered benefits are listed in *Federal/State Mandated Regulations*, *State Market Plan Enhancements*, and *Covered Benefits* sections. Always refer to the *Federal/State Mandated Regulations* and *State Market Plan Enhancements* sections for additional covered services/benefits not listed in this section.

Note: Refer to the member's Evidence of Coverage (EOC)/Schedule of Benefit (SOB) to determine coverage eligibility

- Medical Management of Attention Deficit/Hyperactivity Disorder (ADHD) by the member's pediatrician or PCP including the diagnostic evaluation and laboratory monitoring of prescribed drugs.
- Referral for consultation and evaluation of individuals with suspected complex developmental and/or behavioral problems for confirmation of diagnosis.
- Treatment of any underlying coexistent medical condition (e.g., Tourette's Syndrome, seizure disorder), based on medical necessity.
- Behavior Modification may be covered. Refer to the member's Evidence of Coverage (EOC) for terms and conditions of coverage.
- Family Counseling may be covered. Refer to the member's Evidence of Coverage (EOC) for terms and conditions of coverage.

Refer to the Benefit Interpretation Policies titled [Pervasive Developmental Disorder and Autism Spectrum Disorder](#), [Developmental Delay and Learning Disabilities](#), [Inpatient and Outpatient Mental Health](#), and [Rehabilitation Services \(Physical, Occupational, and Speech Therapy\)](#).

Not Covered

Prescription drugs, unless the member has the outpatient supplemental prescription drug benefit.

Definitions

Attention Deficit Hyperactivity Disorder (ADHD): A brain disorder marked by an ongoing pattern of inattention and/or hyperactivity. Impulsive behavior that interferes with functioning or development.

Behavior Modification: Used in a behavioral program to designate methods for conditioning behavior by joining a behavior with a reinforcement to reward the person if they implement a desired behavior or if they stop undesired behavior. It can also involve setting goals for desired behavior; goals are specific, measurable, attainable, and age and developmental stage appropriate.

Learning Disability: A condition where there is a meaningful difference between a person's current level of learning ability and the level that would be expected for a person of that age.

Policy History/Revision Information

Date	Summary of Changes
08/01/2021	Federal/State Mandated Regulations <ul style="list-style-type: none">Added reference link to <i>California Health and Safety Code Section 1374.72</i> Supporting Information <ul style="list-style-type: none">Archived previous policy version BIP009.H

Instructions for Use

Covered benefits are listed in three (3) sections: *Federal/State Mandated Regulations*, *State Market Plan Enhancements*, and *Covered Benefits*. All services must be medically necessary. Each benefit plan contains its own specific provisions for coverage, limitations, and exclusions as stated in the member's Evidence of Coverage (EOC)/Schedule of Benefits (SOB). If there is a discrepancy between this policy and the member's EOC/SOB, the member's EOC/SOB provision will govern.