

UnitedHealthcare Pharmacy Clinical Pharmacy Programs

Program Number	2025 P 2290-4
Program	Prior Authorization/Medical Necessity
Medication	Corlanor® (ivabradine)
P&T Approval Date	10/2022, 8/2023, 9/2024, 9/2025
Effective Date	12/1/2025

1. Background:

Corlanor (ivabradine) is a hyperpolarization-activated cycle nucleotide-gated channel blocker indicated to reduce the risk of hospitalization for worsening of heart failure in patients with stable, symptomatic chronic heart failure with left ventricular ejection fraction \leq 35%, who are in sinus rhythm with resting heart rate \geq 70 beats per minute and either are on maximally tolerated doses of beta-blockers or have a contraindication to beta-blocker use. It is also indicated to treat stable symptomatic heart failure due to dilated cardiomyopathy (DCM) in pediatric patients aged 6 months and older, who are in sinus rhythm with an elevated heart rate. Also, although not an FDA-approved indication, Corlanor has also shown to have efficacy in treating inappropriate sinus tachycardia (IST).

2. Coverage Criteria^a:

A. Initial Authorization

- 1. **Corlanor** will be approved based on <u>one</u> of the following criteria:
 - a. All of the following:
 - (1) Worsening heart failure in a diagnosis of stable, symptomatic chronic [e.g. New York Heart Association (NYHA) class II, III or IV] heart failure

-AND-

(2) Patient has a left ventricular ejection fraction (EF) $\leq 35\%$

-AND-

(3) The patient is in sinus rhythm

-AND-

(4) Patient has a resting heart rate ≥ 70 beats per minute

-AND-

(5) **One** of the following^b:



- i. Patient is on a stabilized dose and receiving concomitant therapy with a maximally tolerated beta-blocker (e.g., carvedilol, metoprolol succinate, bisoprolol)
- ii. Patient has a contraindication or intolerance to beta-blocker therapy

-AND-

(6) **One** of the following:

- i. Patient is on a stabilized dose and receiving concomitant therapy with Jardiance, Farxiga* or Inpefa* (includes combination products containing empagliflozin and dapagliflozin*)
- ii. Patient has a contraindication or intolerance to SGLT2 inhibitor therapy

-AND-

(7) **One** of the following:

- i. Patient is on a stabilized dose and receiving concomitant therapy with one of the following:
 - (1) angiotensin-converting enzyme (ACE) inhibitor (e.g. captopril, enalapril)
 - (2) angiotensin II receptor blocker (ARB) (e.g. candesartan, valsartan)
 - (3) angiotensin receptor-neprilysin inhibitor (ARNI) (e.g. Entresto)

-OR-

ii. Patient has a contraindication or intolerance to ACE inhibitors, ARBs, and ARNIs

-AND-

(8) One of the following:

- i. Patient is on a stabilized dose and receiving concomitant therapy with a maximally tolerated aldosterone antagonist (e.g. eplerenone, spironolactone)
- ii. Patient has a contraindication or intolerance to aldosterone antagonist therapy

-AND-

(9) Prescribed by or in consultation with a cardiologist

-OR-

b. All of the following:



(1) Diagnosis of stable symptomatic heart failure due to dilated cardiomyopathy (DCM)		
-AND-		
(2) Patient is in sinus rhythm		
-AND-		
(3) Patient has an elevated heart rate		
-AND-		
(4) Prescribed by or in consultation with a cardiologist		
-OR-		
c. <u>All</u> of the following:		
(1) Diagnosis of inappropriate sinus tachycardia (IST)		
-AND-		
(2) Patient is in sinus rhythm		
-AND-		
(3) One of the following:		
 i. Patient has tried and failed or had an inadequate response to a beta-blocker (e.g., carvedilol, metoprolol succinate, bisoprolol) ii. Patient has a contraindication or intolerance to beta-blocker therapy 		
-AND-		
(4) Prescribed by or in consultation with a cardiologist		
-OR-		
d. Patient is currently established on Corlanor therapy		
Authorization will be issued for 12 months.		
3. Reauthorization		
1. Corlanor will be approved based on the following criterion:		
a. Documentation of positive clinical response to Corlanor therapy		



Authorization will be issued for 12 months.

- ^a State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.
- ^b Tried/failed alternatives are supported by FDA labeling

3. Additional Clinical Rules:

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and reauthorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Supply Limits may be in place.
- *Typically excluded from coverage

4. References:

- 1. Corlanor [Package Insert] Thousand Oaks, CA: Amgen Inc.; August 2021
- 2. Heidenreich, P. A., Bozkurt, B., Aguilar, D., et al. 2022 ACC/AHA/HFSA guideline for the management of heart failure. *Journal of Cardiac Failure*, 2022 28(5), e1-e167.
- 3. Sheldon, R.S., Grubb, B.P., et al. 2015 Heart Rhythm Society Expert Consensus Statement on the Diagnosis and Treatment of Postural Tachycardia Syndrome, Inappropriate Sinus Tachycardia, and Vasovagal Syncope. Heart Rhythm, 2015, 12(6), e41-e63.

Program	Prior Authorization/Medical Necessity - Corlanor® (ivabradine)
Change Control	
10/2022	New program.
8/2023	Updated background and added criteria for use in inappropriate sinus
	tachycardia.
9/2024	Annual review. No changes.
9/2025	Added Inpefa as an option in addition to Farxiga or Jardiance for SGLT2
	requirement.