

Foot Care and Podiatry Services

Policy Number: BIP070.L
Effective Date: April 1, 2024

[Instructions for Use](#)

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| Related Benefit Interpretation Policies |
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| <ul style="list-style-type: none"> Diabetic Management, Services and Supplies Shoes and Foot Orthotics |

Federal/State Mandated Regulations

None

State Market Plan Enhancements

None

Covered Benefits

Important Note: Covered benefits are listed in *Federal/State Mandated Regulations*, *State Market Plan Enhancements*, and *Covered Benefits* sections. Always refer to the *Federal/State Mandated Regulations* and *State Market Plan Enhancements* sections for additional covered services/benefits not listed in this section.

Medically necessary foot care when criteria are met.

Routine Foot Care

Routine foot care, which is normally excluded from coverage, is covered for the following (CMS: 2003):

- **Service performed as a necessary and integral part of otherwise covered services such as:**
 - Diagnosis and treatment of ulcers, wounds, or infections
- **The presence of a systemic condition** such as metabolic, neurologic or peripheral vascular conditions that may require scrupulous foot care by a professional that in the absence of such condition(s) would be considered routine (and, therefore, excluded from coverage). Accordingly, foot care that would otherwise be considered routine may be covered when systemic condition(s) result in severe circulatory embarrassment or areas of diminished sensation in the individual's legs or feet.
 In these instances, certain foot care procedures that otherwise are considered routine (e.g., cutting or removing corns and calluses, or trimming, cutting, clipping, or debriding nails) may pose a hazard when performed by a nonprofessional person on members with such systemic conditions.
- **Treatment of warts** (including plantar warts) on the foot is covered to the same extent as services provided for the treatment of warts located elsewhere on the body.
- **Mycotic nails:** In the absence of a systemic condition, treatment of mycotic nails may be covered, when the following criteria are met:
 - Ambulatory member
 - There is clinical evidence of mycosis of the toenail, and
 - The member has marked limitation of ambulation, pain, or secondary infection resulting from the thickening and dystrophy of the infected toenail plate.

- Non-ambulatory member
 - There is clinical evidence of mycosis of the toenail, and
 - The member suffers from pain or secondary infection resulting from the thickening and dystrophy of the infected toenail plate.

Foot Examination

Refer to *Diabetes* in the Benefit Interpretation Policy titled [Diabetic Management, Services and Supplies](#).

Not Covered

- Routine foot care is excluded from coverage except as described in the *Covered Benefits* section or included as a supplemental benefit.
Examples include but are not limited to the following:
 - Cutting or removal of corns and calluses;
 - Trimming, cutting, clipping, or debriding of nails; and
 - Other hygienic and preventive maintenance care, such as cleaning and soaking the feet, the use of skin creams to maintain skin tone of either ambulatory or bedfast members, and any other service performed
- Services or devices directed toward the care or correction of flat foot conditions
- Surgical or nonsurgical treatments undertaken for the sole purpose of correcting a subluxated structure in the foot
- Cosmetic surgery of the foot solely to improve appearance
- Medications given for a purpose other than the treatment of a particular condition, illness or injury, including cosmetic purposes, are not covered

References

Medicare Benefit Policy Manual (Pub. 100-2), Chapter 15, § 290 Foot Care; Revised; Available at <https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/bp102c15.pdf> Accessed January 2024.

Policy History/Revision Information

| Date | State(s) Affected | Summary of Changes |
|------------|-------------------|---|
| 01/01/2025 | All | <p>Template Update</p> <ul style="list-style-type: none"> ● Modified font style; no change to policy content <p>Related Policies</p> <ul style="list-style-type: none"> ● Removed reference link to the Medical Management Guideline titled <i>Clinical Practice Guidelines</i> (retired May 1, 2024) |
| 04/01/2024 | All | <p>Covered Benefits</p> <p>Routine Foot Care</p> <ul style="list-style-type: none"> ● Removed language indicating treatment of fungal (mycotic) infection of the nail is limited to no more than once every 60 days unless medical documentation supports the need for more visits <p>Not Covered</p> <ul style="list-style-type: none"> ● Revised list of non-covered services; removed “vitamin B-12 injections to strengthen tendons, ligaments, etc., of the foot” <p>Supporting Information</p> <ul style="list-style-type: none"> ● Updated <i>References</i> section to reflect the most current information ● Removed <i>Definitions</i> section ● Archived previous policy version BIP070.K |

Instructions for Use

Covered benefits are listed in three (3) sections: *Federal/State Mandated Regulations*, *State Market Plan Enhancements*, and *Covered Benefits*. All services must be medically necessary. Each benefit plan contains its own specific provisions for coverage, limitations, and exclusions as stated in the member’s Evidence of Coverage (EOC)/Schedule of Benefits (SOB). If there is a discrepancy between this policy and the member’s EOC/SOB, the member’s EOC/SOB provision will govern.