

# Clinical Practice Guidelines

**Guideline Number:** MMG174.L  
**Effective Date:** October 1, 2023

[Instructions for Use](#)

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| Related Medical Management Guideline   |
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| <ul style="list-style-type: none"> <li><a href="#">Preventive Care Services</a></li> </ul> |
| Related Benefit Interpretation Policy  |
| <ul style="list-style-type: none"> <li>Family Planning: Infertility Services</li> </ul>    |

## Clinical Practice Guidelines

| Clinical Practice Guideline                    | Description  |
|--|--|
| Asthma   | <p><i>Global Initiative for Asthma (GINA)</i></p> <ul style="list-style-type: none"> <li>2022 Global Initiative for Asthma (GINA)<br/> <a href="https://ginasthma.org/">https://ginasthma.org/</a></li> </ul> <p><i>National Asthma Education and Prevention Program (NAEPP)</i></p> <ul style="list-style-type: none"> <li>2007 National Asthma Education and Prevention Program (NAEPP) Expert Panel Report 3 Guidelines for the Diagnosis and Management of Asthma<br/> <a href="https://www.nlm.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma">https://www.nlm.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma</a></li> <li>2020 Focused Updates to the NAEPP Asthma Management Guidelines<br/> <a href="https://www.nlm.nih.gov/sites/default/files/publications/AsthmaManagementGuidelinesReport-2-4-21.pdf">https://www.nlm.nih.gov/sites/default/files/publications/AsthmaManagementGuidelinesReport-2-4-21.pdf</a></li> </ul> |
| Atrial Fibrillation                            | <p><i>American Heart Association/American College of Cardiology/Heart Rhythm Society</i></p> <ul style="list-style-type: none"> <li>2014 AHA/ACC/HRS Guideline for the Management of Patients with Atrial Fibrillation<br/> <a href="https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000041">https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000041</a></li> <li>2019 AHA/ACC/HRS Focused Update of the 2014 AHA/ACC/HRS Guideline for the Management of Patients with Atrial Fibrillation<br/> <a href="https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000665">https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000665</a></li> </ul>   |
| Behavioral Health Clinical Practice Guidelines | <p><i>American Academy of Child and Adolescent Psychiatry (AACAP)</i></p> <ul style="list-style-type: none"> <li>Assessment and Treatment of Children and Adolescents with Anxiety Disorders (2020)<br/> <a href="https://www.providerexpress.com/content/ope-provexpr/us/en/clinical-resources/guidelines-policies/cpg.html">https://www.providerexpress.com/content/ope-provexpr/us/en/clinical-resources/guidelines-policies/cpg.html</a></li> <li>Assessment and Treatment of Children and Adolescents With Major and Persistent Depressive Disorders (2022)</li> <li>Autism (2014)</li> <li>Child and Adolescent Behavioral Health Care in Community Systems of Care (2022)</li> <li>Collaborative Mental Health Care for Children and Adolescents in Pediatric Primary Care (2022)</li> <li>Eating Disorders (2015)</li> <li>Principles of Care for Treatment of Children and Adolescents with Mental Illness in Residential Treatment Centers (2010)</li> </ul>           |

| Clinical Practice Guideline  | Description  |
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| Behavioral Health Clinical Practice Guidelines<br><i>(continued)</i> | <ul style="list-style-type: none"> <li>• Reactive Attachment Disorders (2016)<br/><i>American Academy of Family Physicians (AAFP)</i></li> <li>• Initial Evaluation, Diagnosis and Treatment of Anorexia Nervosa and Bulimia Nervosa (2015)<br/><i>American Academy of Pediatrics (AAP)</i></li> <li>• Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents (2019)</li> <li>• Identification, Evaluation, and Management of Children with Autism Spectrum Disorder (2020)</li> <li>• Identification and Management of Eating Disorders in Children and Adolescents (2021)<br/><i>American Psychiatric Association (APA)</i></li> <li>• Pharmacological Treatment of Patients With Alcohol Use Disorder (2018)</li> <li>• Psychiatric Evaluation of Adults (2015)</li> <li>• Treatment of Patients with Schizophrenia (2021)</li> <li>• Use of Antipsychotics to Treat Agitation or Psychosis in Patients With Dementia (2016)<br/><i>American Psychological Association (APA)</i></li> <li>• Evaluation of Dementia and Age-Related Cognitive Change (2021)</li> <li>• Psychological Assessment and Evaluation (2020)</li> <li>• Treatment of Depression Across Three Age Cohorts (2019)</li> <li>• Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (2017)<br/><i>American Society of Addiction Medicine (ASAM)</i></li> <li>• Alcohol Withdrawal Management (2020)</li> <li>• Treatment of Opioid Use Disorder (2020)<br/><i>Substance Abuse and Mental Health Services Administration (SAMHSA)</i></li> <li>• Guidance on Strategies to Promote Best Practice in Antipsychotic Prescribing for Children and Adolescents (2019)</li> <li>• National Guidelines for Behavioral Health Crisis Care Toolkit (2020)</li> <li>• Prevention and Treatment of Anxiety, Depression and Suicidal Thoughts and Behaviors Among College Students (2021)</li> <li>• Psychosocial Interventions for Older Adults with Serious Mental Illness (2021)</li> <li>• Treatment for Suicidal Ideation, Self-Harm and Suicide Attempts Among Youth (2020)</li> <li>• Treatment Improvement Protocol 63: Medications for Opioid Use Disorder (2020 Update)<br/><i>U.S. Department of Veterans Affairs/Department of Defense (VA/DoD)</i></li> <li>• Assessment and Management of Patients at Risk for Suicide (2019)</li> <li>• Major Depressive Disorder (2022)</li> <li>• Posttraumatic Stress Disorder (PTSD) (2017)</li> <li>• Substance Use Disorder (2021)<br/><i>World Federation of Societies of Biological Psychiatry (WFSBP)</i></li> <li>• Pharmacological Treatment of Eating Disorders (2011)<br/><i>World Professional Association for Transgender Health</i></li> <li>• Standards of Care for the Health of Transgender and Gender Diverse People, version 8 (2022)</li> </ul> |
| Cardiovascular Disease: Primary Prevention                           | <i>American College of Cardiology/American Heart Association (ACC/AHA)</i> <ul style="list-style-type: none"> <li>• 2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease<br/><a href="https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000678">https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000678</a></li> </ul>  |

| Clinical Practice Guideline             | Description   |
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| Cervical Cancer Screening               | <p><i>U.S. Preventive Services Task Force (USPSTF)</i></p> <ul style="list-style-type: none"> <li>2018 Cervical Cancer: Screening - Final Recommendation Statement<br/> <a href="https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/cervical-cancer-screening">https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/cervical-cancer-screening</a></li> </ul>  |
| Chest Pain                              | <p><i>American Heart Association/American College of Cardiology et al.</i></p> <ul style="list-style-type: none"> <li>2021 AHA/ACC/AASE/CHEST/SAEM/SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain<br/> <a href="https://www.ahajournals.org/doi/epdf/10.1161/CIR.0000000000001029">https://www.ahajournals.org/doi/epdf/10.1161/CIR.0000000000001029</a></li> </ul>   |
| Cholesterol Management                  | <p><i>American College of Cardiology/American Heart Association et al.</i></p> <ul style="list-style-type: none"> <li>2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA /PCNA Guideline on the Management of High Blood Cholesterol<br/> <a href="https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000625">https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000625</a></li> </ul>   |
| Chronic Coronary Disease                | <p><i>American College of Cardiology/American Heart Association et al.</i></p> <ul style="list-style-type: none"> <li>2023 AHA/ACC/ACCP/ ASPC/NLA/PCNA Guideline for the Management of Patients With Chronic Coronary Disease: A Report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines <ul style="list-style-type: none"> <li><a href="https://www.jacc.org/doi/10.1016/j.jacc.2023.04.003?_ga=2.201653333.553129078.1690479359-76485217.1690479359">https://www.jacc.org/doi/10.1016/j.jacc.2023.04.003?_ga=2.201653333.553129078.1690479359-76485217.1690479359</a></li> <li><a href="https://www.jacc.org/doi/full/10.1016/j.jacc.2023.06.006">https://www.jacc.org/doi/full/10.1016/j.jacc.2023.06.006</a></li> <li><a href="https://www.acc.org/Latest-in-Cardiology/ten-points-to-remember/2023/07/17/19/06/2023-guideline-for-chronic-coronary-disease-gl-ccd">https://www.acc.org/Latest-in-Cardiology/ten-points-to-remember/2023/07/17/19/06/2023-guideline-for-chronic-coronary-disease-gl-ccd</a></li> <li><a href="https://www.acc.org/education-and-meetings/image-and-slide-gallery/media-detail?id=1E862207FFA74D9A98E00492AEF785A2">https://www.acc.org/education-and-meetings/image-and-slide-gallery/media-detail?id=1E862207FFA74D9A98E00492AEF785A2</a></li> </ul> </li> </ul> |
| Chronic Obstructive Lung Disease (COPD) | <p><i>Global Initiative for Chronic Obstructive Lung Disease (GOLD)</i></p> <ul style="list-style-type: none"> <li>2023 Global Strategy for the Diagnosis, Management and Prevention of COPD <ul style="list-style-type: none"> <li><a href="https://goldcopd.org/wp-content/uploads/2022/12/KEY-CHANGES-GOLD-2023-2.pdf">https://goldcopd.org/wp-content/uploads/2022/12/KEY-CHANGES-GOLD-2023-2.pdf</a></li> <li><a href="https://goldcopd.org/wp-content/uploads/2022/12/KEY-CHANGES-GOLD-2023-2.pdf">https://goldcopd.org/wp-content/uploads/2022/12/KEY-CHANGES-GOLD-2023-2.pdf</a></li> </ul> </li> </ul>   |
| Coronavirus Disease 2019 (COVID-19)     | <p><i>National Institutes of Health</i></p> <ul style="list-style-type: none"> <li>Coronavirus Disease 2019 (COVID-19) Treatment Guidelines<br/> <a href="https://www.covid19treatmentguidelines.nih.gov/">https://www.covid19treatmentguidelines.nih.gov/</a></li> </ul>   |
| Dementia                                | <p><i>American Psychiatric Association</i></p> <ul style="list-style-type: none"> <li>Treatment of Patients with Alzheimer’s Disease and Other Dementias, 2nd edition (2007)<br/> <a href="https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/alzheimers.pdf">https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/alzheimers.pdf</a></li> <li>Guideline Watch (October 2014)<br/> <a href="http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/alzheimerwatch.pdf">http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/alzheimerwatch.pdf</a></li> </ul>   |
| Diabetes                                | <p><i>American Diabetes Association</i></p> <ul style="list-style-type: none"> <li>2023 Standards of Medical Care in Diabetes <ul style="list-style-type: none"> <li><a href="https://diabetesjournals.org/care/issue/46/Supplement_1">https://diabetesjournals.org/care/issue/46/Supplement_1</a></li> <li><a href="https://diabetesjournals.org/care/article/46/Supplement_1/S5/148048/Summary-of-Revisions-Standards-of-Care-in-Diabetes">https://diabetesjournals.org/care/article/46/Supplement_1/S5/148048/Summary-of-Revisions-Standards-of-Care-in-Diabetes</a></li> </ul> </li> </ul>  |
| Dietary Guidelines                      | <p><i>U.S. Departments of Agriculture (USDA) and Health and Human Services (HHS)</i></p> <ul style="list-style-type: none"> <li>Dietary Guidelines for Americans, 2020-2025, Ninth Edition<br/> <a href="https://www.dietaryguidelines.gov/sites/default/files/2021-03/Dietary_Guidelines_for_Americans-2020-2025.pdf">https://www.dietaryguidelines.gov/sites/default/files/2021-03/Dietary_Guidelines_for_Americans-2020-2025.pdf</a></li> </ul>  |

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| Disabilities                       | <p><i>American Psychological Association</i></p> <ul style="list-style-type: none"> <li>2022 Guidelines for Assessment and Intervention with Persons with Disabilities<br/><a href="https://www.apa.org/about/policy/guidelines-assessment-intervention-disabilities.pdf">https://www.apa.org/about/policy/guidelines-assessment-intervention-disabilities.pdf</a></li> </ul>   |
| Heart Failure                      | <p><i>American College of Cardiology/American Heart Association/Heart Failure Society of America</i></p> <ul style="list-style-type: none"> <li>2022 ACC/AHA/HFSA Guideline for the Management of Heart Failure<br/><a href="https://www.ahajournals.org/doi/epdf/10.1161/CIR.0000000000001063">https://www.ahajournals.org/doi/epdf/10.1161/CIR.0000000000001063</a></li> </ul>  |
| Hemophilia                         | <p><i>World Federation of Hemophilia</i></p> <ul style="list-style-type: none"> <li>Guidelines for the Management of Hemophilia, 3rd edition (2020)<br/><a href="https://www1.wfh.org/publications/files/pdf-1863.pdf">https://www1.wfh.org/publications/files/pdf-1863.pdf</a></li> </ul>  |
| Human Immunodeficiency Virus (HIV) | <p><i>U.S. Department of Health and Human Services</i></p> <ul style="list-style-type: none"> <li>Clinical Info: Guidelines for the Prevention and Treatment of Opportunistic Infections in Adults and Adolescents with HIV<br/><a href="https://clinicalinfo.hiv.gov/sites/default/files/guidelines/documents/adult-adolescent-oi/guidelines-adult-adolescent-oi.pdf">https://clinicalinfo.hiv.gov/sites/default/files/guidelines/documents/adult-adolescent-oi/guidelines-adult-adolescent-oi.pdf</a></li> <li>Clinical Info: Guidelines for the Use of Antiretroviral Agents in Adults and Adolescents with HIV<br/><a href="https://clinicalinfo.hiv.gov/sites/default/files/guidelines/documents/adult-adolescent-arv/guidelines-adult-adolescent-arv.pdf">https://clinicalinfo.hiv.gov/sites/default/files/guidelines/documents/adult-adolescent-arv/guidelines-adult-adolescent-arv.pdf</a></li> </ul> |
| Hypertension                       | <p><i>American College of Cardiology/American Heart Association et al.</i></p> <ul style="list-style-type: none"> <li>2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults<br/><a href="https://www.ahajournals.org/doi/epub/10.1161/HYP.0000000000000065">https://www.ahajournals.org/doi/epub/10.1161/HYP.0000000000000065</a></li> </ul>   |
| Infertility                        | <p><i>Fertility Solutions Infertility Clinical Performance and Medical Necessity Guidelines</i></p> <ul style="list-style-type: none"> <li><a href="https://www.uhcprovider.com/content/dam/provider/docs/public/policies/clinical-guidelines/fertility-solutions-medical-necessity-clinical-guideline-infertility.pdf">https://www.uhcprovider.com/content/dam/provider/docs/public/policies/clinical-guidelines/fertility-solutions-medical-necessity-clinical-guideline-infertility.pdf</a></li> </ul>   |
| Kidney Disease                     | <p><i>National Kidney Foundation</i></p> <ul style="list-style-type: none"> <li>National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)<sup>™</sup><br/><a href="https://www.kidney.org/professionals/guidelines">https://www.kidney.org/professionals/guidelines</a></li> </ul>  |
| NCCN Drugs and Biologic Compendium | <p><i>National Comprehensive Cancer Network</i></p> <ul style="list-style-type: none"> <li>NCCN Drugs &amp; Biologics Compendium<sup>®</sup><br/><a href="https://www.nccn.org/compendia-templates/compendia/drugs-and-biologics-compendia">https://www.nccn.org/compendia-templates/compendia/drugs-and-biologics-compendia</a></li> <li>NCCN Guidelines<sup>®</sup><br/><a href="https://www.nccn.org/">https://www.nccn.org/</a></li> </ul>  |
| Obesity                            | <p><i>U.S. Department of Veterans Affairs/Department of Defense</i></p> <ul style="list-style-type: none"> <li>2020 VA/DoD Clinical Practice Guideline for the Management of Adult Overweight and Obesity<br/><a href="https://www.healthquality.va.gov/guidelines/CD/obesity/VADoDObesityCPGFinal5087242020.pdf">https://www.healthquality.va.gov/guidelines/CD/obesity/VADoDObesityCPGFinal5087242020.pdf</a></li> </ul> <p><i>American Academy of Pediatrics</i></p> <ul style="list-style-type: none"> <li>Bright Futures, 4th edition, 2017, Guidelines for Health Supervision of Infants, Children, and Adolescents, Promoting Healthy Weight - p. 151<br/><a href="https://downloads.aap.org/AAP/PDF/Bright%20Futures/BF4_HealthyWeight.pdf">https://downloads.aap.org/AAP/PDF/Bright%20Futures/BF4_HealthyWeight.pdf</a></li> </ul>   |
| Physical Activity                  | <p><i>U.S. Department of Health and Human Services</i></p> <ul style="list-style-type: none"> <li>2018 Physical Activity Guidelines for Americans, 2<sup>nd</sup> edition<br/><a href="https://health.gov/our-work/physical-activity/current-guidelines">https://health.gov/our-work/physical-activity/current-guidelines</a></li> </ul>  |

| Clinical Practice Guideline                | Description   |
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| Preventive Pediatric Health Care Screening | <p><i>American Academy of Pediatrics/Bright Futures</i></p> <ul style="list-style-type: none"> <li>2023 Recommendations for Preventive Pediatric Health Care<br/><a href="https://downloads.aap.org/AAP/PDF/periodicity_schedule.pdf">https://downloads.aap.org/AAP/PDF/periodicity_schedule.pdf</a></li> </ul>   |
| Preventive Services                        | <p><i>U.S. Preventive Services Task Force (USPSTF)</i></p> <ul style="list-style-type: none"> <li>Recommendations for Primary Care Practice<br/><a href="https://www.uspreventiveservicestaskforce.org/BrowseRec/Index">https://www.uspreventiveservicestaskforce.org/BrowseRec/Index</a></li> </ul>  |
| Sepsis                                     | <p><i>Surviving Sepsis Campaign/Society of Critical Care Medicine</i></p> <ul style="list-style-type: none"> <li>The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)<br/><a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4968574/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4968574/</a></li> <li>Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock 2021<br/><a href="https://journals.lww.com/ccmjournal/Fulltext/2021/11000/Surviving_Sepsis_Campaign_International.21.aspx">https://journals.lww.com/ccmjournal/Fulltext/2021/11000/Surviving_Sepsis_Campaign_International.21.aspx</a></li> </ul>  |
| Sickle Cell Disease                        | <p><i>American Society of Hematology</i></p> <ul style="list-style-type: none"> <li>American Society of Hematology: Sickle Cell Disease Guidelines:<br/><a href="https://www.hematology.org/education/clinicians/guidelines-and-quality-care/clinical-practice-guidelines/sickle-cell-disease-guidelines">https://www.hematology.org/education/clinicians/guidelines-and-quality-care/clinical-practice-guidelines/sickle-cell-disease-guidelines</a> <ul style="list-style-type: none"> <li>Cardiopulmonary and Kidney Disease</li> <li>Cerebrovascular Disease</li> <li>Management of Acute and Chronic Pain</li> <li>Stem Cell Transplantation</li> <li>Transfusion Support</li> </ul> </li> </ul>   |
| Tobacco Use                                | <p><i>American College of Cardiology</i></p> <ul style="list-style-type: none"> <li>2018 Expert Consensus Decision Pathway on Tobacco Cessation Treatment<br/><a href="https://www.jacc.org/doi/pdf/10.1016/j.jacc.2018.10.027">https://www.jacc.org/doi/pdf/10.1016/j.jacc.2018.10.027</a></li> </ul>  |
| Transplant Review Guidelines               | <p><i>Allogeneic Processed Thymus Tissue-agdc (Rethymic®)</i></p> <ul style="list-style-type: none"> <li><a href="https://www.uhcprovider.com/content/dam/provider/docs/public/policies/clinical-guidelines/allogeneic-processed-thymus-tissue-agdc.pdf">https://www.uhcprovider.com/content/dam/provider/docs/public/policies/clinical-guidelines/allogeneic-processed-thymus-tissue-agdc.pdf</a></li> </ul> <p><i>Chimeric Antigen Receptor T-cell Therapy</i></p> <ul style="list-style-type: none"> <li><a href="https://www.uhcprovider.com/content/dam/provider/docs/public/policies/clinical-guidelines/chimeric-antigen-receptor-tcell-therapy.pdf">https://www.uhcprovider.com/content/dam/provider/docs/public/policies/clinical-guidelines/chimeric-antigen-receptor-tcell-therapy.pdf</a></li> </ul> <p><i>Gene Therapy</i></p> <ul style="list-style-type: none"> <li><a href="https://www.uhcprovider.com/content/dam/provider/docs/public/policies/clinical-guidelines/gene-therapy-clinical-guideline.pdf">https://www.uhcprovider.com/content/dam/provider/docs/public/policies/clinical-guidelines/gene-therapy-clinical-guideline.pdf</a></li> </ul> <p><i>Hematopoietic Stem Cell Transplantation</i></p> <ul style="list-style-type: none"> <li><a href="https://www.uhcprovider.com/content/dam/provider/docs/public/policies/clinical-guidelines/transplant-review-guidelines-hematopoietic-stem-cell-transplantation.pdf">https://www.uhcprovider.com/content/dam/provider/docs/public/policies/clinical-guidelines/transplant-review-guidelines-hematopoietic-stem-cell-transplantation.pdf</a></li> </ul> <p><i>Mechanical Circulatory Support Devices (MCSD)</i></p> <ul style="list-style-type: none"> <li><a href="https://www.uhcprovider.com/content/dam/provider/docs/public/policies/clinical-guidelines/mechanical-circulatory-support-device.pdf">https://www.uhcprovider.com/content/dam/provider/docs/public/policies/clinical-guidelines/mechanical-circulatory-support-device.pdf</a></li> </ul> <p><i>Solid Organ Transplantation</i></p> <ul style="list-style-type: none"> <li><a href="https://www.uhcprovider.com/content/dam/provider/docs/public/policies/clinical-guidelines/transplant-review-guidelines-solid-organ-transplantation.pdf">https://www.uhcprovider.com/content/dam/provider/docs/public/policies/clinical-guidelines/transplant-review-guidelines-solid-organ-transplantation.pdf</a></li> </ul> |
| Violence and Abuse                         | <p><i>American Medical Association</i></p> <ul style="list-style-type: none"> <li>2016 AMA Code of Medical Ethics, Section 8.10 Preventing, Identifying and Treating Violence and Abuse<br/><a href="https://www.ama-assn.org/delivering-care/ethics/preventing-identifying-treating-violence-abuse">https://www.ama-assn.org/delivering-care/ethics/preventing-identifying-treating-violence-abuse</a></li> </ul>  |

## Guideline History/Revision Information

| Date       | Summary of Changes   |
|------------|--|
| 10/01/2023 | <p><b>Clinical Guidelines</b></p> <ul style="list-style-type: none"><li>• Added reference link to the clinical guideline for “Chronic Coronary Disease”</li><li>• Updated reference link to the clinical guideline for “Behavioral Health Clinical Practice Guidelines”</li></ul> <p><b>Supporting Information</b></p> <ul style="list-style-type: none"><li>• Archived previous policy version MMG174.K</li></ul> |

## Instructions for Use

This Medical Management Guideline provides assistance in interpreting UnitedHealthcare standard benefit plans. When deciding coverage, the member specific benefit plan document must be referenced as the terms of the member specific benefit plan may differ from the standard plan. In the event of a conflict, the member specific benefit plan document governs. Before using this guideline, please check the member specific benefit plan document and any applicable federal or state mandates. UnitedHealthcare reserves the right to modify its Policies and Guidelines as necessary. This Medical Management Guideline is provided for informational purposes. It does not constitute medical advice.

UnitedHealthcare may also use tools developed by third parties, such as the InterQual<sup>®</sup> criteria, to assist us in administering health benefits. UnitedHealthcare West Medical Management Guidelines are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.

Member benefit coverage and limitations may vary based on the member’s benefit plan Health Plan coverage provided by or through UnitedHealthcare of California, UnitedHealthcare Benefits Plan of California, UnitedHealthcare of Oklahoma, Inc., UnitedHealthcare of Oregon, Inc., UnitedHealthcare Benefits of Texas, Inc., or UnitedHealthcare of Washington, Inc.