

# Biofeedback

**Policy Number:** BIP014.L  
**Effective Date:** October 1, 2024

[Instructions for Use](#)

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Related Benefit Interpretation Policy
<ul style="list-style-type: none"> <li>Acquired Brain Injury Services</li> </ul>

## Federal/State Mandated Regulations

None

## State Market Plan Enhancements

In addition to the covered benefits listed in the *Covered Benefits* section, some members may have additional biofeedback benefits. Refer to the member’s Evidence of Coverage (EOC)/Schedule of Benefits (SOB) or contact the Customer Service Department to determine coverage eligibility.

## Covered Benefits

**Important Note:** Covered benefits are listed in *Federal/State Mandated Regulations*, *State Market Plan Enhancements*, and *Covered Benefits* sections. Always refer to the *Federal/State Mandated Regulations* and *State Market Plan Enhancements* sections for additional covered services/benefits not listed in this section.

### Oklahoma, Texas, and Washington

Medically necessary biofeedback is covered for members with organic muscular impairment when provided as part of an authorized treatment plan for the treatment of:

- Urinary incontinence
- Fecal incontinence or constipation
- Dysfunctional Voiding Syndrome with urinary retention in children

### Oregon

Biofeedback to treat urinary incontinence and migraine headaches. Coverage is limited to a maximum of ten (10) treatments per lifetime.

### Texas

In addition to coverage for biofeedback for the treatment of urinary incontinence, fecal incontinence, or constipation, Texas members also have coverage for biofeedback services for a person with an acquired brain injury. Refer to Benefit Interpretation Policy titled [Acquired Brain Injury Services](#) for additional information.

## Not Covered

Biofeedback services are **not covered** for conditions other than those listed above in *State Market Plan Enhancements* and *Covered Benefits* sections.

## Definitions

**Dysfunctional Voiding Syndrome:** A voiding disorder characterized by dyssynergic striated sphincteric (bladder muscle) activity in the absence of a proven neurological etiology.

## References

Sinha S. Dysfunctional voiding: A review of the terminology, presentation, evaluation and management in children and adults. *Indian J Urol.* 2011 Oct;27(4):437-47. doi: 10.4103/0970-1591.91429. PMID: 22279306; PMCID: PMC3263208.

## Policy History/Revision Information

Date	State(s) Affected	Summary of Changes
10/01/2024	All	<b>Not Covered</b> <ul style="list-style-type: none"><li>Replaced language indicating “biofeedback services are not covered for conditions other than those listed in the <i>State Market Plan Enhancements</i> and <i>Covered Benefits</i> sections [of the policy] including use of home biofeedback therapy” with “biofeedback services are not covered for conditions other than those listed in the <i>State Market Plan Enhancements</i> and <i>Covered Benefits</i> sections [of the policy]”</li></ul> <b>Supporting Information</b> <ul style="list-style-type: none"><li>Archived previous policy version BIP014.K</li></ul>
	Oklahoma, Texas, & Washington	<b>Covered Benefits</b> <b><i>Oklahoma, Texas, and Washington</i></b> <ul style="list-style-type: none"><li>Revised language to indicate medically necessary biofeedback is covered for members with organic neuromuscular impairment when provided as part of an authorized treatment plan for the treatment of:<ul style="list-style-type: none"><li>Urinary incontinence</li><li>Fecal incontinence or constipation</li><li>Dysfunctional Voiding Syndrome with urinary retention in children</li></ul></li></ul>

## Instructions for Use

Covered benefits are listed in three (3) sections: *Federal/State Mandated Regulations*, *State Market Plan Enhancements*, and *Covered Benefits*. All services must be medically necessary. Each benefit plan contains its own specific provisions for coverage, limitations, and exclusions as stated in the member’s Evidence of Coverage (EOC)/Schedule of Benefits (SOB). If there is a discrepancy between this policy and the member’s EOC/SOB, the member’s EOC/SOB provision will govern.