

UnitedHealthcare Pharmacy  
Clinical Pharmacy Programs

Program Number	2024 P 1376-4
Program	Prior Authorization/Notification
Medication	Kerendia® (finerenone)
P&T Approval Date	12/2021, 12/2022, 1/2024, 10/2024
Effective Date	2/1/2025

**1. Background:**

Kerendia (finerenone) is indicated to reduce the risk of sustained estimated glomerular filtration rate (eGFR) decline, end-stage kidney disease, cardiovascular death, non-fatal myocardial infarction, and hospitalization for heart failure in adult patients with chronic kidney disease (CKD) associated with type 2 diabetes (T2D).

**2. Coverage Criteria<sup>a</sup>:**

**A. Initial Authorization**

1. Kerendia will be approved based on **all** of the following criteria:

- a. Diagnosis of chronic kidney disease (CKD) associated with type 2 diabetes (T2D)

-AND-

- b. **Both** of the following:

- 1) Urinary albumin-to-creatinine ratio (UACR) of greater than or equal to 30 mg/g

-AND-

- 2) An eGFR of greater than or equal to 25 mL/min/1.73 m<sup>2</sup>

-AND-

- c. Used to reduce the risk of **any** of the following:

- 1) Sustained eGFR decline
- 2) End-stage kidney disease
- 3) Cardiovascular death
- 4) Non-fatal myocardial infarction
- 5) Hospitalization for heart failure

**Authorization will be issued for 12 months**

**B. Reauthorization**

1. **Kerendia** will be approved based on the following criterion:
  - a. Documentation of positive clinical response to therapy

**Authorization will be issued for 12 months**

<sup>a</sup> State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.

**3. Additional Clinical Rules:**

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Supply limits or Prior Authorization/Medical Necessity may be in place.

**4. References:**

1. Kerendia [package insert]. Whippany, NJ: Bayer HealthCare Pharmaceuticals Inc. September 2022.
2. Bakris, GL, Agarwal R, Anker SD, Effect of Finerenone on Chronic Kidney Disease Outcomes in Type 2 Diabetes. *NEJM*. 2020; 383:2219-29.
3. de Boer, IH, Khunti, K, Sadusky, T, et al. Diabetes Management in Chronic Kidney Disease: A Consensus Report by the American Diabetes Association (ADA) and Kidney Disease: Improving Global Outcomes (KDIGO). *Diabetes Care* 2022.
4. KDIGO 2024 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease. *Kidney International*. 2024 (105): S114-314

Program	Prior Authorization/Notification – Kerendia
<b>Change Control</b>	
Date	Change
12/2021	New program
12/2022	Based on updated guidelines modified UACR to greater than or equal to 30 mg/g and eGFR to greater than or equal to 25 mL/min/1.73 m <sup>2</sup> for diagnosis of chronic kidney disease and updated policy to change the reduction risk criteria from all to any. Increased the initial authorization to 6 months. Updated references.
1/2024	Annual review. Updated references.
10/2024	Updated diagnosis language. Updated references.